

PRIDE OF LIONS

District 105A News, Issue 5
November 2023

NOVEMBER IS DIABETES AWARENESS MONTH

Has your club done something for this month? If so, please send in your article to be featured in the next issue. Our contact details can be found at the bottom of page 10.



DG LESLEY SPENCE

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NOTICE BOARD



Welcome to the team

Below are the names of the newest additions to our family of Lions as of 1 November.

Congratulations to:

- Mamadou Balde, Harpenden Lions Club
- Marco Capobianco, Harrow & Pinner Lions Club
- Clive Crawford, London Hendon Lions Club
- Ravi Haria, London Hendon Lions Club
- Clyde Johnson, London Hendon Lions Club
- Nikhit Shah, London Hendon Lions Club
- Kiran Padia, London Platinum Jubilee Lions Club
- Barney Ng, St Albans Lions Club
- Karen Stay, Witney Lions Club

To seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

– One of the Lions Code of Ethics

Building blocks

by *Lion Willan Wont, London St James Lions Club*

We would like to share how our newly formed club is evolving to be part of the Lions family. For its charter, our members started their fundraising with a flourish. We held an auction that included items such as a Chinese Calligraphy by King Charles and Queen Camilla, a House of Commons whisky bottle signed by Rishi Sunak, and many other items. In total £52,000 was raised and is being distributed to charities.

Our club's service activities have ranged from:

- Taking part in a sponsor walk with another club.
- Giving items to a foodbank.
- Collecting hearing aids from UCL Hospital.



We have spent time getting to know one another and have taken advantage of enjoying fellowship as we have over 50 members..

At the same time we are learning more about Lionism through our guiding Lions Pammy and Rita. A big thank you to PDG Viresh, who gave us a presentation about the history of Lions Club International, its structure, LCIF, and other topics on 24 September 2023.



On 29 September we celebrated the Autumn Moon festival in Leicester Square that was attended by the Mayor of Westminster.



Overall we are taking small steps to build a stronger foundation.

Planting trees

by *Harpenden Lions Club*

Harpenden Lions spent a very wet but successful day planting 54 native trees to create a new woodland area in Rothamsted Park this week.

We'd like to thank Alex from Town Council for arranging and helping.



Diwali Celebration Lunch

by London Park Royal Lions Club

On 3 November, London Park Royal Lions Club hosted a Diwali Celebration lunch for carers and their loved ones with dementia at Milmans Day Care Centre in Pinner. We were pleased to provide a variety of food for 65 guests cooked by the club members. Music was provided by MLC group and the Indian sweets were generously donated by Gayatri Sweet Mart in Kingsbury. The club members donated colouring books, puzzles, and some Message in a Bottle to the centre to support wellbeing. His worship the lord Mayor of Harrow Cllr Ramji Chauhan and District Governor Lesley Spence attended the event. The Lions President Manju Parmar presented a donation of £101 to the Lord Mayor Dementia Charity and £51 to the District Governors Charity youth project.



Diwali feast at Desi Dhaba

by Wembley Lions Club CIO

Wembley Lions Club CIO is delighted to report that 50+ members and the carers of Memory Lounge (who meet regularly at Barham Library) were entertained and served a Diwali Feast at Desi Dhaba restaurant on 13 November. Lion Chinten (owner of Desi Dhaba) and Lion Snehlata (who regularly volunteers at Memory Lounge) together with Nanda (Lion Sneh's husband) assisted at the event. This was a Diwali service activity for WLC serving the community.



Witney Lions business meeting

by Witney Lions Club

District Governor Lion Lesley attended our business meeting on Monday to meet all the club members. It felt like an awards evening as District Governor Lion Lesley had quite a few to hand out. Lions Pam & Mike received their three year membership award, there was also a three year award for Lion Hong and a five year award for Lion Sally-Ann who were both unable to attend. Lion Peter received his 40 years of service chevron and Lion Arthur, who was unable to attend, would have received his 45 years of service chevron. As customary Lion President Wyn exchanged club banners with District Governor Lion Lesley.



New Lions

by Bedford Lions Club

On 14 November, District Governor Lesley Spence along with Bedford Lions Club President Gurpz Singh welcomed our two new members. We are delighted to introduce the newest members: Gurnam Singh and Harpreet Singh.



Special delivery from Heston Lions

by Heston Lions Club

Thanks to the top team at The Hummingbird Bakery, we delivered cakes to the children at Dormers Wells Junior School for their BBC Children in Need fundraising efforts today. They were so happy and are looking forward to raising the totals even further.



DBS Disclosure and Barring Service – Trusted Adult

There have been many conversations around the need for Lions to be DBS checked. By being DBS checked we are at the very least, and at the most basic level, demonstrating an awareness of Safeguarding. This helps protect ourselves as an organisation as well as the vulnerable children and adults we serve.

The Resolution below was unanimously passed at the Multiple District convention in Birmingham:

“all new Lions will be as far as legally possible (Scotland have different rulings) require to be DBS checked as soon as arrangements are made with the District Vulnerable Persons officer. All district secretaries will be asked to produce a list of all new Lions from March last year to the current date and arrangements will be made for checking of these new Lions.”

Further advice and information was also given:

DBS – “Sensitive Role” Trusted Adult

Since we are a “Service Organisation” and our motto is “WE SERVE”, we can frequently find ourselves in one-to-one situations with vulnerable people. Many of the activities that Lions members undertake are not officially considered “regulated”. However, many involve interactions with vulnerable children/adults, and in those situations it is appropriate to consider DBS checks which will provide reassurance to those we help.

MD recommends all members of Lions Clubs in those situations undertake a criminal record check through DBS as a safety precaution and protection for Lions both individually and as a club. Some clubs ask all members to undergo the check and so have ultimate flexibility in deciding who takes part in activities involving children or vulnerable adults.

If the club policy is NOT to take to take part in any activities involving vulnerable children/adults, in either this country or another, then DBS is not required. However, clubs should seriously consider the vetting process and possibly undertake risk assessments. They should also consider the fact that not having DBS checks within the club seriously restricts future opportunities for service activities.

The Charities Commission also recommends that DBS checks should be obtained for trustees of charities that work with vulnerable children/adults. If at any time a club is held to account, then at least we can say we have an awareness of Safeguarding, have followed best practice, and have taken all reasonable precautions to protect the vulnerable within our communities.

At the Council of Governors meeting last month, we learned that the prospect of the launch of the Spot Camera is getting closer. We expect that in the next few months, the DG team will be looking to train suitable Lions interested in this amazing project within our schools:

- You will of course have to have a Disclosure and Barring Service check and have to produce your certificate.
- If you have been checked already and you are on the update system please supply your update notification along with your certificate.
- Those of you who are not on the update system will be required to be rechecked and then you can join the update system within 28 days of issue of your new certificate.

N.B Council also approved a Safeguarding Children & Vulnerable Adults Procedure to be used with the safeguarding policy.



Out and about with DG Lesley

Find out what our DG has been up to recently

November has turned out to be such a memorable month for so many reasons. It is a month of contrasts:- the beautiful colours of Autumn and of sunshine that lets us think we are still enjoying a late burst of summer and then the rain and biting winds that remind us of what is to come. Whatever the days have brought, the Lions of our District have continued to lift others with their service. I have been lucky enough to have been invited to some of the different events, projects, and club meetings and to witness how planning, membership growth, and hands-on service have enabled Lions to make such a real impact on those around us. It is truly a privilege and an honour to be able to visit and be invited to so many different events to see the Lions of District A working together, to support so many people, to see them having fun and celebrating with each other, to fundraise for our Global causes and serve their communities in so many different ways.

Thank you all for what you do; thank you for wearing the Lions Badge with such pride.



It was a pleasure to attend the induction of two new Bedford Lions.



The Autumn Forum went very well and we had a great turnout.

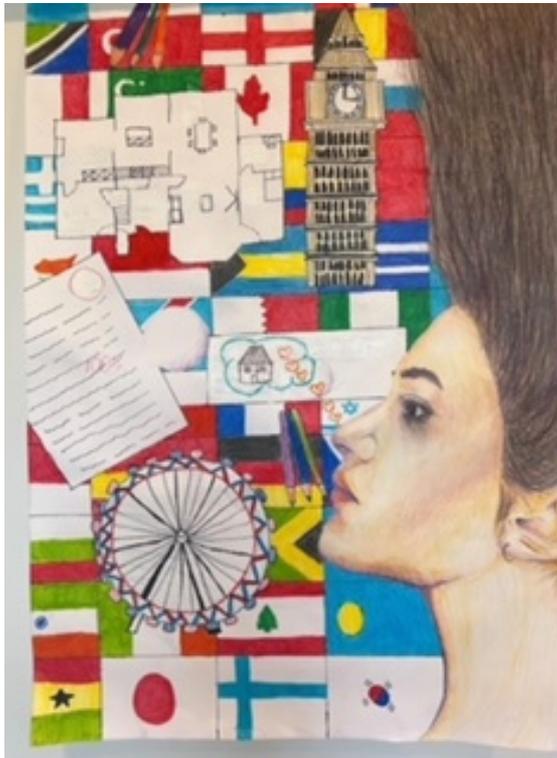


A wonderful time was had at the Park Royal Diwali Lunch for those living with dementia.



Out and about with DG Lesley

Find out what our DG has been up to recently



I'm pleased to reveal the winning artwork for the 2023 Peace Poster Competition.



Thoroughly enjoyed the Kenton Lions Dinner and Dance



I had a lovely time at Tring Lions Club's Charter.



I may have arrived with an injured wrist, but I still had a lovely time seeing the happy faces at the District Youth Party!



Presenting Banners at Hatch End meeting and later in the same evening having fun playing musical chairs at their Diwali Party.



District 105A Lions



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Do you have a story that you would like to share in the next issue of Pride of Lions? Please submit your article to: pol@lions105a.org.uk