



Issue 1: July 2024

# Pride of Lions



## LIFE: A Community Garden Initiative

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**Upcoming events:  
August 2024**

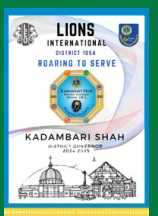
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**DG Lion Kadambari Shah**

[www.lions105a.uk](http://www.lions105a.uk)



@LionsClubDistrict105A



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# Welcome from DG Kadu

*District Governor (DG) Lion Kadu*

As we embark on a journey together in this new Lionistic year, I want to share our International President's theme for this year, "Make your Mark". One of the most important ways you can make your mark is by growing your club. We can achieve our mission of getting 1.5 million members by 1 July 2027, thus serving more people than ever before. When Lions work together, we can achieve great things. So be the leader your club and your community needs. Take action when you see a need. And together, we will be "ROARING TO SERVE".

Kaushik and I look forward to enjoying the fun and fellowship with our family of Lions in the forthcoming Lionistic year. I will take this opportunity to thank IPDG Lion Lesley Spence for her successful year of service.

## My journey to becoming a DG:



Elected as 2nd Vice District Governor.



Elected as DG at our District Convention.



Elected as DG at our District Convention.



MD Convention walk-in as DG.



First half cabinet meeting.



DG Garden Party.



The International Convention in Melbourne.



Handover and official start to DG duties.

# NOTICE BOARD

## Welcome to the team

Below are the names of the newest additions to our family of Lions. Congratulations to:

- Kelin Chen: London Covent Garden Lions Club
- Preeti Avlani, Kala Chauhan, Vaishali Mehta, Daksha Mistry, Hima Shah, Jigna Sheth: London Hendon Lions Club
- Bhavna Desai, Chetna Desai, Ranjan Doshi, Anil Parekh, Jayantkumar Parekh, Kiran Vijay Sheth: London Platinum Jubilee Lions Club

### District Governor's diary for August 2024

**Thursday 1 August** - Visit to Milton Keyens Central Lions Club

**Saturday 3 August** - Your Portal Beckons workshop

**Saturday 10 August** - Youth Exchange Camp visit

**Sunday 11 August** - First cabinet meeting

**Tuesday 13 August** - Host YE Youth, mentors, and local Zone Lions for a pizza party at my home

**Wednesday 14 August** - Visit to Barking Lions Club

**Wednesday 14 August** - Meet a visiting Leo from Nepal - Leo Pawan Pandey

**Sunday 18 August** - Gala night for the Youth Exchange in Rickmansworth.

**Thursday 29 August** - Drop in session on zoom

## So far this Lionistic year...



27  
new members



33,164  
people served

## Upcoming events: August 2024

- **Sunday 18 August, 5:30pm for 6pm** - Youth Exchange 2024 Celebration evening
- **Thursday 29 August, 7:30pm** - Monthly Drop-In Session

# LIFE: A Community Garden Initiative

Our urban garden project, known as "Lions Initiative Feeding Ealing," is a collaborative and pioneering initiative aimed at transforming Ealing into a hub of sustainable agriculture and community engagement. Spearheaded by three dedicated Lions—Manny from the Southall Club, and Mark and Jatinder from the Heston Club—this project is converting a plot of land, neglected for thirty-five years, into a thriving community farm. Our mission is to provide fresh produce for food banks and promote environmentally friendly practices that address the Lions' core causes: hunger and the environment.

Lions Initiative Feeding Ealing began as a grassroots collaboration between the Southall and Heston Lions Clubs. With the support of numerous District 105A clubs, this local project has expanded into a district-wide initiative endorsed by District Governor Lion Kadambari Shah and District Officer for Environment Lion Virendra Adhikari. This project aligns with the global causes championed by Lions Clubs International, fostering community engagement and environmental stewardship.

## **Progress and Next Steps**

Thanks to the tireless efforts of Lions and other volunteer organizations, the once-abandoned site has been cleared and is ready for digging and rotovating.

We invite all clubs to join us in this vital project for a fun filled and fulfilling day on site. This is a prime opportunity to engage in meaningful service and support the global causes of environment and hunger. By working together, we can significantly impact the fight against hunger and climate change.

## **Join Us!**

To volunteer or for information, please contact us at [Life@hestonlions.co.uk](mailto:Life@hestonlions.co.uk). Together we will be Roaring To Serve and Make Our Mark in the community to create a lasting positive impact on our world.

# Making your voice heard

*By PCC Viresh Paul, District GLT Chair*

Joining an established Lions club can be daunting, especially when long-standing members have deep-rooted traditions. However, your fresh perspective can bring valuable insights. Here are some strategies to make your voice heard and contribute effectively:

- **Understand the Club culture:** Begin by attending meetings regularly to show your commitment and observe the Club's dynamics. Take time to understand the traditions and how things operate within the Club.
- **Build relationships:** Networking is key. Get to know members outside of formal meetings through social events or volunteering together. Seek a mentor from the long-standing members who can guide you through the Club's culture.
- **Contribute actively:** Demonstrate your willingness to contribute by volunteering for projects and taking on responsibilities, even if they seem small at first. This shows your dedication.
- **Present your ideas effectively:** When you have a new idea, prepare thoroughly. Understand its potential benefits and challenges. Share your ideas with a few trusted members before presenting them to the group to refine your proposal and gain initial support. Be respectful and diplomatic, acknowledging the contributions and traditions of others.
- **Communicate clearly:** Utilise official communication channels like emails or meetings to share your ideas. Keep your communication clear, concise, and relevant to the Club's goals.
- **Showcase your skills:** Identify your unique skills and find ways to apply them to the Club's activities, such as fundraising, event planning, or community outreach.
- **Be patient and persistent:** Build credibility through consistent contributions and maintain a positive attitude, even if your ideas aren't immediately accepted.
- **Seek feedback:** After proposing an idea or leading a project, ask for feedback from other members to demonstrate your willingness to learn and improve. Use this feedback to refine your approach.

By being proactive, respectful, and strategic, you can make a meaningful impact in your Lions club and ensure that your voice is heard.





## District 105A Handover

A lovely afternoon was had at The Cloisters, celebrating District 105A's District Handover. This event marked the official transition of leadership from Immediate Past District Governor (IPDG) Lesley Spence to our new District Governor (DG) Kadambari (Kadu) Shah. The atmosphere was filled with excitement and a shared commitment to continuing our impactful work within the community and beyond.

IPDG Lesley Spence's tenure was celebrated with heartfelt speeches, highlighting the significant accomplishments and initiatives undertaken under her leadership. Her tireless efforts have laid a strong foundation for the year ahead, and her legacy will inspire us as we move forward.

DG Kadu expressed her gratitude for the trust placed in her and shared her vision for the coming year. She emphasized the importance of collaboration, innovation, and community engagement, promising to build on the successes of her predecessors while introducing new initiatives to address emerging needs.

As we embark on this new chapter with DG Kadu at the helm, let's look forward to a successful and fulfilling year ahead. Together, we will continue to serve, support, and uplift our communities, embodying the Lions motto, "We Serve."

## DG Partner's Charity: Brain Tumour Research

This year's DG Partner's Charity is Brain Tumour Research. Join the District Charity Golf Day (dinner only or dinner and golf) on 10 September 2024 to help us raise funds for this cause.

A brain tumour diagnosis affects 1 in 3 of us, and just 1% of the national spending on cancer research has been allocated to research into brain tumours. Brain Tumour Research (BTR) is the only national charity in the UK focused on finding a cure for all types of brain tumours through campaigning to increase the national investment in brain tumour research to £35 million per year. BTR is fundraising to create a network of seven sustainable Brain Tumour Research Centres of Excellence across the UK. One of those centres will be called the Lions Research Centre, in recognition of the one million pounds to be raised by Lions for this cause.



The poster is for the District Governor's Brain Tumour Research Charity Golf Day. It features a green background with a large circular image of a golfer in mid-swing. To the left of the golfer, there is a smaller circular image of three people celebrating. The text 'DISTRICT GOVERNOR'S BRAIN TUMOUR RESEARCH CHARITY GOLF DAY' is prominently displayed in white and yellow. Logos for the Lions Club and Brain Tumour Research are also present. The event details, including the date, time, location, and costs, are listed at the bottom. A green starburst shape contains the prizes for the competition.

**DISTRICT GOVERNOR'S  
BRAIN TUMOUR RESEARCH  
CHARITY  
GOLF DAY**

**10th September 2024**

**11.00 - REGISTRATION**  
**12.30 - FIRST TEE OFF**  
**18.30 - PRESENTATION AND DINNER**

**STANMORE GOLF CLUB**  
**29 GORDON AVE, STANMORE HA7 2RL**

**COST :**  
**GOLF ONLY : £50 per person \***  
**includes snack box at half way house**  
**GOLF & DINNER : £80 per person**  
**DINNER ONLY : £37 per person**

**PRIZES**  
All Nearest to Pin  
Nearest to Pin in 2  
Longest Drive  
Winner  
Runner up

**BOOKING CONTACT**  
**Kaushik Shah 07790 495924**  
**PDG Lion Ramesh Parmar 07831 587495**



## Charity Golf Day

*By Lion Girdhar Sodha, London Central Host Lions Club*

A very successful Charity Golf Day was held on Thursday 16 May 2024 at Pinner Hill Golf Club. We had 45 golfers who participated and had a wonderful BBQ thereafter. We raised £3,550 for charities (£1,725 for Dementia UK and Alzheimer's Society UK, and £1,725 for LCIF). We were pleased to handover the cheque of £1,725 to Dementia and Alzheimer's Society at our 74th Charter Anniversary and handover event on 12 July.



## Isleworth Bowls Club

*By Isleworth Lions Club*

Saturday we had very good day at Isleworth Bowls Club with the Skittle Alley. Thank you to everyone who helped us set up and also helped on the day to ensure the youngsters were enjoying themselves. We raised £76.



## Charity walk and picnic

Well done Osterely Lions Club's President Lion Baljit Ahluwalia for organising great fundraising walk and picnic. Thanks to all Lions, families, and friends who came along to support the event. The Club raised £414.

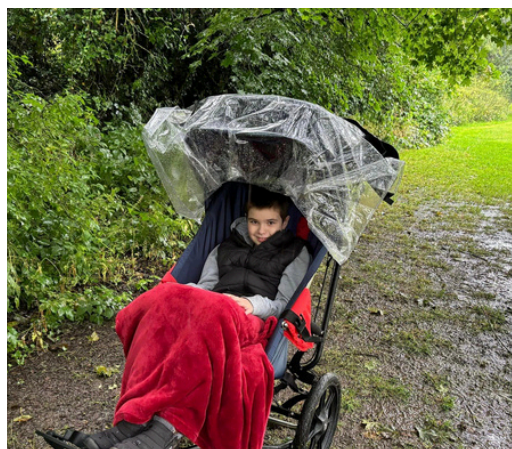




## A buggy for Harry

*By Hemel Hempstead Lions Club*

We've recently had the privilege to help in the purchase of a buggy for Harry. Harry has a genetic condition, autism, gastronomy feeding tube, and sensory needs. The buggy is a game changer for the family in accessing the outdoors. Harry's mum wrote in to the Club to say: "thank you so much we had a great time out in the rain this morning. We are very grateful."



## Donation of a dementia cat

Biggleswade Sandy Lions Club CIO donated a dementia cat to Penrose Court Care Home. It was presented by Lion President Keith Lewis.



## Young Leaders in Service

*By Fairlop Lions Club*

Congratulations to Fairlop Lions Club for 10 years of support to Valence Primary School. For the year 2023-24, they once again collaborated with the school to record the service hours contributed by Young Leaders in Service. It's inspiring to see children aged 8-13 overcome difficulties at home while staying positive. This year, 108 certificates were awarded to these remarkable children for their dedication.



## Diabetes awareness and blood pressure checks

Fairlop Lions Club hosted a Diabetes Awareness and Blood Pressure Check event. This initiative was aimed at promoting health and wellness within our community by providing valuable information and free health screenings.



## Congratulations!

This year our very own PDG Kavaljit Dev was elected as District 105A Council Chair in MD105. She was elected in January and installed as the Council Chair at the MD Convention.



## Our first new Club branch

We're excited to welcome a new Club branch: the London Serenity Club, London Hendon Lions Club's branch!



## 1st Vice District Governor visits Hatch End Centennial Lions Club CIO

*By Lion Harvinder Virdee*

On 18 July, I went on my first official visit to Hatch End Centennial Lions Club CIO, and as the 1st Vice District Governor (VDG), I had the pleasure of inducting a new member: Mrs Viju Devani. I also had the pleasure of presenting Lion Sharon Patel with a medal from Past District Governor Anwar Amaria and all the members for her exceptional work during her year as President. It was a lovely meeting.



## New members of the Pride

At the start of the 2024-25 Lionintic year, the London Platinum Jubilee Lions Club have recruited ten new members. Eight of them were present at the first meeting of the club on 8 July and were inducted by PDG and the Club's Guiding Lion Doreen Allen.







# Out and about with DG Kadu

Find out what our DG has been up to recently



Harpenden Highland Gathering.



London Central Host – 74th Charter Celebrations and Installation of Officers.



Lark in the Park at Hemel Hempstead.



108 Young Leaders in Service Certificates to Valence Primary School on behalf of Fairlop Lions Club.



3 New members inducted at Sudbury Lions Club.



2 new members inducted at London Central Host.



Installation of officers in Park Royal Lions Club.



2024-2025 MD Council of Governors.



Induction of my other half Kaushik in Milton Keynes Central Lions Club.



Induction of a new member and installation of officers at London Belmont Lions Club.



District 105A Lions



[www.lions105a.org.uk](http://www.lions105a.org.uk)



[info@lions105a.org.uk](mailto:info@lions105a.org.uk)

Do you have a story that you would like to share in the next issue of Pride of Lions? Please submit your article to: [pol@lions105a.org.uk](mailto:pol@lions105a.org.uk)

**Editor**  
Lion Sukhdeep