

LIONS CLUBS INTERNATIONAL DISTRICT 105 A

58TH ANNUAL CONVENTION

A G E N D A . P R O C E D U R E S . R E P O R T S



LION KAVALJIT DEV

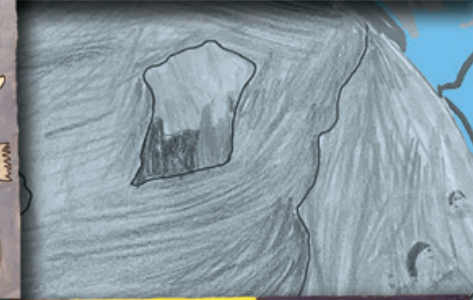
DISTRICT GOVERNOR 2022-2023



3RD - 5TH MARCH 2023

VENUE: HOLIDAY INN ST. GEORGE'S WAY STEVENAGE SG1 1HS

PEACE POSTER





Welcome to The 58th Annual Convention, *Passion to Make a Difference*



Friday 3rd March 2023

4:00pm	Cabinet Meeting
4:30pm	Cabinet members and Partners get together
7:00pm for 7:30pm	Abba tribute Night and Dinner

Saturday 4th March 2023

7:30 to 11:00am	Registration of Attendees Certification of Delegates/Alternates (Closes 11:00am PROMPT)
8:40am	Convention Call – Attendees to be seated
9:00am	Opening of Convention
1:00pm	Lunch
2:00pm	Business Session Resumes
7:00pm	Bar Opens
7:30pm	Call to Dine for Banquet and Ball

Sunday 5th March

10:30am	Informal Session with International Guest
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Lion Kavaljit Dev

District Governor 105A (2022-2023)

Athlone, 14 Hitchin Road Letchworth Garden City SG6 3LT

Mobile No : 07886 203 858

dg@lions105a.org

Passion to Make a Difference



My Dear Family of Lions

It is with great honour and pleasure that Lion Paramjit and I welcome you to our 58th District Convention at the Holiday Inn in Stevenage, Hertfordshire where I am sure, you will receive a warm welcome.

Our annual Convention is the time to celebrate and share what we do as volunteers, and we thank you for giving up your valuable time to join us:

Dedicated hearts like yours, Are not easy to find.

It takes a special person to be so generous and kind.

To care so much for your fellow man, is a quality too rare.

Yet you give of your time and talents, For all in need to share.

So, thank you for being a volunteer, we're privileged to work with you.

We want you to know how appreciated you are, not just today but the whole year through.

This year the Convention is being hosted by our own Club Letchworth Garden City and Baldock Lions Club and I thank them for their invaluable support.

The Convention Committee under the leadership of Lion Peter Codrai have worked tirelessly to ensure that we have an enjoyable and memorable experience, full of fun and fellowship.

Our International Guest this year is International Director Lion Teresa Dineen, from Ballinhassig, County Cork in the Republic of Ireland. She will be accompanied by her partner Declan Moon and my sincere thanks to them both for accepting the invitation to join us for the weekend.

I would also like to extend a warm welcome to the Vice Lord-Lieutenant of Hertfordshire, Richard Beazley MBE who has taken the time from his busy schedule and agreed to open our Convention. In the evening gala dinner, it will be a pleasure to have the company of the Mayor of Stevenage, Councillor Mrs Margaret Notley and the Mayoress, Cathy Bibby.

I wish you an engaging and entertaining Convention.

Lion Kavaljit (Kav) Dev

DG 2022-2023



www.facebook.com/LionsClubDistrict105A

<http://www.lions105a.org>

District Secretary	District Treasurer	1st VDG Governor	2nd VDG Governor	Sergeant at Arms
PDG Lion Parveen Verma	Lion Kunal Vyas	Lion Lesley Spence	Lion Kadambari Shah	Lion George Matthew
Fern Cottage	23 The Ridgeway	33 Alexandra Road	31 Heybridge Crescent	146C Braemar Ave
65 Copse Wood Way	Stanmore	Kings Langley	Caldecote	Neasden
Northwood	HA7 4BE	WD4 8DU	Milton Keynes	London
HA62TZ			MK7 8HN	NW10 0DS
Email: secretary@lions105a.org	Email: treasurer@lions105a.org	Email: 1stvdg@lions105a.org	Email: 2ndvdg@lions105a.org	Email: saa@lions105a.org
Mobile: 07956 630 106	Mobile: 07946 353 720	Mobile: 07597 352 711	Mobile: 07790 494 751	Mobile: 07802 192 726



Brian E. Sheehan
International President



March, 2023

District 105-A
United Kingdom

Dear Lions,

Thank you for attending the 58th annual convention for Lions District 105-A.

When Lions in their districts get together, amazing things happen. We connect with friends and celebrate our accomplishments. We learn from each other and reenergize ourselves as Lions. We identify new goals and new ways to serve, which renews our sense of purpose and helps focus our attention on the challenges ahead.

This convention is also a time for you to reflect on your personal goals as a Lion. It's the perfect time to remember why you became a Lion and what keeps you coming back, year after year.

As Lions, we have accomplished so much, but there is still so much more to be done. Your participation at the 58th convention demonstrates your commitment to service and your dedication to the good of your community. You understand that Together We Can achieve greater things. And thanks to you, together we will.

I wish you all the best in your continued efforts to serve your community and the world.

Make a great day,

Brian E. Sheehan

Brian E. Sheehan
International President

Mrs Margaret Notley
Mayor of Stevenage, Councillor



March, 2023

District 105-A
United Kingdom

Dear District Governor and Members,

Thank you for inviting me to the Lions Clubs International District 105A's Convention (4 March 2023).

It is thanks to the effort, attitude, and commitment of you all that there is greater understanding, fellowship, and friendship across communities. Your ambitious projects support local communities which I am sure many people are grateful for the effort made on a voluntary basis.

It gives me great pleasure to play a part in the coming together of so many Lions Clubs gathering to mark this year's special event.

I wish you all have a fantastic convention and Lions International Celebration.



Mayor of Stevenage, Councillor Mrs Margaret Notley

Robert Voss CBE CStJ
HM Lord-Lieutenant of Hertfordshire



March, 2023

District 105-A
United Kingdom

I send my heartiest greetings to the Lions 105A District on the occasion of your annual convention.

Knowing that Lions stand for peace and understanding, never has your contribution to communities around Hertfordshire, the United Kingdom and around the world been more important and relevant helping so many who are in distress and suffering from hunger, war, environmental challenges and the many other causes which you support.

On behalf of the people of Hertfordshire I thank you for your kindness and generosity and the work that you continue to do to help so many in our community and I wish you a very successful convention.

With best wishes

Robert Voss CBE CStJ

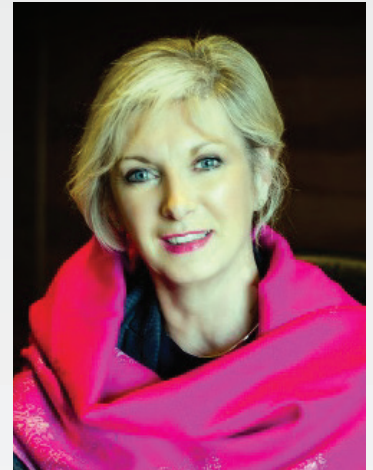
HM Lord-Lieutenant of Hertfordshire



Teresa Dineen

March, 2023

District 105-A
United Kingdom



Dear Lion Friends of District 105A,

It is a pleasure for Declan and I to attend your 58th District Convention – congratulations on giving almost six decades of service to those people most in need over that time. I am looking forward to meeting with you over the days of your Convention and hear your plans for going forward to continue this wonderful legacy in your District.

This is a time for working together – Together We Can – being the slogan of our International President Brian Sheehan. We know the benefit of working as a team and how much we can achieve when we share tasks, build on ideas, think outside of the box and while doing this, respect and include all members in our clubs. Most importantly of course, we must enjoy fellowship and have fun while we do our work for those who need us.

Again, it is a pleasure to join you at Convention. Thank you for all that you do in the name of Lions. I look forward to meeting old friends, making new friends and being part of your Convention of 2023.

Love and Light.

Teresa.

Alastair Joel**Chairman to the Council of Governors 2022-23****My Family of Lions**

It is a pleasure for Gemma and I to be able to attend 105A 'The A team's' 58th Annual Convention in Stevenage.

I was honoured to have been elected to the position Chairman of Council for this year, a proud moment for not only myself and Gemma, but for our District too.

We are looking forward to meeting you all, whether it's as a first timer to Convention or because you are here renewing existing friendships.

Our District Convention is an opportunity for us to review our achievements and recognise those Lions responsible for these successes during the past year. It is a chance for us to reflect not only on our District and club goals but our personal goals too. The weekend will give us all an opportunity to remember why we became Lions and what keeps us coming back for more.

Under our Motto of 'We Serve' as Lions we have achieved so much this year both as individual Lions, Clubs and as a District. We should all be proud of these achievements; I thank you all for what you do within your local and wider Communities.

I wish you all an enjoyable and fruitful weekend and all the very best for your continued efforts to serve.

Alastair

Alastair Joel
Chairman to the Council of Governors
2022-23



Agenda for the 58th Annual Convention, *Passion to Make a Difference*



ASSEMBLE

All attendees including
Delegates, Alternates, Lions, Leos,
Partners, Ladies and Gentlemen
are requested to take their seats

Sergeant at Arms Lion George Matthew

Health and Safety Announcement

Lion President Brian Dickety

PLEASE RECEIVE

District Governor Lion Kavaljit Dev *escorted by* Lion Paramjit Dev

International Director Lion Teresa Dineen and Declan Moon *escorted by*
PID Lion Geoff Leeder and Lion May Leeder

Vice Lord Lieutenant of Hertfordshire Richard Beazley *escorted by*
1st Vice District Governor Lion Lesley Spence

OPENING CEREMONY

Welcome and Introduction of distinguished Guests,
Lions and Partners

District Governor Lion Kavaljit Dev

Flag Ceremony and Anthems

Lions and Leo
Union Flag
Ireland
Lions Clubs International Flag
Leo's Flag

Opening Convention

Vice Lord Lieutenant – Richard Beazley MBE

Lions Vision and Mission Statement

Lion President Mike Lee

Lions Purposes

Lion Rita Tanda

Lions Ethics

Lion Elaine De Bruin

Lighting of the Candle

District Governor Lion Kavaljit Dev

Invocation and Memoriam

PDG Lion Andrew Allen

A single rose will be placed at Centre Stage for each of our Lions
who have Passed to Higher Service since our last Convention.

The Vice Lord Lieutenant accompanied by
1st VDG Lion Lesley Spence, Partners and Guests leave at this point

Messages

Convention Procedure and appointment of Tellers

Appointment of Tail Twister

Adoption of Minutes of the 57th Annual District Convention

Matters arising (as notified in advance to the District Secretary)

SAA Lion George Matthew

Prof PDG Lion Elliot Shubert

DG Lion Kavaljit Dev

DG Lion Kavaljit Dev

DG Lion Kavaljit Dev

REPORTS . TROPHIES . PRESENTATIONS

DG Team Reports

District Administration Team Reports

District Accounts and Budget

District Treasurer's report and accounts 2021-2022

District Treasurer's Budget for 2023-2024

Consideration for Resolution

Appointment of Auditors

Presentation – VICTA DG's Partner's Charity

District Advisory Committee Reports (Zone Chairs)

Communication Team Reports

Advisory Team Reports

Members Team Reports

Competition Trophies

District Website

Facebook

District Quiz

Travelling Lion

Membership and Mountain Climbing

District Youth Team Reports

Introduction of District Peace Poster Winner

Peace Poster award to Club

Introduction to District Peace Essay Winner

Peace Essay Sponsoring Club Trophy

Introduction of the Young Ambassador

Address by the Young Ambassador

Young Ambassador Sponsoring Club Trophy

Acknowledgement of Leo Trophy Winners

ROAR Introduction

ROAR Trophy Presentation

DG Lion Kavaljit Dev

DT Lion Kunal Vyas

Prof PDG Lion Elliot Shubert

DT Lion Kunal Vyas

Nick Schofield

PDG Erach Amaria

Sponsored by PDG Lion Parveen
and Ranjena Verma

Sponsored by PDG Lion Ramesh Parmar
Sponsored by Late PDG Lion John
and Lion Jenny Smith

Sponsored by Late PDG
Lion Harbhajan Dhaliwal

PCC Lion Viresh Paul

Lion Lara Stroebel

Sponsored by the late PDG Lion John
and Lion Jenny Smith

Lion Lara Stroebel

Sponsored by Late Lion Alec Spence

PDG Lion Doreen Allen

Iman Shakeel Darr

Sponsored by PDG Lion Mike
and Janet Baldwin

Lion Jatinder Kaur

CC Lion Alastair Joel

Sponsored by CC PDG Lion Alastair
Joel and Lion Gemma Driscoll

Governorship Elections Addresses 2023-2024

Introduction of candidates for DG, 1st VDG & 2nd VDG

Speeches by Sponsors and candidates

Closure of First Business Session

Prof PDG Lion Elliot Shubert

SAA Lion George Matthew

Lunch

BUSINESS SESSION 2

Call to Order

SAA Lion George Matthew

Be Entertained

REPORTS . TROPHIES . PRESENTATIONS CONTINUED

Service and Health Team Reports

Guest Speaker

Mikkel Juel Ivneson – “Under One Sky”

Competition Trophies

PDG Lion Erach Amaria

Diabetes

Sponsored by PID Geoff Leeder

Hunger

Sponsored by PDG Karanjeet Assan

Environment

Sponsored by PDG Alan & Marline Kings

Fight Against Cancer

Sponsored by Lion Vijay Jain

Club of the Year (Community Service)

Sponsored by Prof PDG Lion Elliot Shubert
and Dr. Eileen J Cox

The Story So Far

Presentation

LCI Video

International Team Reports

Introduction of International Guest

PID Lion Geoff Leeder

Keynote Speaker

International Director Teresa Dineen

Vote of Thanks

PDG Lion Surinder (Max) Mongia

LCIF Trophy

Sponsored by PCC Lion Bert Randall

International Awards

DG Lion Kavaljit Dev

Election results

The District Governor Elect

DG Lion Kavaljit Dev

Acceptance Speech by nominated Candidate

1st Vice District Governor

DG Lion Kavaljit Dev

Acceptance Speech by nominated Candidate

2nd Vice district Governor

DG Lion Kavaljit Dev

Acceptance Speech by nominated Candidate

Introduction of Convention 2023 Committee

Lion Peter Codrai

District Convention 2024 Announcement

Lion Peter Codrai

MD Convention 2023 Announcement (*Newcastle*)

International Convention 2023 Announcement (*Boston*)

Closing Remarks

DG Lion Kavaljit Dev

Close of Convention

SAA Lion George Matthew

Vision Statement

To be the global leader in community and humanitarian service.

Mission Statement

To empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

Lions Purposes

- » To Organise, charter and supervise service clubs to be known as Lions clubs.
- » To Coordinate the activities and standardise the administration of Lions clubs.
- » To Create and foster a spirit of understanding among the peoples of the world.
- » To Promote the principle of good government and good citizenship.
- » To Take an active interest in the civic, cultural, social and moral welfare of the community.
- » To Unite the clubs in the bonds of friendship, good fellowship and mutual understanding.
- » To Provide a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- » To Encourage service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavours.

Lions Code of Ethics

- » To Show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
- » To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- » To Remember that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.
- » Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubts against myself.
- » To Hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- » Always to bear in mind my obligations as a citizen to my nation, my state, and my community, as to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labour and means.
- » To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- » To Be Careful with my criticism and liberal with my praise; to build up and not destroy.



Lions who have held the office of Governor in District 105A

2021 - 2022	Karanjeet Kaur Assan	1991 - 1992	Vanmali Mistry
2020 - 2021	Alastair Joel (Chairman of Council)	1990 - 1991	John Smith
2019 - 2020	Kamal Sharma	1989 - 1990	John Hunt
2018 - 2019	Doreen Allen	1988 - 1989	H. Bert Randall (Past Chair of Council)
2017 - 2018	Abhnash Bains	1987 - 1988	Alan Kings
2016 - 2017	Brinda Singh Nandra	1986 - 1987	Derek Knight
2015 - 2016	Meena Gupta	1985 - 1986	Granville Thornton
2014 - 2015	Ramesh Parmar	1984 - 1985	Alex Starnes
2013 - 2014	Sarbjit Assi	1983 - 1984	Surjit Bhalla
2012 - 2013	John Savell	1982 - 1983	Cecil Worbey
2011 - 2012	Andrew Allen	1981 - 1982	Dr Vijay N Capoor
2010 - 2011	Martin Morgan (Past Chair of Council)	1980 - 1981	Philip Ashworth
2009 - 2010	Wesley de Mendonca	1979 - 1980	Harry Ashcroft MBE
2008 - 2009	Vijay Arora	1978 - 1979	Tom Dix
2007 - 2008	Ken Rouse	1977 - 1978	Harbhajan S Dhariwal
2006 - 2007	Louvain Allen	1976 - 1977	George T Scott
2005 - 2006	Erach (Eric) Amaria	1975 - 1976	Bill Bainbridge
2004 - 2005	Max Mongia	1974 - 1975	Patrick Green
2003 - 2004	Prof. Elliot Shubert	1973 - 1974	Basil Rowland
2002 - 2003	Mike Baldwin	1971 - 1972	Joe Stirling
2001 - 2002	Ram Jaggi MBE	1970 - 1971	Keith Coles
2000 - 2001	Mike Hendy	1969 - 1970	Robert (Bob) Moore
1999 - 2000	Parveen Verma	1968 - 1969	John Holdham
1998 - 1999	Donald Lyen	1967 - 1968	Harry T Addison
1997 - 1998	Brian Yeoman	1966 - 1967	W H (Bill) Bumstead (Past Chair of Council)
1996 - 1997	Viresh Paul (Past Chair of Council)	1965 - 1966	John W Carlton
1995 - 1996	Rati Shah MBE	1964 - 1965	Eric Sparrow
1994 - 1995	David Green	1963 - 1964	Peter Harrison
1993 - 1994	Ron Wilkes	1962 - 1963	A W Ron Welling (Past Chair of Council)
1992 - 1993	Geoff Leeder (Past Chair of Council)	1961 - 1962	Peter Bennet



INCOME AND EXPENDITURE ACCOUNT YEAR ENDED 30 JUNE 2022

	2021/2022		2020/2021	
	£	£	£	£
INCOME				
Multiple District Dues @ £27 (£27) per member	31,149.75		33,188.25	
Multiple District Insurance @ £44.25 (£44.25) per club	2,610.75		2,655.00	
MD105 Youth Fund @ £4.00 per member (£4.00)	<u>4,616.00</u>		<u>4,658.00</u>	
	38,376.50		40,501.25	
District Admin Fund @ £4.74 (£4.74) per member	5,469.96		4,541.55	
District Convention Fund @ £4.26 (£4.26) per member	4,916.04		5,356.70	
District 105A News @ £3 (£3) per member	3,462.00		4,075.75	
District 105A Youth Fund @ £40 per club (£40.00)	<u>2,360.00</u>		<u>2,400.00</u>	
	16,208.00		16,374.00	
Affinity card commission (net)	0.00		0.00	
Bank deposit interest (net)	<u>3.79</u>		<u>5.38</u>	
	3.79		5.38	
	<u>54,588.29</u>		<u>56,880.63</u>	
EXPENDITURE				
Multiple District Dues, Insurance and Youth Fund	38,376.50		40,501.25	
District Officers	1,167.33		1,116.91	
District Secretariat	2,000.00		0.00	
District Hospitality	244.56		0.00	
District meetings/seminars/forums	765.00		506.70	
105A News	255.00		1,970.00	
Supplies and Regalia	733.73		346.47	
District Website	459.96		540.00	
District Youth Fund	2,360.00		2,400.00	
District Convention Fund	4,705.17		0.00	
LCI Exchange Rate Loss	1.15		0.00	
Depreciation - Equipment, fixtures and fittings	<u>0.00</u>		<u>0.00</u>	
	51,068.40		47,381.33	
(DEFICIT) SURPLUS FOR THE YEAR	<u>3,519.89</u>		<u>9,499.30</u>	
ADMIN FUND	102.02		2,036.85	
105A NEWS FUND	3,207.00		2,105.75	
DISTRICT CONVENTION FUND	<u>210.87</u>		<u>5,356.70</u>	
	<u>3,519.89</u>		<u>9,499.30</u>	



BALANCE SHEET AS AT 30 JUNE 2022

	2021/2022	2020/2021
	£	£
Fixed Assets		
Equipment, fixtures and fittings	10,444.49	10,444.49
Additions during year	0.00	0.00
Less Depreciation	<u>-10,443.49</u>	<u>-10,443.49</u>
	1.00	1.00
Current Assets		
Sundry debtors and prepayments	922.78	206.25
Bank balances	<u>55,158.88</u>	<u>48,061.23</u>
	56,081.66	48,267.48
Current Liabilities	56,082.66	48,268.48
Sundry creditors and accruals	<u>-11,866.77</u>	<u>-7,572.48</u>
NET ASSETS	<u>£ 44,215.89</u>	<u>£ 40,696.00</u>
Accumulated Funds		
Represented By: Administration Fund		
Opening balance	28,501.78	26,464.93
(Deficit) Surplus for the year	<u>102.02</u>	<u>2036.85</u>
	28,603.80	28,501.78
DIST 105A NEWS		
Opening balance	2,685.98	580.23
Surplus(Deficit) for year	<u>3,207.00</u>	<u>2,105.75</u>
	5,892.98	2,685.98
District Convention Fund		
Opening balance	9,508.24	3,802.56
Collections	0.00	5,705.68
Surplus for the year	<u>210.87</u>	<u>0.00</u>
	9,719.11	9,508.24
Accumulated Funds	<u>£ 44,215.89</u>	<u>£ 40,696.00</u>

Approved by the District 105A Cabinet on 9th October 2022

K. Dev

Lion Kavaljit Dev
District Governor

Report of the accountants to the Members of Lions Clubs International District 105a.

In accordance with the instructions given to us, we have examined, without carrying out an audit the financial statements on pages 1 & 2 and confirm that these are in accordance with books and records of Lions Clubs International District 105A.

Chapmans Associates Ltd
Chartered Accountants



TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30 JUNE 2022

The Trustees present their report and financial statements for the year ended 30 June 2022

LEGAL AND ADMINISTRATIVE DETAILS

Status	The Charitable Trust was created under a Declaration of Trust dated 6 January 1986 and is registered with The Charity Commission under registration number 294186.		
Trustees	District Governor 2022/23	Kavaljit Dev	- appointed May 2022
	District Secretary 2022/23	Parveen Verma	- appointed May 2022
	District Treasurer 2022/23	Kunal Vyas	- re-appointed May 2022
	The Trustees are the individuals holding office as District Governor, District Secretary, District Treasurer and such other offices as appointed by the District 105A Cabinet.		
Correspondent	Kunal Vyas, c/o Euro Ashfords, 2nd Floor, 39 Ludgate Hill, London EC4M 7JN		
Honorary Auditors	Chapmans Associates Ltd	Chartered Accountants & Registered Auditors	
	9, Churchill Court, 58, Harrow, Middlesex, HA2 7SA		
Main Bankers	Barclays Bank Plc North East London Business Group P O Box 16294 1-2 Trinity Way, Chingford London E4 8US		

ACTIVITIES AND REVIEW OF THE YEAR

The Charity's principal activities are those of receiving donations and payments from Lions Clubs in District 105A and distributing them as nominated to Lions Clubs International, Multiple District 105 and District 105A initiatives. Details of funds received and disbursed are set out in Note 2 of the attached accounts.

TRUSTEES' RESPONSIBILITIES

The Trustees are required by law to prepare accounts for each of the financial year which give a true and fair view of the state of affairs of the charity at the end of the year and of the results for the year then ended.

In preparing those accounts, the Trustees are required to select suitable accounting policies and apply them on a consistent basis, making judgments and estimates that are prudent and reasonable. The Trustees must also prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue its operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 1993.

The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on

and signed on their behalf by

Lion Kavaljit Dev

District Governor 2022/2023



STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 JUNE 2022

	2021/2022			2020/2021		
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
Donations and collections	0.00	85,875.27	85,875.27	0.00	92,057.56	92,057.56
Investment income	13.56	-	13.56	34.09	-	34.09
	13.56	85,875.27	85,888.83	34.09	92,057.56	92,091.65
Fund balances brought forward	24,430.11	79,318.57	103,748.68	24,396.02	108,943.75	133,339.77
	24,443.67	165,193.84	189,637.51	24,430.11	201,001.31	225,431.42
Charitable disbursements	0.00	-87,245.66	-87,245.66	0.00	-121,682.74	-121,682.74
Fund balances carried forward	24,443.67	77,948.18	102,391.85	24,430.11	79,318.57	103,748.68

represented by:

	2021/2022	2020/2021
	£	£
BANK BALANCES		
Barclays Bank plc Current	12,378.29	13,748.68
Barclays Bank plc Deposit	90,013.56	90,000.00
	£ 102,391.85	£ 103,748.68

LIONS CLUBS INTERNATIONAL DISTRICT 105A CHARITABLE TRUST

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LIONS CLUBS INTERNATIONAL DISTRICT 105A CHARITABLE TRUST

We report on the accounts of the Trust for the year ended 30th June 2022, which are set out on Pages 18 and 19

Respective responsibilities of trustees and examiners

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required under Section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under Section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under Section 145(5) of the 2011 Act; and
- to state whether particular matters have come to our attention

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below

Independent examiner's statement

In connection with our examination, no matter has come to our attention;

(1) which gives us reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s.130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting Policies

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards.

2 Collections and Disbursements

	Balance at 1st July 2021	Collections 2021/2022	Disbursements 2021/2022	Balance at 30th June 2022	Collections 2020/2021
	£	£	£	£	£
LCIF Fund	1,384.00	26,733.75	26,733.75	1,384.00	9,923.00
District Youth Party	2,960.20	-	1,020.00	1,940.20	1,020.00
Youth Fund, Leos and ROAR	5,982.57	5,125.00	4,206.00	6,901.57	2,400.00
Street Children	1,954.86	-	-	1,954.86	500.00
Water Aid and Water Wells	2,272.00	542.00	2,472.00	342.00	210.00
Sight/ Children Vision	101.04	1,600.00	1,450.00	251.04	26,450.00
Senior Citizens Party	13,167.98	-	-	13,167.98	-
DG Partner Appeal 2021/22 Lifelites	-	5,099.61	-	5,099.61	-
Speech Aid/Hearing	1,144.84	-	600.00	544.84	-
Medic Alert Foundation	650.00	600.00	-	1,250.00	-
DG Partner Appeal 2019/20 Air Ambulance	541.00	-	-	541.00	642.00
DG Partner Appeal 2020/21 Brain Tumour Research	3,353.00	2,700.00	2,700.00	3,353.00	5,359.00
International Projects	7,237.81	-	-	7,237.81	-
International Disaster Appeals	4,761.14	10,317.00	11,317.00	3,761.14	34,449.56
District Flooding Appeal/Alert	8,175.95	3,680.00	3,680.00	8,175.95	350.00
Ebola/Measles	956.56	-	-	956.56	-
1-2-4 Sewing Machines	150.00	-	-	150.00	-
Sleeping Bags	0.45	-	-	0.45	45.00
Sundry Collections	17,725.21	1,946.00	1,350.00	18,321.21	10,609.00
Diabetes	100.00	3,775.80	3,775.80	100.00	100.00
Refugee Ukraine	4,185.00	23,756.11	27,941.11	-	-
Edukit	2,515.00	-	-	2,515.00	-
	79,318.61	85,875.27	87,245.66	77,948.22	92,057.56
General Fund	24,430.07			24,430.07	
Bank Deposit interest	-	13.56	-	13.56	34.09
	103,748.68	85,888.83	87,245.66	102,391.85	92,091.65

**BUDGET PROPOSALS 2023/2024**

EXPENSES	BUDGET 2023/2024 £	BUDGET 2022/2023 £	ACTUAL 2021/2022 £	BUDGET 2021/2022 £	ACTUAL 2020/2021 £	BUDGET 2020/2021 £
District Officers	1,000	1,000	1,167	1,000	1,020	1,000
District Secretariat	2,500	2,500	2,000	2,000	0	2,000
District Treasurer	50	75	0	100	97	75
District Governors Fund	250	250	100	300	0	300
District Hospitality	300	300	245	300	0	300
Cabinet Meetings	500	300	375	120	507	240
District Seminars and Forums	500	500	390	1,000	0	800
Regalia & Supplies	250	250	634	250	346	250
District Website	600	1,100	460	600	540	300
Membership	200	500	0	250	0	250
Public Relations/contingency	0	0	1	25	0	25
Total Administration Expenses	6,150	6,775	5,372	5,945	2,510	5,540
INCOME						
Affinity Card Income	0	0	0	0	0	0
Bank Interest	-5	-5	-4	-20	-5	-80
Net Administration Expenses	6,145	6,770	5,368	5,925	2,505	5,460
District 105A News	1,200	1,500	255	3,750	1,970	4,900
District Convention Fund	7,150	419	4,705	5,320	0	6,440
Total Annual Expenses	14,495	8,689	10,328	14,995	4,475	16,800
Assumed Membership	1,200	1,200	1,154	1,250	1,165	1,400
Total Dues per Member	12.08	7.24	8.95	12.00	3.84	12.00
Split up as follows:						
Administration Fund	5.12	5.64	4.65	4.74	2.15	3.90
105A News Fund	1.00	1.25	0.22	3.00	1.69	3.50
Convention Fund	5.96	0.35	4.08	4.26	0.00	4.60
District Dues - 2023/2024	12.08	7.24	8.95	12.00	3.84	12.00

MINUTES OF THE 57TH ANNUAL DISTRICT 105A CONVENTION – HILTON DOUBLE TREE, ELSTREE

After brief cabinet meeting at back of convention hall, Sergeant at Arms IPDG Alastair called the convention to order at 9 AM.

Lion Brian Dickety briefed on the Health and Safety procedures.

Sergeant at Arms Lion welcomed everyone.

Convention received District Governor Lion Karanjeet Kaur Assan

escorted by PDG Lion Ramesh Parmar

Convention received The Worshipful the Mayor, Councillor Alison Cornelius

and Councillor Richard Cornelius escorted by 1st VDG Lion Kavaljit Dev.

Convention received Past International President Lion Gudrun Yngvadottir

and Past International Director Dr. Jon Bjarni Thorsteinsson escorted by our 2nd VDG Lion Lesley Spence. DG introduced the following to the Convention

- Sergeant at Arms IPDG Lion Alastair Joel
- Constitution and nominations officer Prof PDG Elliot Shubert
- Minute Secretary Lion Stuart Jones
- District Treasurer Lion Kunal Vyas,
- 1st Vice District Governor – Lion Kavaljit Dev
- 2nd Vice District Governor - Lion Lesley Spence

DG acknowledged –

- Council Chairman – lion Richard Williams.
- Past International Director Lion Yon Bayni,
- Past International Director Lion Geoff Leeder

- Past International Director Lion Phil Nathan
- GAT area leader 4 Max Mongia,
- Past Council Chairman Lion Stewart Sherman Khan
- Past Council Chairman Lion Viresh Paul
- District Guvnor Lion David Pope from District CE
- District Guvnor Lion Yaap-de-Young from District CW
- IPDG Ujjal Kular
- MD officer Sue Welding.

DG acknowledged All PDGs of District 105A and all PDGs from Multiple District 105 and all distinguish Lions from far and near.

Convention saw Councillor Alison received the Convention flag from the Co -Convention officer Lion Vijay Jain.

Convention saw The Worshipful the Mayor of Barnet, Councillor Alison Cornelius, who formally opened the 57th Annual Convention for District 105A.

The Mayor and **Councillor** was thanked on behalf of the Convention for opening our convention, and for his encouraging and inspiring words, DG presented her Pin and banner to Mayor.

The Flag Ceremony was conducted by Lion Peter Codrai, the following Lions carried the individual flags.

1. Lion Virendra Adhikari– Union Flag
2. Lion Meera Parmar– Iceland Flag
3. Lion Jogeshwar Singh Bahd – LCI Flag
4. Leo Amit – Leo Flag

They were paraded and saluted by singing of their National Anthems. The Flag Party were thanked on behalf of the Convention by DG for the excellent way they performed the flag ceremony.

Convention heard Purposes / Ethics read by

1. Lion Sukhdeep Kaur Loyal read the Lions Vision Statement and Mission Statement,
2. Lion Sanjay Bhasin read the Lion Clubs International Purposes and
3. Lion Salil Patankar read the Lion Code of Ethics.

DG thanked them on behalf of the Convention.

District Governor lighted the Candle of Peace and Remembrance.

Convention rose to the Invocation read by Lion Andrew Allen, who immediately followed with In-Memoriam. During the In-Memoriam, Lions put white roses of remembrance in the vase next to the Candle of Peace. A Poem was read by Lion Andrew Allen.

At this time Sergeant at Arms announced a 1 minutes' silence to be observed.

The Worshipful Mayor departed, and was then escorted by Lion Vijay Jain from the hall.

First Business Session

1. Full protocol was read out by Sergeant at Arms
2. Good wishes messages were read out
3. The registration desk will close at 11am.
4. For the new members inducted in this Lionstic year a special session was arranged with Past International President Gudrun on Sunday morning at 10.00 am in the Studio Suite

Lion Kumar Acharya as appointed as Convention's Tail Twister by the DG.

Constitutions, Nominations and

Resolutions Officer **Prof PDG Elliot Shubert** took us through the Convention procedures and appointment of Tellers.

The minutes of the 56th annual convention, which appeared on pages 21-23 of the Convention Booklet, which have been circulated to all Clubs.

No comments received by the District Secretary therefore, assume they are correct as read.

- Proposer - Lion Minesh Mehta
- Seconder - PDG Doreen Carr

Minutes were approved by show of delegate cards.

District officers and special committees' reports

DISTRICT GOVERNOR'S Team Reports

1stVDG Kavaljit and 2nd VDG Lesley and IPDG Lion Alastair to be upstanding to be acknowledged

- There were no questions
- Proposer PDG Max Mongia
- Seconder Lion Dinesh Shonchhatra
- Convention approved the reports by show of delegate cards

District Administration Team

Administration Team were requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet 26-27

- Secretary PDG Lion Ramesh Parmar
- Sergeant At Arms IPDG Lion Alastair Joel
- Treasurer Lion Kunal Vyas
- Minute Secretary LION Stuart Jones
- Administrator Lion Steve Foott

The treasure report will be taken separately.

Convention had no questions.

- Proposer Lion Rajni Sheth
- Seconder ZC Lion Navin Shah

The reports were approved by show of delegate cards.

DISTRICT TREASURER 2020/2021 ACCOUNTS

District Treasure Lion Kunal Vyas gave Convention a detailed update to his report. The report and accounts are shown on pages 13-17 of the Convention Booklet. Convention had no questions, the report was received and approved by show of delegate cards.

Resolution 1

Prof PDG Elliot Shubert guided the convention through Resolution 1. The Convention resolves that from July 2022 there are to be two printed editions of the 105a News, for the remaining months we will continue to produce and deliver an electronic version. Motion was to be presented and discussed.

- Proposed by IPDG Lion Alastair Joel
- Seconded by PDG Lion John Savell

After general discussion Convention approved the Resolution 1 by show of delegate cards.

Budget

Convention asked District Treasure Lion Kunal Vyas, to present the Budget proposals for the fiscal year 2022/23 which are shown on page 18 of the Convention Booklet.

He presented the budget for the year 2022/2023.

Convention had no questions for the Proposed Budget.

The report was approved by show of delegate cards.

Resolution No 2

Prof PDG Elliot Shubert guided the convention through Resolution 2. This Convention resolves that the subs for 2022-23 be set at £7.24 per member, payable in two instalments, July 2022 and Jan 2023.

2022-2023 Subs 2021-2022 Subs were

Admin	£5.64	£4.74
105A News	£1.25	£3.00
Convention	£5.35	£4.26
One off reduction of subs	-£5.00	
(For accounting purposes to be set against 2023 Convention)		
Total Subs:	£7.24	£12.00

- Proposed by Lion Kunal Vyas
 - Seconded by IPDG Alastair Joel
- After general discussion Convention approved the Resolution 2 by show of delegate cards.

Resolution 3 Amendment to the Constitution.

Prof PDG Elliot Shubert guided the convention through Amendment to the constitution – Resolution 3 The Convention resolves to form a District Finance Committee, consisting of the DT, DS, IPDG as Chair, DG, 1st VDG, 2nd VDG; they will meet on an ad-hoc basis and will provide financial recommendations to Cabinet and Convention, reporting through the DT. They may invite other Lions to attend on a meeting-by-meeting basis.

After Explanation of the Amendment the Motion was presented and discussed.

- Proposed by IPDG Lion Alastair Joel
 - Seconded by Lion Kunal Vyas
- After general discussion Convention FAILED the Resolution 3 by show of delegate cards.

Appointment of Auditors was proposed by District Treasure Lion Kunal Vyas. He made the proposal for the appointment of our Independent Examiners.

The Independent Examiners are Chapmans Associates Ltd.

Seconded by PDG Lion Ramesh Parmar

Convention approved the appointment of Auditors by show of delegate cards.

District Advisory Team were

requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet pages 27-28

- Constitution, Nomination and Resolution - Prof PDG Elliot Shubert
 - Convention Officer – PDG Lion Ramesh Parmar
 - Co Convention Officer - Lion Vijay Jain
 - Credential and Elections Officer – Lion Paul Chakravarti
 - Health & Safety / Insurance Officer – Lion Brian Dickety
 - Tamer – Lion Varinder Chott
 - Chairman of Honorary Committee – Prof PDG Elliot Shubert
 - Convention had no questions
 - Proposer Lion George Mathew
 - and Secunder PDG Eric Amaria
- The reports were approved by show of delegate cards.

District Members Team were requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet pages 28-36.

- **Lion Kadambari Shah**
 - » Global Membership Team Coordinator
 - » GMA New Members
 - » New Voices Coordinator & Leadership Support
- **2VDG Lion Lesley Spence**
 - » Global Leadership Team Coordinator
 - » GMA Leadership Support
- **PDG lion Doreen Allen**
 - » Global Service Team Coordinator
- **1VDG Lion Kavaljit Dev**
 - » Global Membership Approach Group Coordinator
- **Lion Kumar Acharya**
 - » GMA - New Clubs
- **Lion Minesh Mehta**
 - » GMA - Motivation and

Retention

- **Lion Rajah Singh Loatey**
 - » New Voices Team – Membership
- **Lion Sulochana Sethi**
 - » New Voices Team – Service
- **Lion Kam Kalra**
 - » New Voices Team – Marketing
- **PDG Lion Andrew Allen**
 - » Members Welfare/Archivist
- **Lion Farokh Daruwalla**
 - » Vulnerable Persons Officer
- **PDG Lion John Savell**
 - » CIO Mentor / Data Compliance Officer
- **Lion Harvinder Virdee**
 - » CIO Mentor / Data Protection Advisor

DG expressed her appreciation and thanked the Members Team for an excellent year. Convention had no questions for them.

- Proposer ZC Lion Bhupinder Jandoo
 - Secunder Lion Kuldip Jetha
- Convention approved the reports by show of delegate cards.

Global Causes Report. They were requested to stand to be acknowledge by the Convention.

PRESENTATION OF TROPHIES

- **Diabetes Trophy**
 - » Sponsor: PID Lion Geoff Leeder
 - » Won - Lions Club of Southall
- **Environment Trophy**
 - » Sponsor: PDG Lion Alan Kings & Lion Marline Kings
 - » Won – Lions Club of Sudbury
- **Fight Against Cancer Trophy**
 - » Sponsor: Lion Vijay Jain
 - » Won – Lions Club of London Kingsbury

District Advisory Committee (Zone Chairs) were requested to stand and to be acknowledge by the Convention.

- Lion Manji Kara
- Lion Bhupinder Singh Jandoo
- Lion Gemma Driscoll

- Lion Rajen Sangani
- Lion Navin Shah
- Lion Harshad Shah
- Lion Satnam Singh Loyal
- Lion Gulab Mistry
- Lion Robert Spragg
- Lion Bharat Mianger
- Lion Rita Kimberger

DG expressed her appreciation and thanked the District Advisory Committee for an excellent year for outstanding leadership of the Zone Chairs. It has been a challenging year and thank them for all your hard work.

Convention had no questions for them

- Proposer Lion Varinder Chott
 - Secunder Lion Ashwin Malkan
- Convention approved the reports by show of delegate cards

District Activities Team were requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet pages 47-48

- Competitions – Lion Dinesh Shonchhatra
- Message in a Bottle / message in a Wallet – Lion Mayur Mehta
- Physical & Learning Disabilities/ SOGB – Lion Hayandra Chauhan
- Speech & Hearing – Lion Penny Tregillus
- Convention had no questions for them.
- Proposer PDG Lion John Savell
- Secunder Lion Ajay Arora

Convention approved the reports by show of delegate cards

Presentation of Competitions Trophies

- **District Quiz Trophy - Late PDG John & Lion Jennie Smith**
 - » Won - Lions Club of Harpenden
- **Travelling Lion Trophy – Late PDG Lion Harbhajan Dhariwal**
 - » Won – Lions Club of London Central Host
- **Club of the Year (community service) – Prof PDG Elliot Shubert**

- » Won – Lions Club of Fairlop
- » 2nd place – Lions Club of MK Stoney Stratford
- » 3rd place – Lions Club of Hemel Hempstead

International Team Reports

were requested to stand and to be acknowledge by the Convention.

Their reports can be found in the convention booklet pages 48-49.

- International Relations – PDG Lion Surinder (Max) Mongia
- LCIF coordinator – PDG Lion Vijay Arora
- Water Aid – Lion Jaspal Singh Hunjan

DG expressed her appreciation and thanked them for all the positive input during the year District.

Convention had no questions for them.

- Proposer Lion George Mathew
 - Secunder Lion Amarjit Sagoo
- Convention approved the reports by show of delegate cards

LCIF Trophy Presentation

LCIF Trophy, sponsored by the Late PCC Lion Bert Randall

- Winner – Lions Club of Greenford Willow Tree

District Communications Team

were requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet pages 49-50

- Webmaster – Lion Satnam Singh Loyal
- Pride of Lions – Lion Sukhdeep Kaur Loyal
- Facebook/social media – Lion Kavaljit Dev
- Public Relations- Marketing – Lion Prakash Neupane

DG expressed her appreciation and thanked them for all the positive input during the year District. DG praised Lion Sukhdeep Kaur Loyal for doing an excellent job as a first timer as Newsletter Officer.

Convention had no questions for them.

- Proposer Lion Harvinder Virdee
 - Secunder ZC Lion Rajen Sangani
- The reports were approved by show of delegate cards.

Award of Trophies

- District Website – PDG Lion Parveen & Ranjena Verma (Chris Bryant – Bletchley presented trophy
 - » Won – Lions Club of Hayes and Harlington
- District Facebook – PDG Lion Ramesh Parmar
 - » Won – Lions Club of Heston

District Youth Team were requested to stand and to be acknowledge by the Convention. Their reports can be found in the convention booklet 50-52

- Leo Advisor- /Youth Exchange officer – Lion Minesh Mehta
- Young Ambassador– PDG Lion Doreen Allen
- Peace Poster – Lion Lara Stroeel
- Peace Essay – Lion Lara Stroeel
- Young Leaders in service- 2nd VDG Lion Lesley Spence
- Lions Roar Programme Officer – IPDG Lion Allister Joel

Convention had no questions for them.

- Proposer ZC Lion Navin Shah
 - Secunder Lion Rajni Sheth
- Convention approved the reports by show of delegate cards
- Lion Minesh acknowledged the Leo Trophy Winners.
 - » Leo of the Year alpha – Leo Pearl Arnold; Omega – Leo Soham Dohia.
 - » Leo Club of the year – Alpha – Fairlop Leo Club; Omega – London Hendon.

Service Award – 95 hours of community service over last 12 months. Malachi (Leo – Fairlop

PDG Lion Doreen was asked to introduce

- Young Ambassador Nina Andersen
 - » Address by Young

Ambassador Nina Andersen

Awards

- Young Ambassador Award – PDG Lion Mike & Janet Baldwin
- Won – Nina Anderson - Lions Club of Hemel Hempstead
 - » Sponsoring Club Trophy – PDG Lion Mike & Janet Baldwin
 - » W – LIONS CLUB OF FAIRLOP DG Congratulated the winning clubs.

Lion Lara Stroeel introduced the Peace Poster Winner

- Peace Poster Award -Malachi Castello
- Peace Poster Presentation by Lara Stroeel
- Peace Poster Award sponsored by Late PDG Lion John & Lion Jennie Smith

Lion Lara Stroeel introduced the Peace Essay winner

- Peace Essay Award – George Dukas- sponsored by Lions Club of Hemel Hempstead; Note: Won MD International competition

DG thank the District Clubs for working hard to win the Trophy's. She Congratulated the winning clubs.

Lions Roar Programme

- IPDG Lion Alastair Lion Gemma Driscoll –
- Trophy Winners – Dormers Wells School – sponsored by Lions Club of Heston

DISTRICT GOVERNOR ELECTIONS

District Constitution, Nominations and Resolutions Officer, Prof PDG Elliot Shubert took us through the presentation of the candidates

Introduction of nominees District Governor by Prof PDG Elliot Shubert, followed by election speech of Kavaljit Dev (Letchworth Garden City & Baldock Club)

Lion Harry Lotte - introduced

Introduction of nominees of 1st-Vice District Governor by Prof PDG

Elliot Shubert, followed by election speech of the Candidate Lesley Spence (Harrow and Pinner) Tony Hurley – introduced.

Introduction of nominees for 2nd Vice District Governor by Prof PDG Elliot Shubert to, followed by election speech of Sponsors & Candidates –

1st nominee 2nd VDG – Kadu Shah – MK – Bharat Mianger

2nd nominee - Rajni Sheth – Salil Patanker – Greenford Willow Tree

CLOSE OF 1ST BUSINESS SESSION

- Total no of DELEGATES 95 ALTERNATES 5
- Total Attendance: Leos + Lions 271

Start of 2nd Business Session

Sergeant at Arms welcomed everyone for the afternoon session Global Leadership Team Coordinator 2nd VDG Lion Lesley Spence was invited to talk on LEADERSHIP

District Secretary PDG Lion Ramesh Parmar introduced DG Charity

Lifelites

Presenter Samuel Davies could not attend due to Covid and there was video presentation instead

PDG Max Mongia was invited to give presentation on Global Membership Approach. (GMA)

GMA objective -focus on developing new clubs, recruiting new members, invigorating existing members

Pilot 21/22 – 16 regions including UK. Worldwide launch 2022-23

GMA is a process. Different way of doing things.

105a pilot team – have outstanding achievement

Added new clubs, reinstated 1 club, new virtual club, +24 members

Following Members received certificates from Lion Max:

- District Governor Lion Karanjeet
- L Doreen Allan
- L Lesley Spence
- L Kadu Shah

- L Kav (DG Nominee)

- L Patankar

Lion Kumar Acharya was awarded 100% GAT medal which was first one awarded in constitution area 4. He was also awarded International Presidents Certificate of Appreciation.

Mo Tantawi – Chief Experience Officer of Tip Tap Pay made a Presentation on Tip Tap Project Video presentation was made on Cancer UK Research

Keynote Speech

PDG Lion Max Mongia who is Constitutional Area 4 Leader, introduced our special guest all the way from, Iceland and our keynote speaker, Past International President Lion Gudrun

Past International President Lion Gudrun speaks

(approx. 20 minutes).

Speech / presentation by PIP Lion Gudrun

DG Presented gifts to PIP Lion Gudrun

1. Shawl
2. Chess Set
3. Cheque

PID Geoff Leeder to propose a vote of thanks to our

Official Convention Guest

PID Geoff L and International Guest presented awards

International President Recognition awards

There was a presentation to the International Guest – cheque for £1,000 for refugees and displaced persons fund. Luton Club President and Geoff did the presentation.

Election Results

Results passed to DG by PDG Elliot The District Governor Elect for 2022/2023 is Lion Kavaljit Dev

The 1st Vice District Governor Elect for 2022/23 is Lion Lesley Spence

The 2nd Vice District Governor Elect for 2022/2023 is Lion - Kadu

(There was a tied vote – 1 vote was spoiled, In the event of a tie – the

chair will cast a deciding vote. The Constitution states the DG must make a choice. Two envelopes – one name in each. The DG chooses one envelope.)

Convention's approval to destroy ballot papers – in favour

DG thanked the tellers

District Governor's Awards

All Cabinet officers were invited to come forward in front of the stage. With Assistance from PIP Lion Gudrun and PDG Ramesh Parmar, DG presented to all the officers with a District Governor's appreciation medal.

2022 -Convention Officer Lion RAMESH and Co Chairman Lion Vijay Jain invited the 2022 convention team to the stage to introduce and thank them for a very successful convention.

MD Convention – slides and presentation were shown.

District Convention 2023 Announcement was made by Lion Peter Codrai

Who made a short presentation about 2023 Convention.

Sergeant at Arms retrieved folded Convention flag and presented to Lion Peter Codrai.

Introduction of IPDG, vote of thanks & DG's closing remarks

Vote of thanks by IPDG Lion Alastair & presentation of gift to DG

CLOSING REMARKS BY DG LION KARANJEET

Close of Convention by District S@A /IPDG Lion Alastair Joel

explain about tonight's proceedings for those that are attending our DG's Celebration Party

Would you all please now stand, link arms and join me in singing Auld Lang Syne

Everyone was thanked for attending the convention,

The 57th DISTRICT 105A CONVENTION WAS PRONOUNCED CLOSED.

District Governors Team

Kavaljit Dev **District Governor**

Your “Passion to Make a Difference” has touched many communities that were in need so you should all be proud of your achievements. Your commitment is to be applauded and I would like to express a big thank you for being Lions and Leos of District 105A.

A warm welcome to our 58th annual District Convention made possible by the dedication and planning by our Convention Committee overseen by the Chair Lion Peter Codrai. I must give credit where it is due as only when you become involved in the organisation of this event, you realise the amount of time, effort and camaraderie that goes on behind the scenes to make it happen.

My journey to becoming the District Governor started in March 2020, a date that will remain in all our minds as it was the start of Covid restrictions in the UK, when I was elected to serve the District as the 2nd Vice District Governor.

As the 2nd VDG my time was mainly spent on joining Clubs and Zone meetings and events online. My speech and election for the position of 1st Vice District Governor was certainly a fascinating experience in the virtual District Convention of 2021.

As the world started to return to the new normal, I had the opportunity to visit Clubs and participate in Zone meetings which helped me not only to familiarise myself with our District but more importantly to meet my Lions family. This also coincided with looking at venues for this Convention and kick start the planning. My daughter-in-law, Rupinder was instrumental in designing my pin and the friendship banner.

Time flew fast and in March 2022, I reached my destination as DG elect. After all the training, months of preparation and planning with a better insight into the Clubs and the operations of the District, it was now to start work with the incoming DG Team and members of the Cabinet to set goals for Service, Membership, Leadership and LCIF.

The welcome of the incoming DGs on the Sunday morning at the Multiple District Convention (Birmingham) is unforgettable. Of the eight DGs, Paramjit (Pammy) and I were the first to walk in towards the stage. It was a wonderful atmosphere created for us by the sound of music, party trumpets, shower of confetti and clapping by fellow Lions from 105A and other districts.

At the last Cabinet meeting on 15th May, I had the opportunity in the afternoon to share my vision, the District goals and get input from the incoming Cabinet. At the end of May 2022, Pammy and I held the traditional DG's garden party at our home. We were delighted to welcome one hundred and fifty Lions plus, friends, and guests in our garden to enjoy the fellowship and fun after three years. I would

like to thank Lion Bridget Smith, member of my own Lions Club of Letchworth Garden City and Baldock, for the fantastic cake she baked for the occasion.

On 28th June 2022, I took my District Governor's oath at the International Convention in Montreal with my fellow DGs. The moment of “pulling the ribbon” from the official badge only lasts a few seconds but I was proud to have Pammy by my side to do the honour and have my Lions family from our District and Multiple District sharing this special occasion with me.

At the District Handover in July, when IPDG Lion Karanjeet Assan passed on the DG's collar, came the realisation that this was it. My year as the DG for our wonderful District had really started!

The theme I have chosen this year is “Passion to make a difference” and my vision for the District is “To grow Lionism in our District through our service activities in the communities we serve.” Pammy and I have seen this passion and dedication from our Lions family through our visits to Clubs, Charter celebrations and fundraising events. Service is certainly at the heart of everything we do and long may this continue. On behalf of Pammy and myself, thank you from the bottom of our hearts for your warm welcome, hospitality, and friendship.

The Cabinet this year is a mixture of experienced and new Lions. I am grateful to them for taking on their roles and their continued support.

Lion Penny Tregillus took on the challenge of leading the Global Service Team and is working diligently with all the GST officers (Lions Robert Spragg, Nilesh Palan, Kam Kalra, Daksha Patel, Susan Carr and Sunjay Mehta) and the Clubs on promoting, sharing, and reporting of our service activities. I am confident that with her perseverance and guidance, we will continue to be the top reporting District this year.

The Health Team activities Team (Lions Harry Lote, Penny Tregillus, Harvinder Virdee, Ashwin Vora and CB Patel) led by Manji Kara is also part of our services portfolio.

Thank you to the members of both the Teams for promoting each of the areas and sharing the activities of the Clubs via the combined quarterly newsletter.

The Communications and the New Voices Team (Lions Soniya Singh, Baljinder Jheeta, Trish Newton, Sukhdeep Loyal, Sanjay Mehta and Satnam Loyal) led by Lion Rita Tanda have taken on the seeking and sharing of service stories from Clubs across our District in the Pride of Lions. The team members are avid social media users and keen to promote Lionism through different platforms and we now have a District YouTube channel. By marketing our Lionistic activities you have ensured that “we are not the best kept secret”. Lion Satnam is also our IT guru and I thank him for doing all work on our on-line bookings and reporting systems and providing support whenever required.

Membership is and has been a hot topic for several years. The Global membership Team have had specific responsibilities and have worked hard to increase our membership. I am happy to report that with a lot of groundwork carried out by the GMT Lead, Lion Rajnikant Sheth, we will have chartered a new Lions Club of London Platinum Jubilee in our District. In addition, the efforts of Redbridge Centennial Lions Club members will establish a Club branch shortly. Clubs have been active in bringing in new members, but we have to have a retention issue and despite all the endeavours by PDG Lion Kamal Sharma we have lost members. The Team which also includes Lion Mick Claxton and PCC Lion Viresh Paul) will need all our support to ensure that we keep our members engaged and strengthen our membership. A collaborative effort is required to move this agenda forward.

This year saw the launch of a new LCI initiative for membership, the Global Membership Approach. As the Global Leadership Lead, PCC Lion Viresh Paul ran workshops to introduce the process to the Past District Governors and members of the Cabinet. This was incorporated into the Zone Chairs training so they could play their part in this programme. A full schedule of webinars on a variety of topics are delivered every month. Lion Viresh also organised an on-line “Health and Wellbeing” summit with presentations and input from health practitioners. Open to Lion members, families, and friends, this was an opportunity to raise awareness and promote our brand. My thanks go to PCC Lion Viresh for all his time and commitment.

Every first Saturday of the month, the Zone Chairs (Lions Nilesh Palan, Amrik Notta, Gemma Driscoll, Salil Patankar, Mayur Mehta, Praful Pattni, Daksha Patel, Mick Claxton, Keith Collard, Rabi Chowdhury and Rita Kimberger) meet for a briefing and exchange of ideas. By the time of the Convention, Zone Chairs will have visited clubs, held three meetings and the District Quiz. Thank you to all the Zone Chairs for being there to support the Clubs and be the vital link between the District and the Clubs.

Our Youth programmes have continued to flourish under the supervision of PDG Lion Doreen Allen. In November, the Peace poster and the Peace essay were judged. Both these have won the MD stage and are now proceeding to the International finals. Congratulations goes to the Lions Club of Hatch End Centennial for sponsoring the winning Peace poster designed by Harini Utthayakumar from Graveney School and to the Lions Club of Milton Keynes Stony Stratford for sponsoring the Peace essay written by Dayzie Simpson from St Bartholomew's School. Lion Lara Stroebel is to be commended for the organisation of these competitions.

This was the second year of the ROAR programme in our District. Despite the challenges of getting into schools, we had five entries. Harrow and Pinner Lions Club sponsored the winning entry from the pupils of Camrose Primary School introducing a world-changing idea ‘Friendbot’ a robot with a

difference, to be a friend, tell you a joke and make you happy. CC Lion Alastair Joel and 1st VDG Lion Lesley Spence promoted this youth project and addressed all present at the National finals in December.

The Young Ambassador took place in January's Cabinet meeting, and I look forward to the presentations and our finalist representing us at the MD finals in Dudley in February. PDG Lion Doreen promoted and organised this competition.

Our Leos are a small group but the activities they carry out are amazing. The Leos officer Lion Jatinder Kaur is in the process of forming a new Omega Leos Club and is actively involved in bringing in new blood into our organisation.

Lion Chanel Vigille as the young persons' representative works with our Leos and will be supporting Lion Jatinder with the new Omega Lions Club. After a break of the Youth exchange programme, I am delighted that our District will be hosting the Youth camp in August 2023. Lions Raza and Yasmin Ismail have put in a lot of effort into the planning and the logistics for the week. The youngsters will be staying at a school in Mill Hill and Clubs in our District will be sponsoring the activities during their stay. Thank you to all the Zones and Clubs for their contributions towards this unique opportunity to "To Create and foster a spirit of understanding among the peoples of the world".

Thank you to all the Youth Team for their commitment to ensure that our potential future Lions are introduced to our organisation and recognised for the part they play in our communities. As part of the Cabinet, we have knowledgeable Lions who can guide our members on matters such as ICO/CIO (PDG Lion John Savell and Lion Harvinder Virdee), Health and Safety and Insurance (Lion Brian Dickerty), DBS (Lion Farokh Daruwalla), Constitution, Nominations and Resolutions (PDG Lion Elliot Shubert) and Credentials and Elections (Lion Paul Chakravarti). They are there for all of us and I thank them for ensuring our Clubs stay complaint and are advised on key matters.

PDG Lion Andrew Allen continues to do a great job as the archivist for our District and ensuring that we keep in touch with our Lions family acknowledging happiness and sorrow. This year, he has also sent out congratulatory cards to the President's of Clubs for inducting new members and welcoming our New Lions to the District.

At the beginning of the year, PDG Lion Vijay Arora was selected by the PDGs as the chair of the Honorary Committee, and I thank her and the PDGs for deliberating on the questions posed and offering their experience and knowledge to support the Zone Chairs.

Being a Lion is also about having fun and to this end I would like to thank PDG Lion Erach Amaria for the compilation of the Zone and District Quizzes and ensuring that the District competition trophies are ready for Convention.

The hub of our District is the Administration Team. I am eternally grateful to our District Secretary PDG Lion Parveen Verma who is always there for advice and guidance. With Lion Chris Bryant working in the background, they form a formidable team in ensuring that all the communication is sent to the appropriate people in a timely manner. Our District Treasurer Lion Kunal Vyas handles the District finances and uses his skills to ensure that we are financially healthy. PDG Lion Vanmali Mistry is always there for any advice needed. My SAA Lion George Matthew uses his natural humour to keep the Cabinet in line and will no doubt shine in our Convention. With the skills of accessing data from the LCI database and presenting it in an understandable format, Lion Steve Foott keeps us updated with the key information on membership and service every month. Our minutes Secretary CC Lion Alastair Joel, despite his heavy commitment as our Council Chair ensures that the minutes are produced on time for dissemination. A big thank you to all the Administration Team for their invaluable support in running the District. Lion Varinder Chott has been the custodian of some of the District Regalia for which he is thanked.

We are advised about the International matters by PID Lion Geoff Leeder and PCA4D GAT Leader, PDG Lion Surinder (Max) Mongia. Thank you to both for keeping us updated on the developments in our International Organisation and the forth coming International events.

My thanks go to all the Clubs for donating to LCIF our own foundation and to PDG Lion Vijay Arora for keeping us abreast and promoting the work of LCIF to our members. Vijay is planning to organise the annual the LCIF sponsored walk and a MJF gala evening in the months of April or May, so please look out for these important dates.

Our District holds two annual Service events. After a break of two years these events are back on the calendar. The District Youth Party with the support of our Clubs was organised at the end of November by PDG Lion Vijay Arora and a planning committee. The party was a huge success, with nearly 600 children welcomed and entertained for the afternoon.

Our 21st Senior Citizens party will be the weekend just before our Convention and I am sure that this will also be great testament to the organising committee led by PDG Lion Parveen Verma. The afternoon will be full of smiles from our party guests who will be coming to enjoy the fun filled event.

We have another six months left and Teamwork will be the key to achieve and accomplish more. I would like to thank the 1st VDG Lion Lesley Spence, and the 2nd VDG Lion Kadambari Shah for their support.

I am extremely grateful to all the Cabinet members for having the passion to work together to make a difference in our District.

And finally, I would thank my husband Lion Paramjit for accompanying and chauffeuring

me to all the visits, weekend Council Meetings and events and being my sounding board. My family have been with me throughout this Lionistic journey, and I am eternally thankful to them for being there for my highs and lows.

Last but not least, I would like to thank you the A Team for giving me the honour of being the District Governor for our fantastic District. Pammy and I look forward to welcoming you to the District Convention in Stevenage, Hertfordshire.

Lesley Spence

1st Vice District Governor

This year is speeding by, as others who have previously held this position warned me that it would, and it is hard to believe that I am already writing my second report as part of the District Governors Team. I am proud and honoured to be part of the Leadership of 105A. It is an absolute pleasure to be on the team and to work alongside two such dedicated Lions, District Governor Kavaljit and 2nd Vice District Governor Kadu.

As Vice District Governor, I have been given such a fantastic learning opportunity. I took part in the Advanced Lions Leadership course in Brussels and attended my first Lions International Convention in Montreal earlier in the year. It was, and is, such a thrill to talk to and work with Lions from Europe and worldwide. Nearer to home, I have been able to participate in and contribute to the online and face-face Council of Governors meetings. In addition, I am in regular contact with my fellow Vice Governors of the Multiple District and represent them on the MD Strategic Planning Committee. I have also continued my role on the Multiple District Committee for the Lions ROAR project for Primary Schools and, this year, opened and welcomed participants to the National Awards Day in December on behalf of the Lions. Each of these experiences allows me an even greater insight into the issues, challenges and successes of the day-to-day workings of our fantastic organisation.

I am continuing my more formal learning journey, attending our District Workshops and Zone Chair briefings and participating in the Multiple District training sessions for Vice District Governors and those at International Level. In addition, I am working through the different online modules in the eLearning course for VDGs and completing the pre-assignments as tasked by the International Leadership Team. I will attend a three-day intensive training course for Vice District Governors in St Charles in February and am the lead for my small team within the larger grouping.

As part of the District Governor Team, I have participated in the fundraising functions of different Lions Clubs and the Charter Anniversaries of Northwood, Luton, Tring, and Bletchley Milton Keynes Lions Clubs.

I have also had the privilege of representing the District Governor at club and Zone meetings. It is always a pleasure to listen to and learn from

members' ideas and hear about how clubs are serving their communities.

There is no doubt that we are in challenging times, but from what I have seen and heard, the Lions of 105A are determined to find new ways to both attract new members and serve their communities. I take this opportunity to thank all Zone Chairs, Club President's, and fellow Lions for the warm welcome extended to me and for your commitment to our District and your communities. You are truly amazing!

I look forward to the rest of the year when I will continue supporting District Governor Kav and the team that is 105A in taking our District forward with the "passion to make a difference."

I thank District Governor Kav and Lion Pammy for their support and friendship and take this opportunity to wish District Governor Kav a great convention.

Kadambari Shah **2nd Vice District Governor**

I was honoured to be elected as your 2nd Vice District Governor in March last year. The journey began at a brisk pace. I was welcomed by DG Kavaljit into the DG Team. We have fortnightly meetings which has increased my knowledge of how our District operates. I attend monthly Global Action Team meetings which has provided me with opportunities to be involved in various aspects of running our District.

Kaushik and I have visited many clubs as DG Kav's representative. We have also visited club meetings, socials, Charters, Zone meetings and other functions. I would like to thank all the clubs for the warm welcome we have received. I am constantly amazed by the amount of work that is being done by the clubs and have learnt about how every club serves their local community in their own way. I will continue with my visits to clubs and Zones during the remainder of this Lionistic year.

I attend the monthly Zone Chair meetings conducted by GLT to keep abreast of news within our District and have attended most of the GLT training sessions and seminars, which have been very informative.

At the beginning of the year, DG Kav tasked me to support clubs with their dues payments over the year on a monthly basis. This is with a view that no club should be in status quo for delayed payment. This has been achieved by using the RCAP report supplied by Lion Steve Foott and I am pleased to report that at the time of writing no active club is in arrears with their payment.

I have identified large areas in greater London where Lions have no footprint. This has been shared with the GAT team so that we can be serving these communities in the near future.

My training to be a DG is ongoing at District, Multiple District and LCI level. This will equip me for my duties as a 1st Vice District Governor next year and ultimately for my year as a DG.

I am proud to be part of a hard working DG Team led by DG Kav and look forward to working and supporting her and 1st VDG Lion Lesley for the remainder of this Lionistic year.

Wishing DG Kavaljit and Lion Pammy a successful convention.

Karanjeet Kaur Assan **I P District Governor**

How time flies! I can't believe it's been 6 months since I handed over the DG's collar to Kavaljit, followed by the formal District Handover at the end of July. It was nice to see all lions and guest in person. My thanks to SAA Alastair and George for organising the afternoon and ensuring it all went well, and of course those Lions and partners who attended to make the afternoon very special. Since taking my seat as Immediate Past District Governor, I have been busy with interacting with Lions members and keeping my health in check.

I'm pleased to say that my health is much better, which has been my priority for some time.

I continue to support the DGs team by attending the GAT meetings. I would like to thank all clubs for their warm welcome and hospitality that they continued to show.

My leadership role continues, identifying and nurturing future leaders both at Club and District level, supporting the Clubs, Zones and District Officers. I will support The A team to ensure we stay the best District and one that we can be proud of.

My warm and best wishes to 1st VDG Lion Lesley and her team 2023-2024.

Administration Team

Parveen Verma **District Secretary**

The last report I submitted was in the 2020 when zoom meetings were the only means of Cabinet Meetings due to the pandemic. We are now back to normality with physical Cabinet Meetings being the norm. This has resulted not only in preparing an Agenda but attendance at the four meetings and face to face discussions which is so different. I am pleased to have revamped the schedule of index to give it a fresh look after some 20 years as I did not see any changes since I last held this office. The dual role of liaising with the Cabinet Officers and the District Governor continues and varies every year.

District Governor Lion Kav and I have been in constant contact throughout the year. The administration of the District has been functioning most smoothly. In this regard I thank the assistance and co-operation of the District Officers. The messages received from the Specialist Officers to the clubs have promptly reached all Lion members. We have attempted to communicate directly with each and every Lion in the District rather than just the club officers.

I have always endeavoured and achieved the

target of producing the Convention Booklet by the end of January so that clubs can discuss the reports and resolutions in their February meeting and thereafter their delegates could attend the Convention fully armed with any enquiries to be raised with the District Officers. I am hoping that this target will also be achieved this year.

My other role as the Chairman of the 21st Annual Citizens Celebration committee continues in addition to my offices of Club and Zone Secretary together with the chair of the 13th Chipping Barnet and Mill Hill Charity Golf challenge; all these would not be possible or successful without the splendid dedicated committed fellow Lions who serve with me. Thanks fellow Lions.

I sincerely believe we need to locate another Lion for this office of District Secretary as I have served in this role over the last 25 years plus in the secretariat.

Finally, my thanks to Chairman of Council Lion Alastair Joel whose almost instant production of accurate Minutes almost immediately after the Cabinet meetings is to be envied. Thanks Alastair. My thanks also to Lion Chris Bryant who has finally got an official title of District Secretary Administration Officer.

Chris Bryant **District Secretary Administration Officer**

My thanks go to DG Kav for the opportunity of being on her cabinet. Apart from the day to day activity of maintaining the District email system, and sending out the District communications, the main area of activity is now supporting the IT side of the March 2023 District Convention. This has been to support the District Convention team with the planned layout for the convention, to agree the IT needs and to provide the necessary support over the convention weekend with both sound and graphics.

Kunal Vyas **District Treasurer**

DG Kavaljit, Dignitaries, and my family of lions

This is my third report to the district 105A Convention. This year saw some sort of normalcy returning with most clubs meeting face to face and zone events & activities conducted face to face. The district is on a steady course of membership for a few years, and this reflects on various aspects of budget and incoming for the district.

I must commend the new set of Club Officers particularly the Club Treasurers, who have made their best efforts to settle the Dues promptly as well as sending me their Clubs Financial Statements as soon as these were ready and available. Also, whilst most clubs settled their dues promptly, there were a few persistent late payers who had to be chased up. Non-payment of LCI dues leads to financial suspension of the clubs and restricts their service activities, until resolved.

I must urge all the clubs to set up online payment systems with their banks and bring the change in their payment system, which is much needed now & moving forward.

I resolved most of the queries from treasurers, there are two lots of half yearly dues payable each year; payment of Invoices from the District for District & Multiple District Dues, Club Insurance and Youth Funds, for which I sent out Dues Invoices on half yearly basis and settlement of monthly continuous statements from Lions Clubs International Oakbrook in US Dollars, converted in sterling at their conversion rate, for payment in sterling, made to LCI District 105A.

I believe many of the questions posed by the Club Treasurers, could be resolved by attending the Treasurers Sessions at the Incoming Officers online Seminar, which is geared to deal with such matters. I sincerely hope that when they next receive notification of such Seminars, that they will make the effort to attend and participate.

Enquiries from the clubs, particularly regarding the International Dues and amounts due to Lions Clubs International, based on numbers reported to them, were satisfactorily resolved; attendance at the Incoming Officers seminar would have given a better understanding on the working of Lions Clubs International, and highlight the need for correct numbers to be reported on MyLci regularly each month.

The Financial Statements for the year to 30th June 2022 and the Budget Proposals for the year 2023/2024 are included in the Convention papers for your consideration and adoption. These were duly approved at the 9 October 2022, District 105A's Cabinet Meeting.

Administration Account

The Financial Statements shows surplus on Admin Account of £102.02 (2021: 2036.85) Surplus on 105A

News Fund £3207 (2021: £2105.75) & Surplus on Convention fund for £210.87 (2021: 5356.70).

The main areas of saving were in under-utilized budgets for Admin Fund, District 105A News and Convention Fund. Our Membership numbers on paid basis worked out at 1154, 96 members less than budgeted. The Balance Sheet reflects a very healthy financial situation with Bank balances supporting various Funds as reflected thereon totaling £55,158.88 (2021: £48,061.23).

Lion Kunal Vyas

Charity Accounts

The Charity Account Statements detail collections of £85,875.27 (2021: £92,057.56) and Investment Income of £13.56 (2021: £34.09). The Charity Funds at the year-end amounted to £102,391.85 (2021: £103,748.68).

Most of the Collections balances at year-end have been disbursed, as advised, after 30th June 2022 leaving funds for ongoing projects/appeals, which will be utilized /disbursed in due course.

Budget Proposals -2023/24

Based on the current circumstances and in consultation with the incoming VDG, I set out the 2023/2024 budget for you all. The Budget encompasses the challenges & uncertainty, especially the high costs we all face. You will note that "the previous year we utilized the unused convention funds from year 2020 (due to covid and no convention held) to be refunded to all members as a one-off reduction in their district dues and returning to normal dues per member the following year". Thus, this budget reflects the return to normalcy, and I have strived to maintain the same level we were on a normal year.

The Budget for 2023/24 is based on 1200 members, which I am hopeful the district will be able to maintain and perhaps increase through formation of New Clubs & members. The allocation between various funds will remain unchanged.

I will strive to maintain the District Dues at reasonable levels for future years as much as possible, but due to increased costs it may be difficult, and dues may need to be increased to reflect reality.

The Budget Dues is made up as follows:

	BUDGET 2023/2024	BUDGET 2022/2023	ACTUAL 2021/2022	BUDGET 2021/2022
	£	£	£	£
Split up as follows:				
Administration Fund	5.12	5.64	4.65	4.74
105A News Fund	1.00	1.25	0.22	3.00
Convention Fund	5.96	0.35	4.08	4.26
District Dues - 2023/2024	12.08	7.24	8.95	12.00

I sincerely hope that you will support the Dues Resolution which is intended to provide incentive for recruiting new members, and thereby the cost of Lionism, which will assist in attracting new membership and encourage any past members no longer associated with lionism to re-join.

Thank you.

George Matthew Sergeant at Arms

On the 15 January 2023, my third Cabinet meeting will be held at Cloisters, where has the time gone. Under my mentorship of Council Chair Alastair Joel, I conducted myself to the best of my ability.

With the help and assistance of our IT officer Satnam Loyal, Cabinet meetings were organized and sent out to officers for booking on line.

In collating attendance and apologies, I would advise the DG Kav of how attendance is going for the meeting.

To date attendance for Cabinet has been very favourable and I would like to thank officers, partners and visitors for their involvement.

My apprehension of taking on the position as SAA, can I live up to the standard of the office I have witness of past officers in the role, I thought not. But it goes to show with the help of fellow Lions we can give a hand up to each other.

I still feel very green in the post, and I thank DG Kav for seeing something in me to request of me to join her cabinet.

Convention 2023 is up and coming fast as we all know 3,4 and 5 March. This will be my most challenging and testing time, of this office to be front stage of our Annual meeting.

I look forward to seeing the family of Lions and welcoming them to Convention of which the Convention Committee is organizing a great event.

Steve Foott

District Administrator

Taking a snapshot view of MyLion and MyLCI on the morning of 1st January 2023

District 105A has: 61 Clubs with 1,175 Members

Amersham and Chesham has now closed

Who, since the 1st July 2022, have:

Donated \$191,691 from their funds

Raised \$238,970 in funds

Through 51,348 Volunteer hours

Serving 274029 people

These figures are incomplete as

- 24 Clubs have not reported making any donations
- 26 Clubs have not reported holding any fundraisers
- 22 Clubs have not reported any Service Projects

Perhaps these statistics of service, donations and fundraising would have been even more impressive had these Clubs got to grips with the reporting technique of the new MyLion system.

Advisory Team

Elliot Shubert

Constitutional, Nominations & Resolutions Officer

It has been a busy year for the CNRO. I notified the Lions of District 105A that nominations were open for DG, First VDG and Second VDG. I received these nominations before the deadline.

I have included a Resolution for the Subs for 2023-2024 to be presented at the District Convention on 4 March 2023. I did not receive any Resolutions from the Clubs. I have collaborated with Paul Chakravarti regarding the ballots for the DG/VDG elections at Convention. I also collaborated with Viresh Paul to conduct a Zoom meeting so that the candidates for Second VDG could present their views and answer questions.

I am incorporating elements of the Standard LCI District Constitution not covered in our current Constitution into our present Constitution. Once completed, I will post it on the District 105A website. I appreciate the assistance of PDG Parveen Verma, Steve Foott, PDG John Savell, PDG Mike Baldwin and Trevor Kell (MD CNRO) for their input and support regarding the District Constitution.

Peter Codrai

Convention Officer

It is my very great pleasure to welcome you all to the Holiday Inn Hotel Stevenage for our 2023 District Convention.

This is the first time we have used this hotel and I do hope you enjoy this venue.

Some of our special guests at Convention will

be International Director Teresa Dineen and our very own Past International Director Lion Geoff Leeder with Lion May Leeder.

Also we will have some exiting celebrity guests and speakers.

I would like to extend a very warm Lionistic welcome to them all and hope they enjoy their time with us.

The planning and running of this Convention has been a team effort with many meetings and careful planning by my committee to make this an enjoyable weekend.

I would like to take this opportunity to thank them all for their fantastic hard work in delivering this Convention.

The emphasis of Convention is to share your views and ideas with others, so let's enjoy ourselves in true Lionistic fashion.

Praful Chakravarti

Credentials & Elections Officer

I would like to thank DG Kavaljit for retaining me as her Credentials Officer and am pleased to serve her and the District. I would also like to thank all the Zone Chairs who have once again assisted me in securing the return of the delegate forms from the clubs in their Zone. Voting at Convention is an important agenda item because it shapes the policies and procedures of our District to follow and of course determines who the next leaders of the district will be. It is therefore vital that as many members get the chance to vote as possible. Wishing our DG and all the members a very enjoyable and successful Convention.

Brian Dickety

Health & Safety / Insurance Officer

The Health and Safety Policy and Arrangements for the Multiple District 105 (British Isles) 2022/23 was signed off on 01/07/2022 by the Chairman of Council of Governors.

This Policy and the Arrangements must be adopted across all activities carried out within District 105A.

As a result the above documents can be found on the District 105 A Web site for easy access.. It was agreed that the District (105A) would adopt this Policy and the Arrangement and as a result would not in this current Lions Year, produce its own Safety Policy and Arrangements.

This was discussed and agreed at the first Cabinet of the year. As the District Governor has the responsibility to both monitor and maintain the relevant necessary safety provisions across the District, it was agreed to implement a Health and Safety Compliance Register for all Clubs, signed off by the Club President having completed the short questionnaire associated with the compliance required. The completed Compliance Register to be returned to the Health Safety and Insurance Officer.

All Club President's were sent this Compliance Document by the District Secretary, earlier

in the year. Please remember this document forms part of the District's Safety Management System which enables the Governor to sample the safety standards across the District.

The current rate of return for the above document from the Clubs has been spasmodic with less than 25% of Clubs falling short.

The Compliance Documents in its self asks for nothing more than the standard good health and safety practice which all Clubs should be adopting when carrying out their Fund raising or Service activities.

If by any chance you have mislaid or the document has passed you by then please contact me and I will forward you a new form by e mail.

PDG Lion John Savell

CIO Mentor and Data Compliance Officer

As both the District Data Compliance Officer and the CIO Mentor, my report reflects the position for each role.

Charitable Incorporation Organisation

At the time of authoring this report we have over 32 clubs registered as a CIO out of 62 clubs. Whilst a number of clubs do not have the income required to register although I would always advise doing so to take benefit of the gift aid available. We do have further clubs who are now in the process of submitting documents or are under discussion to register their clubs, with the opening up of club activities this is more essential going forward. As before Harvinder and I are available to assist clubs in the process and to support as required. I would urge every club to take action to register as soon as they can. Something which has been raised is succession planning whilst all clubs should be looking to the future as a CIO this even more important since there are legal requirements and Harvinder and I are happy to discuss these needs. In my last report to cabinet, I did point out that should a club wish to close and are a CIO it is not as simple as before.

Only the DG can withdraw a charter, but the club can close the CIO however this would then bring conflict, please should this be an issue talk to the District Officers concerned before going down that road. I reiterate the point that a club who has a charitable trust will need to take action to close the trust after the creation of the CIO something that Club Officers and Trustees should be aware of. I want to continue the same level of training for club officers and Cabinet Officers particularly for Zone Chairmen who should the first port of call for this sort of knowledge.

Information Commissioner Office

Again, at the time of writing most clubs have registered which is an achievement and I understand one of the best in the MD. As has been pointed out to clubs it is a legal requirement to register with the ICO and the size or status of the club has no bearing on the need to do so.

Most of the rest of this report repeats the same points as I raised last year but I make no

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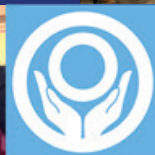
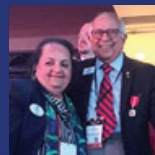
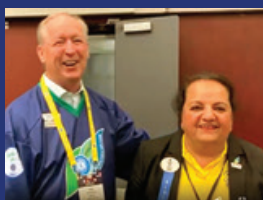
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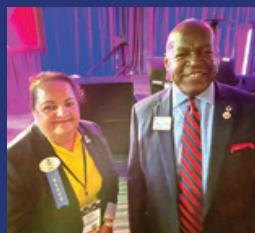
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Best Wishes to DG Kavaljit Dev

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apology for repeating the information:

“As the Data Compliance officer, the remit extends beyond the registration with the ICO, it also includes the introduction of Privacy Notices email statements control and management of data. Data includes that held in a non-electronic form. There are a number of documents which have been produced by the MD which enables club to comply with their statutory obligations and Harvinder and I are able to supply to any club.

This an area of club management which has for years been overlooked but must now come to the fore and we would recommend that all clubs appoint a Compliance Officer for those pieces of legislation that can have a profound effect on the well being of a club. Apart from Membership details, a club will hold other pieces of information covered by Data Protection e.g., DBS information, Health and Safety Data or suppliers' details, donors and the club is required to have policies which cover this information.”

I want to continue the same level of training for club officers and Cabinet Officers particularly for Zone Chairmen who should the first port of call for this sort of knowledge.

Harvinder Virdee CIO/ICO

I am grateful to the DG Kavaljit Dev for entrusting me to continue as the CIO/ICO officer, Brain Tumour Research Officer, to assist London Park Royal LC and Heston Lion Club as a guiding Lion. I am thoroughly enjoying all my roles.

ICO

I have provided detailed information to clubs regarding the registration process. Majority of clubs now appears to have registered for ICO.

CIO

I placed all updated documents for the registration of CIO are on District 105A website. A letter detailing the way to download the guidance forms and blank forms for the completion of the registration process with Charity Commission is sent to clubs that request new registration forms.

I have been invited and attended several clubs to talk about CIO and its registration process. Around six clubs are currently in the process of completing the registration forms but are very slow in completing, seeking help or assistance. I await their completed registration forms. PDG John Savell and I have offered to help non-registered clubs in any way necessary to ensure prompt registration. In general, the clubs are not prioritising the CIO registration.

Guiding Lion duties

London Park Royal LC is doing well but unfortunately, they have lost several members during the year. They have donated large sums of money to Charities since its formation and are continuing to do so via raising funds through Fundraising events and member

efforts. Complements to LP Manju Parmar for her efforts and leadership. Heston Lions Club is a very successful club and continues to gain members two of which were inducted by DG at their fundraiser in December 2022. Members of Heston LC do a lot of service for the community and fundraising. They have several unique service projects running. Members need to be complemented for their food for the hungry projects. Complements to LP, Jatinder Kaur

Vijay Arora

Honorary Committee Chairman

Firstly, I would like to thank Prof PDG Elliot Shubert for his dedicated service as our chairman for the past four years. Thank you to all my fellow Past District Governors for giving me this opportunity to serve as chair of the Honorary Committee during 2022-23.

The Honorary Committee is composed of all PDGs in District 105A

Our primary responsibility is to undertake discussions and decisions based on requests from the current District Governor. We also provide suggestions based on our observations of current situations, through our understanding and experience. We as a committee will continue to support our DG as and when needed in the interest of our members and district.

The HC met on Sunday 11th Sept at Travellers Rest, Harrow, to discuss several items referred to the Honorary Committee by DG Kavaljit and a report was sent to her for consideration and appropriate action.

We as a committee are always ready to help our fellow lions as and when required. All our committee members will only be too pleased to support lions, clubs and zones so please feel free to contact anyone of us for any help or information. There is a vast wealth of knowledge and experience among members of HC so please make use of it when needed!

Honorary Committee: PDGs Karanjeet Assan, Alastair Joel, Kamal Sharma, Doreen Allen, Abhnash Bains, Brinder Nandra, Meena Gupta, Ramesh Parmar, Sarbjit Assi, John Savell, Andrew Allen, Martin Morgan, Wesley de Mendonca, Vijay Arora, Surinder Malhotra, Ken Rouse, Eric Amaria, Max Mongia, Elliot Shubert, Mike Baldwin, Ram Jaggi, Parveen Verma, Rati Shah, Briam Yeoman, Viresh Paul, Tony Bilsdon, Geoff Leeder, Vanmali Mistry, Surjit Bhalla. My sincere thanks to all my fellow HC members for their time and support.

Members Team

Penny Tregillus

Service Lead

Clubs are carrying out service and fundraising activities to help their local community as well as national and worldwide causes. It is important to share this news with others and show the impact Lions are having on their local community and the wider world.

The way to do this is to report on MyLion. The majority of the Clubs are doing this. At the end of December 2022 83% of the Clubs were reporting showing that 1,927 service activities have been carried out and 259,552 people served.

But just imagine if every Club reported their activities the true picture about what Lions are doing to help others could be seen. I am able to help those having problems with the reporting process so please contact me. My contact details are at the bottom of this report.

As the Global Service Team Co-ordinator I work with the District Leadership and Membership Coordinators to promote Lionism in this District. Using Zoom, monthly webinars have been held to discuss leadership, membership and service matters.

At the Health and Well Being webinar, held via Zoom, qualified health professional talked about heart disease, breast and prostate cancer, mental health, dementia, diabetes and the menopause.

In the quarterly produced Health and Service Newsletter officers in the Health and Service Teams are writing about what Clubs are doing regarding the 5 Global Causes as well as projects specific to this District.

More information about what Clubs are doing can also be found in the Pride of Lions, on the District Facebook page and other social media sites.

Fairlop Leos Club (Robert Clack) has reached the Multiple District final of the Kindness Matters Award. They will be up against Bexhill Lions Club from 105SE. The Multiple District winner will be announced at MD Convention in May.

For a couple of years, due to Covid, Club and District activities did not happen. I am really pleased to see the District Youth Party and Senior Citizens Celebration have taken place this Lionistic year. Also that members are holding face to face meetings again and Clubs are out in the community helping others and fundraising.

Thank you to all Lions in this District for what you are doing to help others but please share this news with others.

I am always available if you have any questions or need any help.

My phone number is 01525 379973 or email me on tregillus@hotmail.com

Viresh Paul

Leadership Lead

Leadership training has been carried out this year with a multi-faceted approach. In recognition of the dire need to elevate members' interest in Lionism and to train our future leaders, the following activities have been carried out so far.

Grassroots Lions: I have arranged a monthly webinar on the first Saturday of each month.

This was conducted on Zoom with topics ranging from “How to Motivate Members to Serve” to “How to Attract New Members to Clubs” and “Succession Planning”. We also have had sessions on the use of Social Media and how clubs can post valuable information on MyLCI and MyLion.

Future leaders: we have provided not just the candidates for the role of the 2nd Vice District Governor but also the elected Vice District Governors who will one day become District Governors the opportunity to sit around the table and discuss and find out exactly what the role is and what is expected of them as Leaders of the district.

Zone Chairs: I have supported the current group of zone chairs by running a briefing meeting at 8:30 am every first Saturday of the month. At these meetings we reinforce the role of the zone chairs and provide guidance and support in organising and chairing zone meetings and dealing with issues that clubs in the district face

New Members: an online session welcomed new Lions and provided orientation on what Lionism stands for and the impact all Lions can make not just in their local communities but worldwide as part of the largest service clubs organisation. I am happy to attend any club that feels their members – not just clubs with new Lions Cabinet Report members – could do with a face-to-face orientation session.

Guiding Lions: We have relaunched a programme offering training to members who wish to become Guiding Lions. Members completing the course will become certified to act as Guiding Lions to new clubs and even clubs that need support. The Guiding Lion course is a self-study course that will culminate in a face-to-face classroom-style session resulting in certification for three years and is open to all Lions aspiring to Leadership roles.

An innovation: to reach out to friends and families of Lions we ran a very successful Health and Well-being Summit which at one stage had over 125 attendees. A large proportion of these were non-Lions who were introduced to what the Lions of this district were able to offer the community. The feedback from members of the public was very positive with a number expressing the wish to support or join local clubs.

The above is a summary of the events that have taken place over the first six months of the year and which will continue for the remainder of the year.

Rajnikant Sheth

Membership Lead

I would like to thank the DG Kavaljit for entrusting me with the important role of GMT Lead. I have worked closely with my fellow team members and members of the GAT to assist the DG achieve her goals and take this District forward to new heights.

The Membership Team consists of

responsibilities with focus on New Clubs headed by PCC Viresh Paul, Focus on New Members headed by Lion Mick Claxton, Focus on Motivation & Retention and Focus on Club Re-building headed by PDG Kamal Sharma.

In order to achieve a meaningful membership growth in the District I have strived hard to form a new club. With cooperation of my friends, colleagues, acquaintances, and relations I was able to call an informational meeting on 10th October 2022 to float the idea of a new club and to persuade them to join Lions and help those less fortunate than themselves. This was attended, amongst others, by my team members and DG Kavaljit. At that time around 40 people showed interest of joining us and forming a new club. The new club was to be known as London Platinum Jubilee Lions Club to mark the Platinum Jubilee year.

The London Platinum Jubilee Lions Club has now been formed with 36 initial members and more are expected to join upon their return from overseas to make over 40 members. This will equate to two new clubs.

The membership of this club is unique in that all members are new to the Lions organisation, and none have migrated from any of the existing clubs hence their joining makes a net growth of membership to the District. A majority of them are family members with both spouses joining and it is likely that lady members will be in a majority. The club is based in Edgware and meets second Monday of the month.

I'm also the District's interface with Multiple District membership team and attend meetings organised by MD GMT Lead, Alan Halls. Alan produces monthly membership statistics for the MD and the December membership figures are not encouraging with everyone of the eight Districts showing negative growth. With the London Platinum Jubilee Club, now formed, our District should show a net positive growth. Alan also sends membership leads received by him, which are directed by us to the appropriate clubs for possible recruitment by them.

More information on the work of the GMT team is given in the reports below.

Viresh Paul

Club Extension Coordinator

This is a new role introduced just a few months ago by Lions International and I am honoured to be asked to do this as I was already working on a club extension programme in our district.

I have focused on encouraging Zone Chairs to take the lead in forming new clubs with the support of Past District Governors who have been members for years.

We need new clubs. About that, I have no doubt and we need clubs of a different make-up to our present clubs established over so many years. In this category of potential new clubs, I would include community groups that already provide service to communities. An example of this is the new London Platinum Jubilee Club which has been officially approved and is an example

of a club that will meet from 11 am for lunch and will carry on community services.

I would encourage Lions to think about bringing in environmentally focused groups, groups of individuals involved in sporting activities and even professionals in, for example, the medical field as an example to bring new blood into the Lions organisation.

The role of starting a new club can be undertaken by anyone who knows a group of like-minded people who would like to get together and start a new club. Full assistance is available so please get in touch if you can help rejuvenate our district by bringing in a wider group of members.

Michael Claxton

New Members

Work is ongoing to rebuild Amersham and Chesham Lions Club which lost all of its Members at the end of 2022. Myself and two others have become trustees of the Club to enable it to retain CIO status and I have become a signatory of their bank account. The objective is to build up the club as a mixed sex one.

Ten each of two large A1 size posters have been printed for Clubs to use for PR purposes/ Membership Drives. Clubs have been made aware of the posters and they can be purchased for £13 for the two posters (plus p&p)

Presentation materials and guidance have been provided to all Zone Chairs to help them carry out Recruitment initiatives in their areas Links with Young Farmers will be resumed and I will restart liaising with David Haughton. There are plans in hand to run some joint projects with both the Young Farmers and Rural Youth Europe and discussions are currently taking place. The initial target counties are likely to be Bedfordshire and Hertfordshire.

I will be encouraging Clubs to distribute Membership flyers in areas where there have been new sizeable housing developments. I have already produced template flyers for some Clubs in the District.

I will be encouraging Clubs to form “Friends Of” groups of mixed ages to help at events and raise the public awareness of Lions.

We need to make more use of YouTube nationally to promote what we do.

Kamal Sharma

Motivation and Retention

This has been a challenging year for the district. When DG Kav took office the membership numbers stood at 1180 with a significant drop of 181 as recorded on the 7th of July 2022.

From the data reported on the 6th of December 2022. Membership has increased to 1210. With the continuing hard work of GMT and the immediate GLT team which reports to the DG. We are confident to surpass the 1250 threshold required to move out of transition by January 2023.

All Zones have been working hard to increase their numbers and where numbers have dropped. As the retention officer I have followed this up with phone calls and writing to each member separately to understand their reasons to leave.

It will be fair to say by taking this action. insofar, 14 out of 39 members who left since August . They have either returned to their clubs or have agreed to transfer to other clubs.

We are continually working with those clubs who are potentially looking to wind up. It is common knowledge Royston Club should have not remained open 20/22 after the membership had decided to close the club.

We have worked very closely with Amersham & Chesham to ensure those 24 members who resigned from the club, did so with transparency, integrity and the due process was followed accordingly.

Following discussions with the DG to ensure the club was kept open and with the consent of Amersham & Chesham club members and CIO trustees. Both me and Mick Claxton have been appointed as CIO trustees to take effect from the 1st of January 2023, with the view every effort will be made to re-build Amersham & Chesham club. It was also agreed in the interim, Kamal, Mick and John Savell will become associate members of the club,

The next six months is continue to strive building from this platform and ensure objectives set are achieved within realistic times.

Best Wishes & Good Luck to DG Kav and Pammy for the 2023 convention.

Rita Tanda

New Voices Coordinator

New Voices Co-ordinator/Communications and IT plus PR/Marketing

I would like to highlight that Communications & IT, PR/Marketing and New Voices are interconnected and it is practical to give a collective account in a single report.

A collaborative approach was taken to align the work undertaken by the New Voices, Communications and IT plus PR Marketing as our goal was to increase visibility of Lionism, the family practises diversity and inclusivity not only in its members but serving those in need. We felt it was crucial to work as part of a team and this was made possible by virtual and face to face social meetings. This process assisted to bring to the forefront how our skills and knowledge could be optimised to communicate to a wider audience about Lionism, assist in the recruitment of Lions and help with the retention of our current members.

This team's aims are focused on understanding how new recruits learnt about their Club and what attracted them to become a Lion. More importantly, what cause was close to their heart, how this could be translated into a service activity and what they could offer to their club.

It was also identified that long serving Lions should be given recognition as it is crucial for

us to understand what made them continue as members.

Team members were allocated zones to forge and develop relationships with clubs. This was successful as several clubs and zones invited them to their meetings. We will continue to highlight the publicise and promote new and long serving Lions through articles in Pride of Lion which is only possible via the support of clubs and Zone Chairs engaging with us.

Communication and IT plus PR and Marketing go hand in hand. Our achievement so far has been to have a refreshed District website, explored and extend use of social media platforms to increase our profile and showcase Lions endeavours to help those in need. In addition, we obtained competitive bids for the planned paper version of Pride of Lion editions plus the Convention Brochure to enable the established decision-making protocols.

It was agreed that prominence should be given to those clubs, who carry out activities without seeking recognition should be acknowledged for their achievements. This was achieved by reaching out to clubs and publishing their story in Pride of Lions. So, it was good to see new faces and their club get credit.

The team realises there is more to do to market the service and fund-raising activities carried out by clubs. Although stories have been shared with local media acts of kindness are not newsworthy. However, we will persevere, and several ideas are being considered about a District wide event to secure wider publicity.

A successful social media webinar was held in December 2022. The session explained the different social media platforms available e.g. Facebook, Instagram and YouTube and their purpose and target audience. The presenters gave practical guidance about the platforms and were approached afterwards by the participants for further advice. I am pleased to inform that we launched a YouTube channel that raises awareness of Lionism and District 105A.

As you will have noticed we have extended our internal marketing approach from producing flyers to using video and animation as evident through the promotion of the District Convention.

I would like to express my gratitude to the team for their enthusiasm, time, commitment and going the extra mile. Finally, I am obliged to DG Kavaljit for giving me the opportunity to be part of her Cabinet.

Andrew Allen

Members Welfare/Archivist

District Almoner

Until a year or so ago this Cabinet position has concentrated on the "Passing to Higher Service" But it has now been broadened to encompass good news Someone's 70 / 80 /90th birthdays or the 25 \ 30\40 \50 \60th Wedding Anniversary....BUT, the dates recorded on the LCI listing are woefully inaccurate so I need

to be told becoming a Parent, Grandparents, University Graduation, or such like a note will be then sent to acknowledge each event, except in Postal Strikes.

In reports, to Cabinet and Convention, It has been asked that this information be passed across, to Clubs to date some "Good News" is filtering through, but there is no doubt more which should be acknowledged. As for those "Passing to Higher Service" It is considered that the Club Secretary will be the contact point, but sadly this is not always the case could I please ask. Once known the information is passed, via email to the District Secretary copied to the Almonerwho in the first instance report the demise to all and in the second case the Almoner will gather the details?

Please, please spell the name as held by LCI and not the "as known by" i.e. nick name.

Once the date of the funeral arrangements is known, another email to the District Secretary and the Almoner every effort will be made for a Cabinet Officer to be in attendance.

District Archivist

We had a considerable amount of History of District105A, until a few years ago then all went "missing".

Many Clubs responded to the call "Who are your Parents" but those that did not I would be obliged if they could now, do so . The next request is for those memorable Club / District moments caught on Camera or DVD's could they be copied to me and I will collate them into a presentation for future use.

I now have a supply of old District Directories, going back 20 years. A question of all our yesterdays.

Farokh Daruwalla

Vulnerable Persons/DBS

Fellow Lions the Lionistic year continues from the previous years whereby more Lions are working hands on around the general public.

It seems we as Lions have taken up the challenges and are helping more members of our communities in different ways, food parcels, distributing foods in public, feeding the needy etc and this reenforces why we are all Lions members.

Fellow Lions, with all these activities taking place, I continue to encourage all members, who are DBS checked to encourage fellow club members to apply for their DBS. There are still many members who are not DBS checked.

Please note it is now strongly encouraged any new members are advised to be DDBS checked when representing and working on behalf of our Organisation.

All active members who volunteer their services at the club activities along with members who are working with the vulnerable representing Lions need a DBS check.

I continue to approach all clubs that do not have

any members DBS checked at all...Yes, I know. Still a few out there.

Fellow Lions, we work hard all year round and are most of the time around the vulnerable even without noticing it. We owe it to members of the public and the vulnerable people we serve to ensure all Lions have been DBS checked.

Parents and family members who drop off kids and youths to the youth party or the elderly we serve yearly at our senior citizen's party, drop them off assuming their child or partners and friends are surrounded by safe and secure members of our association.

We all should have a DBS, this shows me, as the District Representative for our Multiple District, we have happy safe Lions members working on behalf of our District and hopefully it will also keep away new or old members from even thinking of the unthinkable.

I hope that in my lifetime of being a Lion, I do not have to deal with the outcome of a report of a terrible situation taken place on our patch of District 105A.

Club President's please discuss your DBS requirements with your Clubs members and if you stumble on any question/answers or need any help and support with regards to the DBS process then please contact me.

A member of the DBS team will join you at a meeting when invited and help you start off the process.

Talking to members at meetings and quizzes... I get asked "if I am a professionals...Teacher, solicitors, Health Carer, lawyer, Mini bus drivers....Do I need a DBS check for the Lions?"

The Answer is yes to all as other DBS applications from employers are not recognise by our Lions Organisation.

Fellow Lions new applications are now processed quickly and if you register online within 14 days of receiving your certificate this will keep your certificate valid as long as your personal circumstances don't change.

Zone chairs/Lion Presidents and fellow Lions members feel free to contact me with any of your Lions DBS enquires throughout the Lionistic year. I am here to help.

Finally, many thanks to all Club Presidents/ Secretaries, Zone chairs and club DBS Officers along with the District DBS team who have helped me throughout this Lionistic year to promote /complete the DBS process for our District.

Look forward to talking to some of you soon and seeing you.

Erach Amaria **Competitions**

These are the competitions being held in the District this year

District Quiz

Club Website Competition

Club Facebook page

Club of the Year

Young Ambassador of the 21st Century & Young Ambassador Sponsor Club

Roar Competition

Diabetes Awareness

Environment Trophy

Cancer Awareness

L.C.I.F. Competition

Travelling Lion

Peace Poster Competition & Peace Poster winner Sponsor Club

Peace Essay Competition & Peace Essay winner Sponsor Club

Hunger

This has given all the Clubs a great opportunity to participate in a variety of competitions in our youth, service, and marketing activities.

The winners of the Peace Poster and the Peace Essay competitions have already been selected. I am delighted to report that our Peace Poster and the Peace Essay winners have also won the Multiple District Stage and have been submitted at the International level. The District Quiz final will also be completed on 22nd January.

By the time of the Convention, with the support of the Zone Chairs and the District Officers, I will have received all the trophies and the names of the winners of the all the competitions, and I look forward to greeting the winners at Convention.

Finally, I would like to thank all the Zone Chairpersons and District officers for their kind co-operation and other Lion members who have helped me throughout the year.

I would like to thank District Governor Lion Kavaljit Dev for giving me the opportunity to serve in her year and trusting me to hold this post. I proudly can say that DG Lion Kavaljit and her husband Lion Paramjit have truly given us the best of the year with full of pleasure and served us with a lovely smile always –

Thank you.

It certainly has been a pleasure to be part of Cabinet this year and meeting various members across the District.

Finally, I wish everyone the best for the year and hope to see you all at Convention.

DG's Advisory Committee

Nilesh Palan

Zone A Chairman

Zone A Clubs

Membership at July 01-22 (Begin)) 121

Membership at Dec-31-22(End) 121

Net Movement (NM) 0

London Central Host Membership

B 34 E 33 NM -1

Club's prestigious meeting venue (Holiday Inn Kensington Forum) closed for redevelopment last year and it took some time to secure a suitable venue at The Mandeville Hotel near Bond Street. As a dining Club, a suitable Venue is important to enhance member satisfaction. Since then the Club is making progress in attracting new members. It has 2 prospective members who are scheduled to be inducted at the February meeting.

Service Activities

Charity Walk: "Just Walk for your local charity" was successfully held on Sunday 31st July at Alexandra Gardens in Windsor. A total of 147 people walked to raise money for their respective charity. The Club collected £7,633 of which £5,000 was donated to LCIF. The Club has already set a provisional of date of 17th September for next year and is hoping to increase the number of walkers to around 400. By allowing other Charities to use Lions' platform, this event has the potential to promote Lionism to likeminded public members-potential Lion members!

London Chinatown B15 E15 NM 0

The Club has been disproportionately impacted by Covid as it has a high proportion of members who are vulnerable and remain at, "at risk". They have not managed to hold a proper Club meeting during the year but has still managed to retain its membership of 15. LP Vincent and LS Andrew are to be commended for holding the Club together while working towards its revival.

London Covent Garden B17 E18 NM +1

This is a vibrant club lead by LP Viny who has set ambitious goals on increasing membership through working on current members' contacts. There are 2 potential members waiting to be inducted.

Service Activities

25th Charter Anniversary was held at the House of Lords in July-22 and attended by over 50 guests and all the Club members. £3000 was raised at this event. The Club is renowned for its commitment to local elderly citizens who are frequently entertained with luncheon events. It also arranges health awareness events for them.

London St Johns Wood B28 E28 NM 0

This is new Club but has well established itself as evidenced by their range of activities.

Service Activities They collected 36,000 pairs of used spectacles which have been distributed to the needy in Africa. The Club has also been active in promoting, Environment, Childhood Cancer support and Prostate Cancer awareness: Funds raised US\$5,432, Funds Donated US\$6,566, Volunteer Hours 443 and People served 995. The Club has been diligent in recording its service activities on MyLion - for a new Club with many new young Lions this is commendable.

London Westminster B12 E12 NM 0

Service Activities These included collection of

used hearing aids, used spectacles and Diabetes Awareness. A new Member was inducted in November 2022. We raised £600 to support a tree planting project in Palestine, which is being organised and coordinated by the Ramallah Lions Club.

The Palace of Westminster B15 E15 NM
Club being re-established.

Amrik Notta Zone B Chairman

Barking Lions Club (18 members), Seven Kings Lions Club (8+2), Wanstead & Woodford Lions Club (15+5), Fairlop Lions Club (21+2), Redbridge Centennial Lions Club (26), Waltham Forest Lions Club (9)

Membership

Total zone membership at the beginning of the year: 96

Membership at the end of December 2022: 105

There has been a net gain of members in the first six months with an increase of members at three clubs. This has primarily been through personal networking by members with an invitation to prospective members to attend events / meetings, seeing and learning about the various activities being undertaken. The aim has been to attract members who are active and contribute in a positive manner with due consideration to succession planning.

Redbridge Centennial Lions Club has formed a club branch and will be inducting 6 -7 members on 11th February 2023.

Events

Zone Charity Walk: The zone charity walk event was successfully held on 18th September 2022 at Lee Valley Park with participation of representatives from the first five of the above zone clubs. Around 100 participants attended the event, which enabled much-needed funds to be raised by the individual clubs. Most clubs have held events ranging from the Club Charter Nights to Christmas Celebration Parties, which were well supported by members of all the zone clubs thus providing an opportunity for networking, enhancing friendship and improved collaboration between clubs.

Service Activities

Sight Conservation: Wanstead & Woodford (around 1000), Fairlop (500+), Redbridge Centennial (550) and Barking Lions Clubs (175) will be sponsoring cataract operations at eye camps in Punjab and Gujarat in India during February and March amounting to over 2000 operations. All clubs participate in the collection of unwanted spectacles, which are forwarded for processing to Chichester Lions Club.

Hunger: All clubs in the zone actively participate in the distribution of food to local food banks and organisations. Wanstead & Woodford sponsor a project at a local school in conjunction with Lions Club of Adampur in India, providing a glass of milk daily for the pupils. Seven Kings hunger project with 3Food

4u through their five hubs providing 1200 ready meals every month including delivery of food supplies worth £600 per week. £7,500 donated to 3Food4u to help the food hub projects.

Waltham Forest members prepare food parcels and deliver to people referred by Social Prescribers at NHS North East London (Walthamstow). **Water Borehole:** Members from Fairlop and Barking Lions Clubs donated and participated in the opening of

the Water Borehole at Kwa Katheke Primary School in Kenya. The borehole was jointly funded with other organisations.

Intergenerational project: Wanstead & Woodford sponsorship of the project contributing £1500 towards the cost of entertainment of dementia patients in conjunction with Downshall Primary School. This project is one of its kind in Europe.

Cancer: Garden coffee brunch event held by Wanstead & Woodford to raise funds for the Children's Cancer & Leukaemia Group charity with £1300 donated.

Giving Tree: Seven Kings annual Giving Tree project in December 2022 distributing Christmas gifts to 180 children.

International relations: LP of Fairlop recently attended the Joint Celebration of Board of Directors in Phuket in November 2022 and donated 700 spectacles.

Diabetes: Waltham Forest members distributed Diabetes Awareness packs to elderly and vulnerable members of the local community.

Other activities by clubs include the distribution of message in a bottle and message in a wallet to organisations. 100 kits are being donated to the homeless by Redbridge Centennial.

In conclusion all the zone clubs have played an active role in organising events and carrying out the various service activities. The cost effective fund raising events have been those with low organisation cost base such as the charity walk and garden party events.

I am grateful to all the members of the zone B clubs for their collaboration in the events held so far and their assistance in the compilation of this report.

Gemma Driscoll Zone C Chairman

There is a total of 5 clubs in Zone C with an overall positive growth in membership of 2; now standing at 87 members. The Zone comprises

Heston Lions Club who started the year with 36 members and who must be congratulated by having successfully inducted 3 new members through their continued presence in the local and wider community setting up PR stands to promote and raise awareness of Lionism with parents and children at local school fairs which will no doubt continue to grow their membership. They have also been actively engaged in setting up an Omega Leo's Club with 10 young people in their early 20's.

Their enthusiasm is infectious and members continue to achieve great things by collaborating with other organisations raising and donating over £20,000. One of their greatest collaboration projects was assisting in the set-up, painting, and donation of a library bus to Dormers Wells School.

Hounslow commenced the year with 8 members and are still hoping to grow their membership by 2 with the induction of prospective members later this year. Their strength continues to lie in their continuous service within their local community assisting with local school projects, pensioners wellbeing and people with supported living disabilities.

Isleworth are happy to report a membership of 20 people and have been advised by a current member recently that they may have a friend who may like to join. The club continues to invite interested parties along to meetings and attend events collaborating with other organisations in the local area to be visible within the community.

This year's greatest Club achievement being the set up and running of their first duck race which raised over £1500 for local causes; including the installation of a defibrillator in Isleworth. Following this success this event is now set to be an annual event.

Osterley's membership stands at 12, 10 lovely ladies and 2 men who continue great service in their local area. They too report that they have prospective members in the pipeline and now that Clubs are returning to meeting face to face will hope to induct them soon.

The Club is very active raising and donating over £4000. Members are constantly looking for new ways to promote Lionism and are currently working on partnering with a local school to set up a food bank.

Park Royal are settling in and assisting Clubs in the Zone having been re-formed during the last Lionistic year. They have been affected by members illness this year which has hampered their activities but continue to raise funds for good causes and are once again introducing face to face meetings. They have a current membership of 8.

As a Zone, we were disappointed once again not to be able to hold our annual swimming gala due to the ongoing Covid pandemic but the health and welfare of our participants is of the greatest importance to us. However, I am pleased to report that each Club is very proud to support LCIF, District Youth and Senior Citizens parties as well as to continue to help and provide fresh food and grocery products for our local food banks and community kitchens.

Salil Patankar Zone D Chairman

'Together with Passion' ZD 'Make it Happen'

BIG THANK YOU to DG Kavaljit Dev for appointing me as her Zone Chair.

New Zone Newsletter introduced and to encourage online presence, new Zone Facebook page, Instagram and website launched.

Membership

At the count of **180**, our Zone *'Tops the district, with six Clubs'*.

Ealing(CIO): 16- led by LP Harbhajan Singh Rooprai and LS Ranjit Singh Mangat.

The year 2022-23 marks the Golden Jubilee year, celebrating 50 years.

Greenford Willow Tree(CIO): 34- My mother club, led by LP Hetal Desai and LS Ketan Patel

Hayes & Harlington: 14-The oldest club in 105A, led by LP Varinder Chott and LS Hayandra Chauhan.

London Acton: 35- led by LP Raj Bhamm and LS Baljit Sood.

Southall (CIO): 37-led by LP Iqbal Suterwalla and LS Rajpal Singh Sagoo

Sudbury (CIO):44-led by LP Dharmesh Desai and LS Nehal Patel.

Major Activities-Achievements

Ealing

Donation to National Trust for £3500, planting 500 trees. Visited Heston care home during Christmas, for the elderly and West Middlesex Hospital giving gifts to sick children serving home-made sandwiches and gave gifts to 60+ residents.

Greenford Willow Tree

Funds Raised £10,000+ in November for the New Breast Cancer Unit at Northwick Park Hospital. The 'Breast Cancer Gala' was attended by 10 Lions Clubs, Lion members companies, our DG, VDG and their top brass. Talks to form a new Lions club at the hospital are continuing with the CEO of the LNWH Trust. The ongoing 'Warm Bank' a pinnacle service project undertaken by the club in association with Sangat Centre in Harrow to address the rising cost of living crisis. Everyday 40+ people attend, to continue until end of March 2023.

Recent Achievements/Honours:

District Winner LCIF Trophy - Model Club Fulfilment 200%- Campaign 100 - Club Excellence Award - National Finalist 'Queens Award for Volunteering Service'

24-MJF-PMJF - 1- Posthumous MJF

Hayes & Harlington

Race night event raising more than £1000 in aid of LCIF-Childhood Cancer, supported by 18 Club members. Helped homeless serving food, and spending quality time with 30 people who otherwise would have had no Christmas bells!

London Acton

The club worked closely with the local GP practice hosting "65+ Well-being Day", distributing 200 'Message in a Bottle' with further 2200 bottles made available for the

vulnerable. Raised £1000 for Macmillan's Cancer Charities. Boat Trip' in summer raised more than £1000.

Southall

Focussing on HUNGER, the club served and donated to Ealing Soup Kitchen, SWAT, Akshaya Patra and Social Services group for vulnerable children and girls. Total Funds donated £1500+ Diabetic Screening Test conducted encouraging all members, friends, and family to be screened, thus raising awareness of the disease. Club branch, West Drayton, 2nd generation young Lions, an imminent new club incubating.

Sudbury

Scrapping monthly meetings to focus on fundraising events, organised Hanuman Chalisa, Bhajan Bhojan, and hosted Diwali dinner-dance. In Summer, the club participated in 'Relay for Life' to celebrate the power of community fundraising to fight and beat cancer. During Christmas, the club donated food, drinks, and toys to Hillingdon food bank. The club has raised more than £8000 for good causes.

CONGRATULATIONS for winning the Zone Quiz. **DYC event** in November, was overwhelmingly supported by all my clubs sponsoring nine tables.

My sincere thanks to PDG Lion Vijay Arora for appointing me as DYC committee member, grateful that we could collaborate.

We Wish DG Kav and Lion Pammy a very grand and successful convention with Good Luck to our VDG Lesley Spence for the ensuing 2023-24 as DG.

End of ZD Report

Mayur Mehta Zone E Chairman

Firstly, I would like to thank DG Kavaljit Dev for reappointing me for a second year in three years. It has been an honour and a privilege to serve District 105A; especially to be part of a Zone where clubs have exemplified DG Kavaljit's theme of "Passion to Make a Difference".

Zone E comprises of eight clubs with a total membership of 143 roaring Lions. The clubs in the Zone are: London Belmont (10 members), Edgware (24 members), Kenton (10 members), London Golders Green (20 members), London Hendon (16 members), London Kingsbury (27 members), Stanmore (24 members), and Wembley (12 members).

I will now highlight some of the achievements of each club.

LC London Belmont: Members have been very passionate with service projects, both on the domestic and international fronts with projects such as litter picking and water bore holes in Kenya. Club members are very active with regular attendance at Zone meetings, supporting other club's activities, and participation in District Youth Celebration. Plans for the remainder of the year are – a) grow membership, b) participate in District Convention, c) participate in Senior Citizens Party, and d) a golf day fund raising project. Well done to the LP and all the members of Lions Club of London Belmont.

LC Edgware: Members have been involved with service and fund-raising activities. For service activities, members have participated in sponsored walks and collected spectacles. For fund-raising, the club raised £10,141.00 with a food stall at the annual Krishna Janmashtami. For donations, the club has generously donated circa £5k to various good causes such as St Lukes Hospice and feeding homeless.

The club are proud to have two serving District officers - Lion Kunal Vyas (District Treasurer) and Lion Ashwin Vora (SOGB). Club members are fully active in District and Zone activities such as quiz night, Youth Celebration, and Senior Citizen's party. The club plans to grow membership and continue with service/fund-raising activities for the remainder of the year. Well done to the LP and all the members of Lions Club of Edgware.

LC London Golders Green: Members have been active with service projects in the local community with donations of over a thousand books to Harrow Community Library and monetary donations to senior citizen charities. The club's golf day raised circa £4,600.00 in aid of various good causes. The Club has been active with District activities such as LCIF, Youth Celebrations, and Senior Citizens party.

Well done to the LP and all the members of Lions Club of London Golders Green.

LC London Hendon: The club has been regularly active with homeless feeding and helping at food banks such as Charing Cross. One of the members has accrued scores of hours at a food bank. For fund raising, the club raised circa £1,800.00 through a musical event (Mumbai Masala) and a race night held in memory of their charter member Late Lion Minesh Mehta. Plans for the remainder of the year are for members partners to become members, support District activities, participate in District Convention, and continue with members involvement in service activities. Well done to the LP and all the members of Lions Club of London Hendon.

LC Kenton: Members have been active with service and fund-raising projects in the local community. For service activities, members have helped with yoga lunch and walk events for senior citizens, tea parties for the elderly, distributed warm packs to vulnerable people, and local radio helpline for lonely people. For fund raising, the club has raised £2,980.00 in aid of various Lionistic charities. The club has made generous donations to various causes such as Charing Cross Homeless feeding and DG Kavaljit Dev partner's chosen charity of Victa UK. The club has supported District activities such as Youth Camp, Youth Celebration, and Senior Citizens Party. For the remainder of the year, the club plans service/fund raising activities and participate in District Convention. Well done to the LP and all the members of Lions Club of Kenton.

LC London Kingsbury: Club's members have been active with service and fund-raising projects in the local community. For service activities, one of the members carries out bereavement service while others help at food banks. For fund raising, the club has raised circa £42k to support CRUK and mass weddings for poor people in India. The club holds the current District trophy for Cancer support activities.

The club has recruited 3 members and plans for a further 3 by the year end. The club supports District activities such as Youth Camp, Youth Celebration, Senior Citizens Party, and participating in the District quiz final.

The club plans service/fund-raising activities and participate in District Convention during the remainder of the year. Well done to the LP and all the members of Lions Club of London Kingsbury.

LC Stanmore: Members have been active with service and fund-raising projects in the local community. For service activities, members have been involved with various good causes such as helping at dementia centre and food donations. For fund raising and donations, the club has raised circa £2.5k and donated generously circa £3.6k. The club has plans to recruit 2 new members by the year end. The club has supported the District activities such as Youth Camp and Senior Citizens party. Well done to the LP and all the members of Lions Club of Stanmore.

LC Wembley (Brent): Club members have been active with service and fund-raising projects in the local community. Members have been involved in numerous service activities such as dementia support group, supporting food banks, and homeless shelters. The club held a fund-raising event and raised £1,200.00 in aid of hunger projects. The club has donated circa £1,300.00 to causes such as Ukraine appeal and Acton Homeless. The club are proud to have achieved status of model club for LCIF. The club has supported the District and Zone activities such as meetings, Youth Camp, Youth Celebration, participate in webinars/workshops, and Senior Citizens party. For the remainder of the year, the club plans further service/fund-raising activities, recruit new members, and participate in District Convention. Well done to the LP and all the members of Lions Club of Wembley (Brent).

Summary

I am pleased that Zone E will have inducted 7 members by the end of the year. I would like to thank Zone Secretary Sushma Khagram, all the Lion Presidents, Secretaries, and Club Members for their support, enthusiasm and contribution during my term as Zone Chair. I am immensely proud of Zone E's accomplishments through the "Passion to Make a Difference" to communities in need.

Finally, on behalf of all the clubs in Zone E, I would like to wish DG Kavaljit Dev an enjoyable and successful Convention.

Praful Pattni

Zone F Chairman

I would like to thank DG Kavaljeet Dev for appointing me as zone chairman of this vibrant Zone.

Clubs and members: Chipping Barnet (7), Enfield (23, plus 2 at large), Friern Barnet Continental (18), Hornsey (10), London-Finchley (22, plus 2 at large), Mill Hill (17, plus 1 associate).

Movement in membership: The membership at the beginning was 101 and end of December 2022 was the same, we lost about 10 members and gained 10 new members. Friern Barnet

Centennial has been outstanding have gained 5 new members so far this year and 2 to be inducted. Mill Hill has 3 new members and London-Finchley have 2 new members and 1 to be inducted in April. Hornsey will be inducting 1 new member soon.

Membership has been priority in our zone, hopefully rumours are male only clubs are seriously discussing introducing more lady members.

Major Events: Enfield has been a premium club when raising funds, their main event is Gala Night where they raise most funds, so far they have raised over £4 million since it's formation in 1974. Chipping Barnet and Mill Hill have raised substantial amounts for charities in their Golf Challenge. Friern Barnet Centennial too raised similar amounts in their Golf Day. London-Finchley has been outstanding in the District collecting of used spectacles in excess of 20000+. Hornsey has donated £1001 to Pakistan Relief Fund through LCIF.

Service Activities; All the clubs in the Zone supported the Youth Celebration by donating £250 each and some clubs to Breast Cancer Unit at Northwick Park Hospital by donating £500 each. Clubs took part in Zone Quiz, D,E,F and G.

Step forward; Mill Hill has created their own website and been online as a forward to the future awareness. They will also be organising with the help of past ZC Harry Shah a Funday for interaction between club members, their families and friends.

Some of the highlights by the clubs so far: Chipping Barnet: Magnificent 7, as they call themselves. They have made donation to Kitchen and Barnet Homeless. Food distribution in King Cross. Four members attended a meeting to sponsor a new club in the District.

Enfield: They had a successful 'Garba' night attended by 300 in October. The club celebrated their 48th Charter Night attended by DG, Deputy Mayor of Enfield, guests and members.

Friern Barnet Centennial: They held Xmas Eve Function, which raised £2000. They are very proud to nominate Lion Kumar Acharya as a candidate for 2nd VDG.

Hornsey: They have donated £101 to North London Goans. They are actively involved in membership drive, in the local communities. London-Finchley: Volunteered and donation to Jalarum Mandir to feed the hungry at Charring Cross.

Donation of £2000 to eye camps and eye treatments to Gujarat. Young Lives Vs Cancer, bin collection raised over £600.

Mill Hill: A very active club during pandemic in feeding and caring for the hungry. They are raising funds by selling raffle tickets for various cancer charities.

Daksha Patel

Zone G Chairman

Lions Club of Harrow and Pinner (22 members) have inducted 2 new members and one associate member.

Service Activities - Thirteen more sleeping bags given to London Community Kitchen; a charity based in Harrow. A very successful Race Night raised £1,222 for Harrow Community Transport. We supported a full table of guests at the recent District Youth celebration. Christmas parcels: our usual two-day collection at Waitrose produced an unexpectedly generous 3,400 items. These were used to make up 90 food hampers with some of the surplus going to the Harrow food bank and some to support the soup kitchen. Fundraising - continue to hold coffee mornings at Wealdstone Methodist Church. Survival Football continues to be run very successfully by Lion Nick, supporting both Macmillan Nurses and Harrow and Pinner Lions. We did two Santa Sleigh runs in Harrow raising both awareness of Lions and over £600.00

Lions Club of Hatch End Centennial (23 members) inducted one new member. Bucket Collection for Young Lives VS Cancer, total funds raised by the club is £ 471.00. Our Club Treasurer Lion Ravi was on the organising committee for the District Youth Party. All the children had loads of fun and enjoyed themselves thoroughly. The club participated in the District Quiz competition and came 2nd. IPP Sunil has been in touch with Graveney School in Tooting for the 2nd year for Peace Poster Competition and this year's poster was allocated First Prize in the UK and will go forward to be judged at the World Peace Poster Competition.

Lions Club of Moor Park has 21 members. No other reports have been available.

Lions Club of Northwood (15 members) and have been active in the community again after lockdown We held a Charity Quiz Night at David Lloyd Northwood and raised £700 for London Community Kitchen where a club member also volunteers. Other Community Services include Covid Marshalling, attending Young Carers after school club, collection and distribution of food donations to Hillingdon Foodbank. We sponsored a table at the District Youth Celebration and the Northwick Park Hospital Breast Cancer Gala, had a stall at Pinner Village show and donated Christmas Hampers to families of Hillingdon Young Carers.

Lions Club of Ruislip have maintained our membership level to 18, and couple of prospective members are still being pursued. Service is a main thrust of Lions and for six years we have been collecting for Uxbridge Food Bank. This activity as one of the main pillars of Lionism is very meaningful to touch the lives of people in severe economic and weather conditions. The population of Hillingdon Council have been the main beneficiary by our involvement. Our Club was also represented on Remembrance Day when Rosemary laid a wreath on behalf of our Club. Every year Ruislip Lions are given the opportunity to fund raise at stalls at the many events run by the EHG residents and gardener's teams run by Chris Groom and Lesley

Crowcroft. This year our Lion Lynne joined the tree dressing fun with the Lions special bauble. On 30th November, Lion Lynne of our Club shared the charitable work and five pillars of Lions International to a wider audience with Steve of Uxbridge FM suggesting membership

opportunities.

Finally would like to congratulate Lion Lesley Spence (Harrow and Pinner Lions) on her appointment as DG for 2023/2024.

Michael Claxton

Zone H Chairman

Clubs in Zone – Currently six clubs in the Zone .Amersham and Chesham (3 Associate Members), Harpenden (25 Members), Hemel Hempstead (13 Members), St Albans (13 Members), Tring (16 Members)
Watford (17 Members)

Membership

Zone H currently has 85 Members. At the beginning of the Lionistic year there were 112 Members but this has dropped because of the situation with Amersham and Chesham. . We attracted four new Members but unfortunately lost five through passing to Higher Service and moving out of the District. Amersham and Chesham Lions did not close at the end of December even though all Members have resigned. District will retain the Charter for one year and carry out a project to rebuild the Club.

Fundraising/Services Highlights/Successes

St Albans Lions.

Took part in the St Albans Beers Festival (as volunteers I hasten to add) took part in the Big Give for St Francis Hospice. . The Club has pledged to give £1000 a month for the next 12 months to St Albans and District Foodbank.

Tring Lions.

Continued sponsorship of a Community Action Dacorum minibus complete with Lions logos
Attended a Slipper Swap event at Tring library to publicise Message in a Bottle/Wallet and other Lions safety initiatives. Organised the annual Christmas Eve carol singing and meet Santa in Tring (over 1000 people attended and £1500 was raised) Donated new toys to the Tring Radio Christmas Toy appeal.

Hemel Hempstead Lions

Organised the Hemel Hempstead Lark in the Park Donated five sewing machines to Work Aid. Provided fish and chip lunches to a group of senior citizens. Took a group of disabled people on a canal boat trip.

Harpenden Lions

Organised the Harpenden Highland Games Raised £9000 in partnership with Round Table with a Shake for Ukraine. Collection of prescription blister packs which are then sent for recycling. To date, 1000 kg has been collected. Continue to run the Harpenden Lions Life Skills program.

Watford Lions

Helped with the organisation of Abbots Langley Carnival Organised the Abbots Langley and Cassiobury firework displays.

Amersham and Chesham Lions

Handed out Christmas parcels to the value of £4000 in the local community.

Lions Bookshop in Hemel Hempstead.

Still very successful and also acts as a collecting point for used spectacles and a distribution point for replacement hearing aid batteries

and MIAB/MIAW. The turnover for July to December was £38431, which is being donated back into the local community. Clubs have made a big effort in getting back to “business as usual”. Lark in the Park was a new venture for Hemel Hempstead Lions and will be repeated in 2023. We are taking part in some initiatives with Round Table and the Womens Institute. Collection of prescription blister packs is a new initiative and has been very well supported. The Zone is currently purchasing 3000 Message in a Bottle to hand out locally. Clubs in the Zone donated in the region of £87500 to local and International causes from July 2022 to January 2023.

Keith Collard

Zone I Chairman

There was a welcome return in March last year for the Zone Special Swimming Gala after a forced absence. This will continue to be the Zone’s project for 2022-2023. Membership has shown a pleasing net growth of 6 (disregarding Royston). Luton & Biggleswade-Sandy will represent the Zone at the District Quiz Final.

Amptill District (Membership @ 01/01/23 6, was 6 @ 01/07/22) Membership is a strong base, major fundraising through Santa runs and Fireworks Display in collaboration with Letchworth GC & Baldock.

Bedford (10, was 9) Concentrating on rebuilding themselves as a club.

Biggleswade-Sandy (22, was 23) New member attracted by word of mouth. Hope that by increased PR activity to attract more. Club is actively involved with support for Ukrainian families in conjunction with Rotary.

Letchworth GC & Baldock (33, was 28) New members attracted by word of mouth. Return of Fireworks Display with collaboration of Amptill District. Took a party of youngsters to the District Youth Celebration. Having a larger membership means that the workload is spread.

Luton (12, was 11) Support the Hemel Hempstead bookshop every Monday.

Rabi Chowdhury

Zone J Chairman

1. Lions Club of Winslow - current membership 43

The Club continues to be very active in our community, raising over £15,600 The first North Bucks Bike Ride generated over £8000, this was distributed mainly to mental health charities.

2. Stony Stratford .

Membership 11 and functioning as a Hybrid Club. Completed 138 activities served 31,032 people via 3189 volunteer hours. Other: Care packs, MIAB/MIAW presentations and deliveries, Christmas Shoe Boxes, Santa for various groups. Attended District meetings, Zoom training and DYC. Organised Stony Stratford Remembrance Day giving £330 to British Legion. Youth: Peace Poster entries from Premier Academy and Walton High and our Peace Essay won the District Final. Financially supported Wolverton Scouts with the first Squirrels Drey (4-6 years old), and investigating disabled access. Young Leaders

in Service Certificates presented at Caroline Haslett School.

3. Bletchley Milton Keynes Lions Club (CIO) .

Bletchley Milton Keynes club has 25 members. During the last year has worked with a local Pharmacy helping with vaccines. The local food bank is supported with collections, and distributions of food weekly. Recycling of spectacles with over 6000 pairs being shipped in the last 6 months. The club leads the way with issuing Bleed control kits, both in Milton Keynes and Leighton Buzzard areas.

4. NEWPORT PAGNELL & OLNEY LIONS CLUB (CIO)

Membership: We have 12 members. We will induct a new Member in January.

Curry Night / Craft Fair – selling of Town Calendars. Moneys raised to-date is over £3,800

5. Milton Keynes Central

Membership total 21

In the last year, we have received a £500 grant for the well-being of members with Weekly Yoga sessions along side a local charity for the well being of their members and community.

Completed their final Vaccination volunteering in association with Rainbow Pharmacy.

Supplying meals to the homeless and vulnerable people every Saturday. Continuing to support the Food cupboard and collecting spectacles every week .

Margarita Kimberger

Zone K Chairman

Clubs in Zone.

There are currently 3 clubs in the Zone with a combined membership of 52, an overall net gain of 3 members. Banbury: 19, Bicester: 14 & Witney: 19

Fundraising/Services: Highlights/Successes.

Babury Club.

This year has been a difficult year recovering from Covid and only in the last 6 months has the club managed to get out and do what lions are famous for. The main successes of Banbury Lion’s Club are the addition of two new members, Bodfest: raising money for Ukraine, Broughton Castle Sportive through helping Banbury Rotary: REV4ROB Sulgrave in remembrance of Lion Rodney Henn: Grimsby Covid clinics: Banbury litter pick: Winning the Zone Quiz: Casino Night at the Wroxton Hotel in aid of Dementia Active: Children in Need children’s party: and are actively involved in MIB and the collection of used spectacles.

Bicester Club.

The main activity for Bicester Lion’s Club is their annual Christmas collection with Santa and his sleigh. This involved over 9 evenings visiting local villages and a Saturday outside the Tesco superstore resulting in over 190 hours of service from the club members and other volunteers and raising over £4,100.00. The money will be used to help the local community by supplying white goods for new occupants in social housing, supporting the local food bank and the purchase and distribution of MIB as well as continuing to collect used spectacles.

The Club hosted the Zone Quiz and achieved 2nd place.

Witney Club.

The members of Witney Lion's Club have engaged with the public to raise their profile by holding bookstalls and membership events. They have been involved with other charities in the running of the annual Witney carnival and worked together with a local environmental trust to support their annual Fair. They raised funds via the Christmas Santa Sleigh appearances at various locations in West Oxfordshire. The monies raised have enabled them to support the local food bank and undertake their annual Dream Scheme which awards funds to a wide range of local groups. The Club distributes MIB and have recently started collecting spectacles in conjunction with local opticians.

Service Team

Penny Tregillus

Service Team Coordinator

Officers in the District Service Team oversee Projects which are known as the 5 Global Causes. Also Homelessness comes under this Portfolio.

In their reports, which follow, Lion Robert Spragg will be reporting on Vision; Lion Kam Kalra on Environment; Lion Daksha Patel on Childhood Cancer; Lion Susan Carr on Hunger and Lion Nilesh Palan on Diabetes. Lion Sunjay Mehta will be reporting on Homelessness.

This Lionistic year these Officers have been submitting articles for the two Health and Service Newsletter which have been sent out to Clubs. Two further Newsletters are due to be sent out by June 2023.

A Health and Well Being webinar was held on the 6th November and included presentations, given by professional health practitioners. Diabetes as well as other health related medical issues- heart disease, breast cancer, prostate cancer, mental health, the menopause and dementia-were discussed. This webinar was well received.

These officers rely on Clubs reporting their activities or donations made on MyLion to know what is going on. So I would encourage Clubs to report all information on MyLion or let the relevant Officer know by email or ring them. If your Club is having problems to report on MyLion or require contact details for the District Officer please contact me by email on tregillus@hotmail.com or phone me on 01525 379973.

Robert Spragg

Vision

Currently this Lionistic year I have shared all of the communications passed down to me from the MD Vision Officer, in the form of the services newsletter.

I have started the process of collating together information concerning the number of spectacles which have been collected by the clubs. I have (initially) done this from the information entered by clubs on the myLCI website.

I have written to two courier companies to try

and get some formal collection arrangements for the used spectacles. No further progress has been made so far, though I am liaising with Brigitte in MD HQ as she is working on a similar idea. In October we collected approximately 15600 pairs of spectacles from the Lions Clubs of Luton, MK Stony Stratford, Bletchley, Biggleswade, Letchworth Garden City & Baldock and West Drayton Branch Club. These were delivered to MD HQ in Birmingham as Chichester were unable to accept that quantity at this time. The van was hired from a local company, this and the driver were donated for the day by a local business sponsor.

World Sight Day was on 13th October 2022. A number of events were held in District 105A clubs including a blindfolded walk down Stony Stratford High Street of a local councillor, organised by LC Stony Stratford. LC Letchworth Garden City & Baldock were presented with a number of used pairs of spectacles collected from a community campaign run by a firm of Funeral Directors with branches over the south east of England during August. This collection may become a more permanent fixture!

The next spectacle collection run is now well underway. We are now in possession of the 180Kg in weight from the warehouse in Hendon, along with lots of boxes from other clubs. There are still quite a few Clubs with box loads of glasses, which we are endeavouring to round up and do another run to Birmingham on Monday 6th March. We are hoping to have a van besides the car park at the District Convention on Saturday 4th March where people can drop boxes off on the morning of the convention as well.

I am preparing plans to create a register of places who collect spectacles on behalf of Lions, and which Clubs are associated with these collecting points. This is becoming increasingly necessary as we get passed enquiries from other places (such as the MD website) where members of the public and others are looking to drop off their unwanted spectacles (sometimes there are quantities involved). I am currently getting many enquiries a month, sometimes several per week and it is not very easy trying to direct these to the right places at present.

Kam Kalra

Environment

As the District's Environment Officer I have been giving Clubs ideas on how they can care for the environment. Information has been circulated through my Cabinet Reports as well as the Health and Service Newsletters.

There are many ways they are doing this and I would like to thank all Lions in this District for what they are doing to protect our environment.

Bletchley, Milton Keynes Lions Club are looking after a Sensory Garden for the local community and other Clubs in the Milton Keynes area are maintaining the garden at the local hospital.

A member of Tring Lions is a member of a working party which is maintaining the grounds around Tiddenfoot Waterside Park in Leighton Buzzard. This work includes anything from cutting back brambles to tree planting and hedge laying.

St Johns Wood Lions have been caring for two saplings which have now been replanted in a park in North Harrow.

Ealing Lions Club has made a donation of £3000 to support a tree planting project.

Stanmore Lions Club are collecting and delivering unwanted goods to different charity shops as well as one of their members, during the summer, has been helping at the Tower of London Superbloom event. This Club continues to volunteer at a centre providing Covid Vaccinations.

Litter Picking is another environmental projects. Members of Luton Lions, Milton Keynes Stony Stratford Lions and Tring Lions have all participated in this project.

It is very important to dispose of batteries in the correct manner. Fairlop Lions have made this one of their projects as well as recycling computer cartridges and sending off used stamps to organisations which make use of them.

Many people are on medication and these "Blister Packs" as they are called, can be recycled. Superdrug will do this. One very successful project doing this is, overseen by Harpenden Lions, run out of the Lions Bookshop in the Marlowes Centre in Hemel Hempstead. Letchworth Garden City Lions have also been involved in collecting Blister Packs.

For information about recycling programmes for used and unwanted hearing equipment and spectacles please see the reports from the Speech and Hearing Officer and Vision Officer.

If your Club has carried out any projects related to Environmental Projects please record it on MyLion. By doing this you can share what your Club is doing to help the environment.

Please contact me to advise me what your Club is doing or have any queries by email on kam-kalra@ellisandco.co.uk or phone me on 07976108968.

Daksha Patel

Childhood Cancer

Hatch End Centennial participated in 4 bucket collections for Young Lives vs Cancer at Morrisons Harrow. 4 members participated managed to bank £401.00. Lion Kiran donated £50 and Lion Sharon donated £20.

Lions Club of Harrow and Pinner have donated 6 portable DVD players, DVDs, bubble guns, play-doh etc to Jacks Place Northwick Park hospital children's cancer ward just over £1200.

Fairlop Leos also did an amazing job for September Childhood Cancer Month. They had a 3 day raffle from 12th -14th which raised £192 towards the cost of our sibling party.

They also organised a bowling session/party for siblings of Children with Cancer to help them feel more special. 11 siblings came and enjoyed bowling together and a snack meal.

They also sold Young Lives v Cancer badges at school and Morrisons and raised £311.

St Albans Lions Club donated £25 to Marie Curie

Kingsbury Lions in association with Pranasha Group raised £10,000 by chanting 108 Hanuman Chalisa

Lion Penny was at Morrisons, in Leighton Buzzard, on 19 October for four hours and she collected £121.56 in cash and three people used their phone to make donations

Susan Carr

Hunger

The role of Hunger Officer is quite a challenge! As well as instigating Hunger projects in my own Club and Zone I am required to encourage all Clubs in the District to continue with existing projects and set up new ones.

Contact with clubs was made easier due to the new Hunger Trophy Competition set up this year by IPDG Karanjeet Kaur. I was tasked with running this and encouraging all clubs to take part by logging details of their Hunger activities prior to entering the competition by the deadline date of 5 February 2023. I have sent out several All Club emails during the year to encourage new as well as current projects and explored other diverse ideas such as gleaning in rural areas and the Magic Breakfast project for Primary Schools.

I was invited to visit Heston Lions club in August to give a short talk about Hunger projects. Heston Lions have ongoing Hunger projects all year. I also visited Hendon Lions club in September to meet members for supper and gave an informal talk.

In August 2022 I commenced my volunteer role at London's Community Kitchen (LCK) in Harrow aiming to attend every 2 weeks. 2VDG Kadu Shah & 1VDG Lesley Spence joined me at LCK on 30 September to see the fantastic work being done and join in the fun. This project is supported weekly by Lion Jagdish Shah of Hendon Lions.

My own club Northwood Lions held a charity fundraising Quiz event at David Lloyd Northwood (DLC) and raised £700 for LCK. Other Hunger related projects at Northwood include a raffle at DLC which raised £170 for Hillingdon Food Bank (HFB) together with a further large donation to HFB - our chosen charity - to be made by DLC.

I am pleased to note the success of a Community Foodbank Campaign at local venues including DLC and Slimming World Northwood. Lions club of Northwood have been responsible for the transporting and delivery of donated food. Christmas hampers are also donated to the families of Young Carers in Hillingdon each year.

I am also an Associate member of Harrow & Pinner Lions club and have been proud to join in with their excellent Hunger activities including the annual collection of food at Waitrose to assemble and deliver food parcels to the needy in Harrow before Christmas. H & P Lions have also been strong supporters of LCK for many years.

I highlighted the work of the three Lions clubs in the Milton Keynes area earlier this year in the Services Article. Bletchley, Stony Stratford and MK Central have partnered with the Food Cupboard to provide food parcels for families in crisis. Lion members collect, sort food donations and deliver parcels to families, as well as running many other local projects.

Please contact me if you would like further information or ideas for Hunger projects. I hope to report a full list of current activities in District 105a shortly once the entries to the Hunger Trophy Competition are received.

suejcar16@gmail.com

07940 527298

Nilesh Palan

Diabetes

I am grateful to DG Lion Kavaljit for allowing me to continue with this important role. I am also thankful to Lion Penny Tregillus (GST Coordinator) and Lion Keith Hedges (MD Lions Diabetes Officer) for their support.

Globally, growth in Diabetes numbers (particularly Type 2) has been relentless and therefore Diabetes awareness and particularly Type 2 (90%) deserves our serious commitment.

-Diabetes Type 2 represents 90% of all Diabetes types and it does not present any noticeable symptoms until much damage is sustained by the vital organs due to unprocessed blood sugar. Hence early detection is critical to limit damage.

-Diabetes is often picked up as an incidental finding when patients present for other conditions - for which routine blood tests were suspended which means more people have remained undiagnosed for longer then would normally have been the case.

- People's lifestyles have suffered under lockdowns which has led to weight gain which contributes to over 80% of the risk of developing the condition - *hence the emphasis on lifestyle choices!* -Diabetes costs the NHS £10 billion each year. This is mainly because Diabetes can lead to costly complications like amputation, blindness, kidney failure and stroke which are costly. In the aftermath of CoVid, Clubs have responded well and going forward I expect more Clubs to follow

- I would like to thank the following Clubs who carried out Diabetes awareness activities during and recorded them on MyLion:

Southall, London Finchley, Edgware, Heston, Stanmore, Redbridge Centennial and London Acton. Their activities included:

Know Your Diabetes Type 2 Risk: ("KYR") KYR campaign encourages people to identify their specific individual risk of getting Type 2 by going on to Diabetes UK website and inputting their details (height, weight, waist, age, sex, ethnicity, family history and any medical condition) to obtain their specific risk scores. This exercise is completely anonymous - participants are requested to share the results with their GP. Blood Glucose testing This involves "bloodletting" - this practice is not allowed due to risks of uncontrolled bleeding, allergic reactions etc. It can be only carried out by qualified persons (Doctor, Nurse, and Pharmacist) who are authorised by their employer and covered by insurance.

Promotion of Healthy Lifestyle Fun runs and walks, distributing information leaflets and arranging talks.

Sunjay Mehta

Homelessness

Firstly, I would like to thank DG Kavaljit Dev

for appointing me as Homeless District Officer. It has been an honour and a privilege to serve District 105A where clubs have exemplified DG Kavaljit's theme of "Passion to Make a Difference".

During the winter and festive period the focus of many clubs in our District have been to support homeless centres to provide some level of comfort to those less fortunate than ourselves. Homeless Centres and Foodbanks such as London Community Kitchen, Acton Homeless, Jalaram Mandir Greenford Foodbank stationed near Charing Cross, Burnt Oak Foodbank and Sufra food bank and kitchen were provided with sleeping bags, children's toys/Christmas gifts, winter clothing and a large variety of both hot and long lasting food items to name a few.

Being an Associate member of Lions Club of Hatch End Centennial I am proud to have been given the opportunity to join them with their excellent activities including the annual collection of food at various location and the delivery of food parcels to those in need in Harrow before Christmas. Lions Club of Hatch End Centennial and Lions Club of Wembley & Harrow & Pinner Lions Club & Lions Club of London Hendon have been particularly strong supporters of London Community Kitchen and Acton Homeless.

I would like to thank you all for your continuous support and I hope that we are able to continue this level of work and dedication to those in need in working to bring about a better 2023 for them.

Youth Team

Doreen Allen

Youth Team Co-ordinator

For publication reasons this report is compiled in early January 2023. The Youth team are an experienced group and I take this opportunity to thank them for their support of young people in our District.

Leos The Fairlop Alpha Leo's have been amazingly active throughout serving the less fortunate in their community and carrying out many service activities. I applaud their Kindness Matters programme which is at MD for judging. In February along with Leo-Lion Chanel and District Leo Advisor Jatinder we spoke to interested young people looking to form an Omega Leo's Club (18+ age) and there are tentative feelers for a new Alpha Leo Club too. Please investigate the Leo programme and give more young people the opportunity to serve.

YouthCamp/Youth Exchange

The MD International Youth Camp will take place in our District in the summer. The team are working extremely hard to make this happen and to give the participants an enjoyable, stimulating visit. Sponsorship from Clubs or Zones help for days out etc will be gratefully received.

Young Ambassador Regrettably there were only three candidates for the District Final. At the January Cabinet after their presentations sharing their experiences of volunteering a District winner was chosen who went to Dudley a few weeks ago for the MD Final. I will give

the update at Convention.

Peace Poster and Peace Essay What great results this year. "Lead with Compassion" was the theme and the District A entries went on to win the MD Finals. Both winners are attending our Convention.

ROAR In the capable hands of IPDG Lion Alastair the competition was held in November with the National awards day in Dec 2022 which was attended by many Lions via zoom. A superb Youth activity and many congratulations to Camrose Primary our District 105A winners and all five schools who took part.

YLIS This Youth Programme gets more participants from our District every year. It is a great way to involve young people setting out on their service journey and the relevant certificates acknowledges their commitment.

And finallyHow many of you know about the Lions Cub Programme? This was an initiative started a few years ago by LCI to encourage participation of Lions younger family and friends. From age 5 upwards it allows these younger children to be involved with Lions and start their service activities. Milton Keynes Stony Stratford have organised the first Club in our District and the MD. I believe it could also be the way to rejuvenate the Alpha Leo programme ... Talk to me

Lets all make an effort to increase participation in all youth projects next year

Doreen Allen

Young Ambassador/YLIS

Young Ambassador.

Thank you to those clubs who endeavoured to forge links with their communities, local voluntary groups and schools in the Young Ambassador process. At one point I was hopeful of having four candidates this year but at the time of writing this report, before the District Final in mid- January, we have just three. The District Final took alongside our January Cabinet meeting where the candidates were interviewed by an independent panel of three non-Lion judges. The winner continued to represent our District at the MD Final at Dudley in February.

Young Leaders in Service

This youth activity is simple to manage. The Lions club makes contact, distributes the log books and overseen by a group leader the young person logs their volunteering information. They record the date, how many hours spent on the activity and what the activity was. The Group Leader signs to confirm the hours. Participants can start any time within the year and can attain a bronze (25 hours), silver (50 hours) and gold (100 hours) certificates within one year. This year our District has seen an increased number of entries from a small group of Clubs. Fellow Lions, please look at local youth groups interact with them and increase participation. As always I am available to you to help and support

Lara Stroebel

Peace Poster Officer

Peace Poster and Essay competition

The theme for this year's Peace Poster

competition was 'Lead with compassion'. The entries were of an extremely high standard portraying this theme in a variety of ways – some showed outstretched hands encircling the world while the district winner showed five different world leaders including Mahatma Gandhi, Queen Elizabeth and Princess Diana reaching out to an angel who held the world in her hands. In fact, the winning peace poster won the Multi District competition and has been forwarded to LCI HQ. I am currently awaiting results from there.

Communication with clubs was sent encouraging entries and I am pleased that we received 10 entries. I want to thank the clubs that did enter disappointingly only four clubs submitted entries. I would like to encourage clubs to reach out to their local schools as soon as possible asking for entries. The final of the district competition was held at North Harrow Home Guard Club on Saturday 19th November, and it was wonderful to see a few of our members attending to support this. A huge thank you to our three judges – Janet Nash, an artist in her own right; our DG Lion Kav and Ann Hurley a member of the public who participates in an art group.

The winning entries were as follows:

1st Place Harini Uththayakumar aged 13 from Graveney School sponsored by Lions Club of Hatch End Centennial.

2nd Place Agnes Malin from Graveney School sponsored by Lions club of Hatch End Centennial 3rd Place Karina-Elena Nastrut from Glebe Primary school sponsored by Harrow and Pinner Lions Club Congratulations to Dayzie Simpson aged 13 whose Peace essay won the district competition. Well done especially as her essay also won the MD competition and has been sent to LCI HQ. ! She was sponsored by Milton Keynes Stony Stratford Club. Congratulations District 105A for winning both the Poster and Essay competitions.

I would like to encourage more essays next year. A Peace poster essay is written and submitted by a visually impaired person aged between 11 and 13 years.

Entry kits can be obtained from MD headquarters in Birmingham between 15 January to 1 October. The Peace Poster kit and essay Poster kit each cost £14.00 plus £1.95 for postage so a total of £15.95. Why not encourage your club to buy a kit at your next meeting, as they are available now!

It has been a pleasure serving as the Peace Poster Officer for District 105A in the Lionistic year 2022/23 and I thank 1st VDG Lion Lesley for inviting me to continue in this position for 2023/24.

Jatinder Kaur

Leos

Our objective at the start of the year had been to provide young people of our District an opportunity to develop and contribute individually and collectively as valued, responsible members of local, national and International community and we have gone a long way in achieving this. Children from all ages alongside their families have been encouraged and have joined in service activities and this has led to an Alpha Leo and an Omega Leo Club to be in the process of being formed.

Fairlop Leo's Club has been incredibly active and in this fiscal year and has carried out 86 activities and served 15,778 people and they have carried out the following activities:

Putting books in the local Morrison Library, walking dogs on a daily basis for nine senior citizens, collecting spectacles, reading at a after school club, they arranged a trip for 39 special needs children to see a pantomime, arranged a party for siblings of children with cancer took them bowling and for a pizza meal, went litter picking twice during the year, collected coats for under privileged families, raised funds by having a raffle and supported the District Youth Celebration.

It has maintained it's membership of 24 and it is an exemplary club which carries on shining. The aim once the new Alpha and Omega Lions Clubs are formed is to visit Zones to explain about the Leo Programme and offer support should Clubs like to take up the challenge.

Raza Ismail

Youth Exchange

The Youth Programme is under way as planned. Since the Covid-19 Pandemic this is first since 2019.

As our District is hosting The MD Youth Camp we shall not be having any Youths for Family Hosting. The Venue for The Camp is Mill Hill School Enterprises, all the formalities are complete. The Deposit is to be paid on 30th of January and the balance to be paid by the 4th of August 2023. Several Clubs in our District have contributed towards this event and expect many more Clubs to join in. My thanks to our DG Kavajit. Lion Pammy, 1st VDG Lion Lesley Spence, 2nd VD Lion Kadu Shah and Lion Yasmin in assisting me in making this programme complete.

Alastair Joel

ROAR

The National ROAR awards final was held on 7th December, this is where the winners from all the 8 participating districts of MD105 were recognised. Although it was held via Zoom, our Partner 8 Billion Ideas fired up the young people, got them thinking, involved and excited (glad I'm not a teacher who had to calm them all down afterwards!)

I am pleased to announce the winners from 105A are:

Best poster: Uphall school, sponsored by Fairlop LC

Best jingle: Dormers Wells School, sponsored by Heston LC

Best Model: Camrose Primary School, sponsored by Harrow and Pinner LC

The overall winner was Camrose Primary school

Well done to the five schools who entered from 105A and thank you to those Lions Clubs who sponsored these schools.

At the ROAR final both Lesley Spence as 1VDG and myself as Council Chair addressed those present I would like acknowledge Lesley's support for ROAR, she is involved with the planning at an MD level and her passion for the competition is evident.

There will be some PR material available for clubs to use to sell the concept to schools for this year's competition.

Whilst numbers were down for our District this year, overall, across the MD we had 105 participating schools involving some 25k young people, plus teachers, support staff and parents, all who now have heard of Lions.

We now look forward to the 2023 competition; it is now time to approach schools, inviting them to take part, there were several schools who expressed an interest last year, or who took part in 2021 but couldn't last year. Or maybe you have now established a link with your local primary school. The competition starts in September; however, we require a commitment from clubs and schools by June. The cost per school was £170 last year, the exact amount is yet to be confirmed for this year. Are there clubs who cannot find a school, or who are unable to contact a school, but who are willing to sponsor a school, this would enable more schools to become involved? I am very happy to attend your Club or Zone meetings to talk about the competition and answer any questions you may have.

This is an opportunity to forge links with young people, it opens the doors for our youth projects, it may even give us an opening for a Leos club, most importantly it enables us to spread the word of Lions within your local community. Sowing the seeds of Lions through ROAR, may well pay dividends in years to come – we just need to be patient as sometimes germination takes time!

Chanel Vigille Young Person Rep

I thank DG Kav for appointing me to her Cabinet.

I have continued as Fairlop Leos Advisor and am delighted that their kindness Matters project has been sent to MD level for judging.

I attended the DYC in November -as usual a well- run event giving joy to all attendees.

I am recruiting young volunteers to help with setting up of the SCC in February. At this event, with LP Jatinder I hope to meet with potential Leos to answer questions and encourage the formation of Heston

Omega Leos. This is an exciting time for the District Leo programme. Lions in District are interacting with young people and some Clubs are also promoting the District Youth activities. Lets all try to increase this participation year on year.

Health Team

Manji Kara
Health Team Co-ordinator
lionmanjikara@btinternet.com
07919016535

Dist 105A Health Team Co-ordinator

The year 2022-23 was a step forward for Health Service Delivery by District 105a.

I thank DG Lion Kavaljit Kaur Dev in having

confidence in me and making me Health Team Coordinator.

Speech & Hearing, Brain Tumour Research, Prostate Cancer, MiAB / MiAW / MedicAlert, Mental Health and SOGB/Physical & Learning Disabilities were organised into to one group - Health Service. The purpose was to give direction and motivate the team to deliver more.

Whilst senior and experienced members hit the road running, new members with new responsibilities needed guidance and helping hand. The team excelled in delivering the vision of DG Lion Kavaljit Dev.

I personally thank the members of the team.

They are with their emails:
Lions Penny Tregillus – Speech & Hearing, tregillus@hotmail.com
Lion Harvinder Virdee – Brain Tumor Research, virdeehsv@gmail.com
Lion Harry Lote – MiAB/MiAW/MedicAlert, lionharry44@gmail.com
Lion Chandrakant Patel – Mental Health, cbpatel17@yahoo.com
Lion Ashwin Vora – SOGB/Physical & Learning Disabilities, ashwin@alami.co.uk
Lion Manji Kara – Prostate Cancer, lionmanjikara@btinternet.com

Please do contact them for more information.

The team contributed to the quarterly newsletters which were received well by the membership. I am sure going forward the team, this year and in the years to come, will get stronger and more confident in delivering the vital health service.

It was a pleasure to co-ordinate such a dedicated team.

Penny Tregillus Speech & Hearing Officer

As the District's Speech and Hearing Officer I oversee Projects which support the 12 million people, in the United Kingdom, who have a problem with their hearing. They may have minimal loss or complete loss of hearing. One in 6 people may problems hearing and understanding what is being said or communicated to them. Many Lion members may come into this category.

For the deaf community Lions provide resources (Door Hangers, Deaf Aware Cards and I SEE WHAT YOU'RE SAYING Badges). They also run Deaf Aware Training Sessions for members of the hearing community. I am able to do this.

Another Lion's Project, which Clubs in this District support, is the Multiple District Project, Collection of Used Hearing Equipment.

Donated used and unwanted hearing aids and other audiological equipment is refurbished by Dr Michael Nolan and Starkey Hearing Foundation then sent to hearing impaired people living in Africa and Asia. This Lionistic year over 11,000 used hearing aids were donated by Clubs in the Multiple District. Clubs are either sending it to Chichester Lions Club along with their spectacles or direct to Dr Michael Nolan. My thanks go to all Clubs for collecting and donating hearing equipment. I do not have a list of those

that are donated via Chichester, but I am aware that the following Clubs have sent it direct to Dr Michael Nolan- Bletchley, Milton Keynes; Hemel Hempstead; Isleworth; London Westminster; Luton; Milton Keynes, Stony Stratford; Newport Pagnell and Olney; Tring.

Clubs in the District are working to help people in the community who have a hearing Problem. Those Clubs working in the Lions Bookshop in Hemel Hempstead are giving out, free of charge, new hearing aid batteries (provided by the local hospital) to people that wear NHS hearing aids.

Clubs in Zone H and one from Zone I have donated funds to purchase a new minibus for Heathlands School for the Deaf, in St Albans.

The Boxmoor Playhouse, in Hemel Hempstead, provided a BSL signer for two performances of the Christmas Panto. I provided hearing resources to be given out.

The Harrow and Brent United Deaf Club gave a talk to Harrow and Pinner Lions Club about deafness and how it impacts people.

A member of Letchworth Garden City and Baldock Lions Club works for Amplifon and is sending all their used and unwanted hearing aids/audiological equipment to Dr Michael Nolan so it can be refurbished.

Lennie a trainee hearing dog, from the charity Hearing Dogs for Deaf People, which the District sponsored last Lionistic has gone forward for the next stage of his training.

I would encourage all Clubs to report any service activities, related to hearing projects on MyLion. Also to let me know as well so I can send them a "Thank You" email.

Please contact me if you want any hearing resources, have any questions or would like me to come along and give presentations or training on deafness and communication.

Phone me on tel no 01525 379973 or email me on tregillus@hotmail.com.

Harvinder Virdee Brain Tumour Research

First of all, I would like to thank DG Kavaljit Dev for entrusting me with this opportunity to serve in this post for the second time as the district 105A Brain Tumour Research Officer this year.

Zone Chairs and Clubs can only participate and support via donations in limited way this year as they have not been able to raise funds due to aftermath of Covid. Some Clubs within District 105A have been generous and have donated unknown funds to BTR via District Treasurer. This includes sale of badges, coffee mugs, birthday, and Christmas Cards.

I have made BTR presentations to two clubs and two zone meetings and hope to raise further funds towards the end of Lionistic year. I promoted BTR at our club Diabetes awareness stand in October 2022 in Ilford High Road by distributing publicity leaflets and materials. I have a further presentation invitation awaiting at the end of February.

I have produced an Information leaflet on BTR and placed it on District 105A Facebook page and sent to all Zone chairs for distribution to the

clubs in their zone

I continue to have monthly meetings with MD BTR officer and with other BTR officers for updates and information.

Manji Kara

Prostate Cancer

Dist. 105A Prostate Cancer Officer.

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Mobile : 07919016535

District Governor Lion Kavaljit Kaur Dev needs to be commended for choosing Prostate Cancer Awareness (PCA) for the first time as one of the health service activity for District 105a. I am grateful to her for having confidence in myself and appointing me as District 105a PCA Officer. It has been a rewarding experience for me.

Men, in general, are reluctant to accept and discuss health issues with either their partners or doctors. Urological health issues such as enlarged prostate are top of the list and get diagnosed too late at times. If undetected in good time, prostate cancer could sadly be fatal. Incidents which were more prevalent in the older men in the past, are now affecting young men too. It is therefore more important now to make male population aware of prostate issues and urge them to look out for tell-tale signs and seek medical advice rather sooner than later. The attached leaflet (below) gives details of symptoms, causes and possible solutions. I approached Prostate Cancer UK for information and assistance. They were very helpful in providing information and leaflets. I had prepared PCA leaflet which I shared thru District Secretary with all the clubs twice in the year. I also registered with them as Health Care Professional (Community) so that I could order informative information in bulk.

I as District PCA officer, I visited clubs, delivered talk and shared the information and informative literature.

I will continue to visit clubs and, deliver PCA talks and literature. Clubs have been active raising funds and planning future activities. London Mill Hill Lions Club has decided to make Prostate Cancer as ONE of the charities that they will support. They have raised and donated £5000.00 for Prostate Cancer and plan to hold further fund raising events. In December 2022, Bedford Lions Club raised £240.40 for a local prostate cancer charity through Christmas Santa sleigh fundraising. Three clubs had organised PCA events and will continue to do so in coming months. I had also liaised with Multi District PCA Officer who arranged a very informative and constructive ZOOM meeting with stakeholders.

Prostate Cancer can be easily detected by a simple blood test. Screening for Prostate Cancer (Prostate Specific Antigen (PSA) Test) is very simple and takes only few minutes to take blood sample for laboratory test. I again am thankful for the DG Lion Kavaljit in sponsoring free PSA Testing for delegates at the 2023 District 105a Convention. I do sincerely hope that the District continue with Prostate Cancer Awareness as an ongoing service in future.

LCI District 105a Prostate Cancer Information 2022-23

What is prostate cancer?

Prostate cancer is a disease common to elderly men, with more than 75% of cancers diagnosed in men over the age of 65. In recent years, however, the incidence has increased in younger age groups. Prostate Cancer is second largest cancer killer in UK.

What is the prostate?

The prostate is a small gland at the base of the bladder in males. It encircles the first part of the urethra. The prostate gland plays an important role during the reproductive years of life.

Did you know

52,300 New Prostate Cancer cases diagnosed in the UK annually Most men with early prostate cancer don't have signs or symptoms 1 in 8 Men are diagnosed with prostate cancer

Who is at Risk

You are aged 40+ Your father or brother has had prostate cancer Strong family history of cancer You are of Afro-Caribbean descent

What are the symptoms?

In the earlier stages of the disease, prostate cancer rarely causes any specific symptoms. Later, it can present the following symptoms in the lower urinary tract: Difficulty passing urine Poor flow when passing urine Incomplete emptying of the bladder Increased frequency and urgency to pass urine Nocturia – excessive urination at night Ejaculatory problems, erectile dysfunction Hematospermia –the presence of blood in semen A locally advanced case of prostate cancer may obstruct the kidneys and cause renal failure. Prostate cancer usually spreads to the bones and may cause bone pain, anaemia or fractures. In the event that someone develops prostate cancer, an early diagnosis is essential! It is recommended that older men who suffer from lower urinary tract symptoms, to see their doctor. Especially if they have a first degree relative who suffers or has suffered from prostate cancer.

Is it curable?

If it is diagnosed early and the disease is localized to the prostate gland, then it is potentially curable. In the last two decades, earlier diagnosis and treatment, has led to marked decrease in fatalities caused by prostate cancer.

Testing Methods for Prostate Cancer

There is no single test for Prostate Cancer. Initially a blood test, called a PSA (Prostate-Specific Antigen) Test would be carried to establish the level of protein in the blood. Other tests carried out by a doctor could include:- A physical examination of the Prostate Gland. MRI scan. Biopsy of cells in the Prostate Gland.

Treatment for Prostate Cancer

Doctors will use results of your prostate examination when considering the appropriate treatment. Treatments could include:- Monitoring PSA levels. Surgery Hormone Treatment Radiotherapy and chemotherapy

Are there any preventative measures?

Prevention is always better than cure. Research shows that dietary fat increases the risk of prostate cancer. Eliminating saturated fats and maintaining a healthy diet is essential. Dietary supplements which can decrease the risk of

developing prostate cancer include Selenium, Vitamin E and Lycopene.

What can Lions do?

Organise awareness events – distribute awareness information leaflets, give talks etc., Encourage fellow Lions and the general public to “GO AND GET TESTED.” Run a PR project to Work with the medical services to run Prostate Cancer Test Sessions. Raise funds and donate to Prostate Cancer Support charities. Contact District and/or Multi District Officers for further help.

External Links for more information :

<https://prostatecanceruk.org/>

<https://www.nhs.uk/conditions/prostate-cancer>

<https://www.england.nhs.uk/2022/05/checks-for-prostate-cancer-hit-all-time-high-on-back-of-nhs-and-charity-awareness-campaign/>

www.cancerresearchuk.org

www.macmillan.org.uk

Harry Lote

Message in a Bottle /Message in a Wallet Officer

I was quite pleased that the District Governor Kavaljit Kaur Dev (KAV) gave me the opportunity to take on the role as M. I. A. B District Officer, I thought this would give me the opportunity to get more Lions clubs involved, I have been quite busy helping clubs with Message in a Bottle plus Message in your Wallet, I have also advised clubs how to order them, I have also advised clubs to get together in their zones and buy the bottles by the pallet, this works out a lot cheaper, I have had emails from Birmingham Headquarters, with enquiries from people wanting bottles. I then found the nearest club and asked them to help, I think Message in the Bottle is a great idea not only it can save lives, it also helps to promote Lions International, I have not had a great success with Medic Alert, clubs have got in touch with me and told me how many bottles they have given out, has been very encouraging, it amounts to many hundreds, just think how many people that has helped even if you only save one persons life its well worth while, I would also like to say thank you to past District Officers, who have been there to help me.

Lion CB Patel

Mental Health

E-Mail: cbpatel17@yahoo.com

First and foremost – my sincere congratulations and I am very thankful to our DG Lion Kavaljit Dev for creating this new first ever MENTAL HEALTH post for our Cabinet of District 105A.

She had appointed me to head it during the 2022 / 2023 Lionistic year in our Cabinet.

Before my appointment, it has been a year since when we had just come out of country-wide lock-down period.

All of us have experienced and have been talking about mental health issues in one way or the other during these periods.

Since our first Cabinet meeting, I am very

pleased to inform you all that there were no members in our District who have had any issues with mental health problems, of which, I am aware of.

However, I had circulated information to our members on ways to get help and support in the event of encountering mental health issues.

Mental health difficulties take on a variety of forms that can look like anxiety, depression, bipolar disorder or many other conditions. I have already mentioned these in my first cabinet report last year.

Mental Health Awareness

Month of May is the mental awareness month and we want to support those who live with these conditions.

Fighting stigma is part of the reality of living with mental health challenges.

Good mental health awareness means paying attention to how to manage our emotions and behaviour. It means understanding if we have a mental health concern or mental health illness, embracing who we are, loving and accepting ourselves, and seeking greater understanding and growth. It may also mean seeking help in the form of therapy or medication if necessary.

I will keep members informed of this event nearer the time of May.

In the meantime, if you need to talk to someone, and for non-urgent information about mental health support and services, please do not hesitate to get in touch with me. I am here to help those of you who need help.

Lastly, this is the best quote:

“Mental health ... is not a destination, but a process. It's about how you drive, not where you're going”

– by NOAM SHPANCER, PHD

Ashwin Vora

Physical & Learning Disabilities/SOGB

Fellow Lions

My name is Lion Ashwin district officer in charge of physical and learning disability. As a district officer I oversee physical and learning disability activities like games children's outing. There have been few activities from 1st July 2022 till December 2022 like we have had the alliance activity games in Coventry last July 2022.

I am not aware of any projects that the clubs are doing as no updates have been received.

How does learning disabilities affect health and wellbeing?

Many people with a learning disability experience poorer health and die at a younger age. Having a learning disability affects the way a person understands information, and how they communicate. This means they can have difficulty understanding new or complex information, learning new skills, or coping independently.

What percentage of people with learning disabilities have a physical health condition?

A systematic review of the prevalence of

mobility limitation in adults with learning disabilities found that prevalence varied between 3% and 63%. What is the most common cause of death for people with learning disabilities?

Respiratory

Respiratory and heart diseases are the leading causes of death for this group, and they are also more likely to have diabetes, sensory impairments, mental health problems or epilepsy.

Getting support for children and young people with a learning disability.

Some children start doing things like walking or talking later than other children their age. This is nothing to worry about. This plan should support children from birth to 25 years old. This year all the clubs from district had supported the district youth celebration party after 2 years break where we had entertained 450 children and carers.

Communication Team

Sukhdeep Loyal

POL Editor

This year, we have added some new features to the PoL, such as clickable links and videos. We continue to send out the PoL in a PDF format to all clubs and upload it to the website.

I look forward to continuing my work with PoL and having the pleasure of reading what clubs in our District have been up to.

Please keep the articles coming and I will include as many as I can in the forthcoming issues. Please send articles to pol@lions105a.org and include at least one high-quality photo along with the text.

Satnam Loyal

IT Webmaster

Last years convention was a bit of a learning curve as I was more involved in the planning stages than previous years and involved me in other roles as well as the IT bits.

Support for clubs, zones, cabinet and training sessions with Zoom continues. Anyone wishing to make use of the 50% discount Lions get for Zoom should get in touch with me.

Updates have been made to the district website and online booking system set up for convention 2023, district quiz, SCC and cabinet meetings.

This year we have launched the district YouTube channel (<https://www.youtube.com/@lionsdistrict105a>).

Always happy to have others come along and assist with any of the IT matters from website, Facebook, YouTube, Twitter, Instagram, TikTok and, of course, convention.

Trish Newton

Social Media

The period between July 2022 and January 2023 has been a very busy time.

The most universally acknowledged and posted event was the death of the Queen and we had a

lot of posts from a lot of clubs - showing how much she was loved and respected, considering the royal relationship with our Lions Club it was very poignant.

Then of course there were the different type of Christmas Sleigh rides by a lot of clubs in the district although not a lot of clubs posted pictures on Facebook, we really would like to encourage all clubs to post events so that other clubs can be encouraged. There were also the Guy Fawkes preparations, celebrations and collections.

Various clubs had their Charters and posted the events.

Well-attended and posted event was the District Youth Celebrations - showing the number of clubs who were involved - a brilliantly attended event.

Our DG Lion Kavaljit Dev and her willing chauffeur, Lion Pammy have been hard at work doing the rounds of District A clubs and their functions, gaining an insight into the workings of clubs.

We have monthly 1-hour training Webinars - these have been held on the 1st Saturday of each month and generally hosted by Lion Viresh Paul in his own inimitable way. Notice of these webinars, I have posted as often as possible to encourage ALL clubs to participate these are educational for all members of all club – no matter what your position is in the club or no position at all. There have been 2 webinars with guest speakers about Health & Well-being and also Social Media/Promoting the clubs. Most webinars have been attended by the same people +/- 30 members and considering that we have over 300 members in the district its only 10%. Plus there has been 6 months of Religious holidays and International days, weeks and months such as those supporting Childhood Cancer, Prostate and Breast Cancer Awareness - I've tried to promote all these events as often as possible as it's one of our core projects.

Another core project that we promoted on FB – Environment - with plastic-free month and Love Parks Week in July, then Keep British Beaches Tidy in September and Recycling Week in November plus various other international days over all the months.

It is unfortunate that we have had so few clubs posting event on Facebook - I'd like to encourage as many clubs as possible to get involved with Facebook and promote what their club are doing – fetes, fairs, food banks, homelessness, food gardens, etc.

If you don't have a Facebook page, but want one, contact the communications team, they will willingly help you – if you don't have a FB page, then you are out of the loop and losing out.

Our Facebook reach has increased by 66% to 15,294 Facebook page visits was up 21.1% to 2,106

New likes were down by 2.9% @ 33 - due to the fact that only ticks, not hearts are counted.

International Team

Surinder Mongia

International Relations

Districts Twinning

The activities related to District Twinning for

District 105A with Poland 121 and Germany 111NW have not recovered since the pandemic over two years ago. Whilst I was able to revive contacts with the counter parts in both Districts there were no opportunities for joint projects or visiting. Poland has suffered not only with Covid but the effects of the war in Ukraine. I am sure in time we will be able to re-establish the bridges of friendship and relationship that we have built over the years. Since the division in Germany of the Districts, District 111NW our counterpart has lacked the vigour of any activities. Whilst we have maintained old links with Lion Heike Voss, links with the new team have not been established despite my continued efforts. I will endeavour in the coming months to fire up the communication.

Club Twinning

As per my earlier report in my endeavour to launch Club Twinning activities, I contacted LCI membership for an update on the program. I was advised that "the twinning program has been retired by the Lions Clubs International Board of Directors. This includes International Club Twinning, District Governors Elect Twinning, and District Twinning.

Europa Forum

Europa Forum will be held on 26th -28th October in Klagenfurt Austria. Please see further details by visiting <https://lionseuropaforum2023.at/en/>.

UN Day

Details to follow in due course.

Geoffrey Leeder

International Advisor

REPORT TO CONVENTION FROM DISTRICT INTERNATIONAL ADVISER

1 Background

This post was established to:

- 1.1 keep the District Governor and District Cabinet up to date with International matters.
- 1.2 liaise with Lions International Divisional Staff and with Board Committee Chairpersons and International Directors over issues affecting our District.

2 Important Dates:

- 2.1 Europa Forum, Klagenfurt, Austria, October 26 -28, 2023. See <https://lionseuropaforum2023.at/en/>
- 2.2 Lions Day with the United Nations, New York, USA, March 3, 2023
- 2.3 Lions Day with the United Nations, Geneva, Switzerland, April 18, 2023
- 2.4 Lions Day with the United Nations, London, UK, April 4, 2023
- 2.5 International Convention, Boston, USA, July 7-11, 2023

3 AOB

- 3.1 The website for the 2023 Europa Forum is currently under development so lacks detail at the moment.
- 3.2 The 45th Annual Lions Day with the United Nations, a European event, will take place on Tuesday. April 18, 2023 in Geneva, Switzerland. The theme will be "Hunger, Nutrition and Wellness".

The Swiss Lions will be celebrating 75 years of Lions in Europe and are going to welcome guests on Monday, April 17, to a magnificent Gala Dinner with a fine Swiss wine. The next morning would be an ideal opportunity to tour the Palais des Nations prior to the morning session (11:00 to 12:45). After lunch there will be an afternoon session (14:15 – 16:00) incorporating Music and Peace Poster Contests.

- 3.3 Keep an eye on the LCICON website as more detail is released about the International Convention in Boston.
- 3.4 3rd VP AP Singh will be the International Guest at the LDUN, Westminster, London. Details available from PDG Neil Martin – neilmartin@lionsclubs.co.uk
- 3.5 Following an enquiry from a French Lion President who was wishing to find accommodation for his daughter who would be studying at a London Business School, I am grateful to Lion Kam Kalra of Lions Club Moor Park, who was able to find something suitable.
- 3.6 There was an enquiry from PDG Andrew Allen about Leos being able to count their service years as Leos towards their total Lions service. There is a special form (LL2) which needs to be completed and forwarded to Member Services.
- 3.7 There were several other miscellaneous items which were followed up successfully on behalf of the District Governor, Secretary and Treasurer with Staff the International Office in Oak Brook, Illinois.
- 3.8 An enquiry has been received from Lion Bajram Fusha, Director of the EAC-Slovenian Business Club. He wishes to make contact with any business associate in the London area who can give him advice/ help on improving his spoken English. If you are able to assist please contact PID Geoff Leeder.

Vijay Arora

LCIF Coordinator

LCIF is the only charity that serves 1.4 million Lions and the whole World. As members, we all belong to Lions Clubs International, but Lions Clubs International Foundation belongs to us. LCIF is our charity and needs our continued support and we are requesting lions/clubs to donate small amount on a regular basis. Through LCIF, Lions are doing more to support our global causes and respond to humanitarian needs and natural disasters to make a difference for millions of people.

Help LCIF continue its commitment to supply support in the areas of vision, youth, disaster relief, humanitarian, diabetes, childhood cancer, hunger, and the environment.

During 2021-22 LCIF gave US\$35millions towards 1254 Grants for various projects and together we served over 495 million people. During 2021-22 around £75,000 was donated by 70% of the clubs in 105A. Thank you to all the clubs for their generous donations towards our Foundation.

Congratulations and thank you to all 29 clubs of 105A who became C100 Model Clubs over the past 4 years by making pledges and donations.

Just a reminder that although the Campaign 100 is over, but many clubs still need to fulfil their remaining pledges towards their model club status. Please contact me for more info, if unsure whether this applies in your case.

So far this year 50% of clubs in our district have donated around £30,000 towards various disaster appeals, and other areas of LCIF. Thank you to all those clubs who have donated towards LCIF, and we are requesting donations from all our clubs.

100% of our donations directly support LCIF Global causes and are eligible for Melvin Jones Fellowships. Every year, LCIF helps to ensure that the humanitarian service of Lions reaches those who need it most.

Each one of us can consider making a small gift towards our Foundation every year. Service is both Giving & Serving. Lions can support an annual Lions Share program that recognises individual donors for three levels of support: US\$50, US\$100, and US\$200 and these donations are all eligible towards MJF credits; please contact me for more info.

To date we have ordered 25 MJF/PMJF on behalf of the clubs. Congratulations to all the recipients.

We are planning to organise a district sponsored walk and MJF Gala Night sometime in April/ May, further details to follow!

There are a wide variety of grants available to help Lions serve their local communities and the world. Please visit www.Lionsclubs.org: to explore the different grant types to find out if there is a grant that is right for your club now or in the future.

This year we have applied for a LCIF Matching Grant on behalf of Lions Clubs of Fairlop and Heston to buy a Vision Screening Bus to be used in Punjab, India. Application along with all the relevant info has been sent to LCIF for their decision.

Lions and Johnson and Johnson Vision celebrates 20 years of partnership that transform lives through access to comprehensive eye health care to those in need around the world. To date, more than 42 million children have been screened through the Sight For Kids Program. Please consider giving someone the precious gift of sight by supporting Vision through LCIF.

Please contact me if you wish me to attend your meeting and/or for any help/info related to LCIF.

Please send any donations towards LCIF, made payable to LCI District 105A, to our District Treasurer. You and your club can help support Lions projects all over the world through giving to LCIF. And because of our generosity and service as a Lion, we make a difference in the lives of many both near and far!

Both Krishan and I would like to wish DG Kavaljit and Paramjit Dev and all our family of Lions a happy and enjoyable Convention 2023.

We Care. We Serve. We Accomplish.

RESOLUTION 1

Annual Dues

From the District Cabinet

This Convention resolves that the District dues for 2023/2024 shall be £12.08 per Lion member (comprising £5.12 for Administration Fund, £5.96 for Convention Fund and £1.00 for 105A News Fund) payable in two equal instalments on 1st July 2023 and 1st January 2024.

Split up as follows:

Administration Fund £5.12

105A News Fund £1.00

Convention Fund £5.96

District Dues - 2023/2024 £12.08

Explanation:

The 2023-2024 Subs are being reinstated at £12.08. Previously, the dues were reduced by £5.00 in 2023-2024 due to a savings made in 2023-2024. It is felt that the current Budget is sufficient to administer our District, where the costs are and have been continuously monitored and controlled.



District Youth Celebration 2022

Our 14th District Youth Celebration (DYC) Party was held on Sunday 27th Nov 2022 at Allum Hall, Elstree after a break of two years due to COVID. It was hugely successful with nearly 600 young people, carers, parents, and many lions including DG, CC, IPDG, 2nd VDG and Mayors of: Elstree & Borehamwood, Harrow, and Barnet in attendance. Everyone who came had a lovely time.

Thank you very much for sponsoring/booking tables, helping and for the many other forms of contribution that made it all happen. The event is wholly sponsored by Lions Clubs of 105A and many other generous individuals and businesses from the public. Without the support of lions and generous sponsors it would not have been possible –so a big thank you!

To organise such an event takes many weeks of hard work leading up to the day and I would like to thank DYC Committee members (Lions: Alastair Joel, Vivien Raggett, John Savell, Satnam Loyal, Ravi Maniar, Salil Patankar) and the large team of volunteers for their help and support.

There were many Lions and family members along with DYC Committee

members who arrived early on Sunday morning to set up and by 12.30 the hall, stage and tables were beautifully transformed ready to welcome our very deserving special guests. This year our Theme was the Magical Frozen Extravaganza, so the hall, stage and tables were all colourfully decorated in that theme and atmosphere was magical. Just around 1pm the guests started arriving. Soon the hall was buzzing with happiness and all having a wonderful time.

There was plenty to keep our young guests happy and entertained. It was a wonderful sight to see all enjoying the wide variety of entertainment on show. Both our DJ Nimesh and Dean kept everyone busy dancing to music, and everyone was on the dance floor. Clowns, Balloon modellers, Face painters were equally in demand with a long queue of excited children waiting for their turn and all contributing to this fantastic joyful atmosphere. Our thanks to Lions: Kirit Sonigra and Pravin Soni for taking beautiful photos on the day.

We would like to thank the following clubs for supporting DYC 2022 by sponsoring and booking tables. Lions Clubs of: Aylesbury, Barking, Biggleswade Sandy, Bletchley MK,

Chipping Barnet, Ealing, Edgware, Fairlop, Friern Barnet Centennial, Greenford Willow Tree, Harrow & Pinner, Hatch End Centennial, Hayes & Harlington, Hemel Hempstead, Heston, Isleworth, Kenton, Letchworth & Baldock, London Acton, London Belmont, London Finchley, London Golders Green, London Hendon, London Kingsbury, London Mill Hill, London Park Royal, London Seven Kings, London St. Johns Wood, Luton, MK Central, MK Stony Stratford, Moor Park, Northwood, Osterley, Redbridge Centennial, Ruislip, St Albans, Southall, Stanmore, Sudbury, Tring, Wanstead & Woodford, Watford and Wembley.

We received many positive comments on the day, and emails after the event, by all those who came and had a wonderful time. They are already looking forward to next year's event. I am sure all those present on that Sunday will agree that together we brought so much joy and Touched many more Lives through Service.

Thank you to our Lions Family of 105A for your support and we look forward to your participation again next year on Sunday 26th November 2023.

Lion Vijay Arora

Peace Essay - Lead With Compassion

Why should a leader be compassionate? "You should not count your chickens before they hatch!" If you were a leader, you cannot just assume that your association know what they are meant to be doing, referring to "You should not count your chickens before they hatch" you do not know if all those chicken eggs will hatch so being the leader, you should be compassionate about leading your troop and they should be led by their leader with compassion without cutting any corners. If you count your chickens before they hatch, you are cutting corners by not waiting for them to hatch. "Show the way to your fellow committee" Lead your people down the right path. A leader should be compassionate about everything they want their followers to believe, therefore they shall find a new leader and someone who is more compassionate about everything they say.

People who are followers should want

to follow you as their leader because your compassionate about your beliefs and you should want others to obey you. If you were not compassionate about having to lead, your followers would not want to follow you and they would not want to support your beliefs if your feelings were not too strong about a certain topic. Make people of the public support you with your ambitions, hopes and dreams. Help your community work to their full potential and to their best abilities, further more you shall be able to help more and more people because the more people that follow you the more they shall spread the word about your leadership and how compassionate you are.

Let's take the Prime Minister role, if you lead the public to believe your actions are not considerable of being worthy of becoming a Prime Minister, the public and media will discriminate you and feel hatred towards them because

they betrayed the population via there inconsiderate behaviours of their Prime Minister, so they will not support what the Prime Ministers decisions are because of their actions. The public will certainly have lost hope in their Prime Minister and how compassionate they feel towards their Prime Minister. However, leading the public with compassion and pleasant honours, the Public will listen and understand how their Prime Minister will be an enjoyable leader.

A leader should be compassionate about what they are leading others to believe because otherwise, no one will want to be led by their leader. Supporting others to their best abilities makes an incredible leader. That sums up the question that was mentioned at the start. Lead yourself to be compassionate to make a good impression on others! You shall then become a better person.

CONVENTION RULES OF PROCEDURE – 2023

CHAIRMAN

- 1 The District Governor or, in his absence, the First Vice District Governor or if he is not available the Second Vice District Governor, shall preside at Convention.
- 2 The Chairman shall have discretion in selecting speakers, in deciding on the number of speakers to any resolution/amendment and in terminating discussion whenever he considers it appropriate.
- 3 The Chairman, being entirely neutral, shall not be a delegate of his Club. If, at any time, he wishes to express a personal opinion on a matter under discussion, he shall vacate the Chair for this purpose.

SPEAKERS

- 4 On the Chairman standing any speaker shall yield to the Chair and immediately resume his seat.
- 5(a) Any delegate wishing to speak on any resolution/amendment or other matter of business, must use a microphone, announce his name and Club and address the Chair.
- 5(b) If a member of the Cabinet speaks on any resolution/amendment or other matter of business, he shall state whether he is representing the views of Cabinet or otherwise.

RESOLUTIONS AND AMENDMENTS

- 6 Resolutions/amendments will be moved and seconded as follows:
 - (a) By nominees on behalf of the Cabinet
 - (b) By delegates on behalf of a Club (or of two Clubs when a Resolution is sponsored by more than one Club).
- 7(a) If no delegates are present from a Club submitting a resolution/amendment then, unless that Club advises the Chairman of the Resolutions, Nominations, Constitution and By-Laws Committee in writing at least ten (10) days before commencement of the Convention of the names of a proposer and seconder from another Club, the resolution/amendment shall be withdrawn, unless Convention shall decide otherwise. With this one exception no resolution/amendment may be withdrawn without the consent of Convention.
- (b) If a resolution be withdrawn with the consent of Convention and there is an amendment to that resolution tabled, then that amended resolution shall become the substantive resolution.
- (c) All resolutions/amendments shall be moved and seconded before consideration by Convention and not more than one resolution/amendment shall be discussed at

any one time.

- (d) A delegate shall not move more than one amendment to any one resolution nor shall the mover of a resolution move any amendment to such resolution.
- (e) Where appropriate and convenient, resolutions/amendments will be put for consideration immediately following the adoption of the relevant Committee Chairman's or Specialist Officer's report.

EMERGENCY RESOLUTIONS AND AMENDMENTS

- 8 The Chairman shall have discretion to submit an emergency resolution/amendment for consideration at Convention provided:
 - (a) Where appropriate, the resolution/amendment was received by him in writing before the commencement of the opening session of Convention.
 - (b) In his opinion, the resolution/ amendment could not reasonably have been submitted to the Resolutions, Nominations, Constitution and By-Laws Committee on or before the closing dates as decided by Cabinet for their receipt by such Committee and
 - (c) Convention consents by a majority of registered delegates present and voting to the resolution/amendment being so considered.

DELEGATE TO SPEAK ONCE ONLY

- 9(a) Subject only to the provision of Section 17 hereof, a delegate shall not speak more than once to the same resolution/amendment without the consent of Convention:
- (b) Only the Chairman or the mover of a resolution exercising his right of reply shall speak more than once on any resolution.

TIME LIMITS FOR SPEECHES

- 10(a) The proposer of a resolution/amendment will be permitted a maximum of three (3) minutes to put his case and after doing so shall formally move the resolution/amendment. Normally the seconder will formally second the resolution and may reserve the right to speak later. At the conclusion of the debate and before a vote is taken on a resolution, the proposer of the resolution shall have the right of reply for the purpose of answering questions or clarifying points raised. He will not be permitted to introduce fresh arguments and shall not be allowed more than two (2) minutes for this purpose;
- (b) The mover of an amendment shall not be entitled to the right of reply except when

an original resolution has been displaced by an amendment which has become a substantive resolution in accordance with Clause 7(b) above, when the right of reply ensues to the mover of the amendment.

- 11(a) With the exception of the time limits stated in Clause 10(a), every speaker in general debate will be limited to two (2) minutes and must direct his speech strictly to the report, resolution, or amendment under discussion.
- (b) The times specified for speakers may be exceeded only with approval of Convention.

VOTING

- 12 The voting on any resolution/amendment or general business shall be by show of delegate cards of those present and voting and the Chairman shall declare the result or order a count. If the Chairman's declaration is challenged by twenty or more delegates the votes shall be counted.
- 13 Any election of candidates for office shall be in accordance with Article I, Section 3, of the District Constitution By-Laws.
- 14 Any election for the appointment of Host Clubs for future Conventions shall be by secret ballot and the nomination receiving the majority of votes shall be declared elected.
- 15 In the event of a tie following a show of delegate cards or secret ballot the Chairman shall cast the deciding vote.

ACTION TO PROCEED TO NEXT BUSINESS

- 16 Any delegate, provided he has not already spoken on the matter under discussion, may move at any time that Convention proceeds to the next business and, if this resolution be seconded and carried, the Chairman shall put the matter to Convention, after the mover of the resolution has been offered the right of reply.

POINT OF ORDER QUESTION

- 17 Any delegate may, at any time, ask a question or raise a point of order through the Chair but must confine the question or point of order to the subject before Convention.

SUSPENSION OF STANDING ORDERS

- 18 Any of these Rules of Procedure (to be known as Convention Standing Orders) may be suspended by resolution of Convention in relation to a specific item of business properly before Convention, provided at least two-thirds of the delegates present and voting shall vote for such resolution.



Lion Lesley Spence Nominee for District Governor 2023-2024

Harrow and Pinner Lions Club members are proud to nominate Lion Lesley Spence for District Governor, District 105A.

Personal

Lesley grew up in the North East and was the first in her family to attend college. She was married for 36 very happy years to Lion Alec, who passed away in 2009. Lesley has three daughters and seven grandchildren. One daughter is a primary school teacher. The other two work for the Health Service, one in Management, Head of Health and Integration, and the other is a Nursing Sister in Paediatric ICU.

She is proud to be part of a three-generational Lions family, the eldest daughter Melissa and son-in-law Paul are members and both serve on the Cabinet of District CW. Their son Thomas is also a Lion.

Until her retirement in 2018, Lesley was a Primary School Headteacher, responsible for buildings, budgets, staffing, and student progress. She was a member of the Hertfordshire Headteachers Safeguarding Board and the Local Schools Consortium Lead. In addition, Lesley is a Trustee of Harrow Community Transport, a not-for-profit Charity Organisation providing accessible transport for the local area.

As a Club Lion

Lesley was inducted as a Lion in 2006, and due to the sad loss of the then President Martin Jenner and with the full backing of club members, became "caretaker" President the same year. She has served as; Club President (06-07, 07-08, 11-12, 18-19, 20-21), Membership Officer, and DBS Officer, and is part of the Fundraising "Committee" and is also a Trustee of the club.

District Officer

As 1st Vice District Governor, Lesley has been part of the District Governor Team and Global Action Team. She has attended the Advanced Lions Leadership Institute, updated her Guiding Lion qualification, and participated in District training sessions, Multiple District and Lions Clubs International online webinars. She has started her 1st VDG training with Lions Clubs International, the final part of which will be completed in Boston.

Previous District Officer Posts

Qualified Guiding Lion 2021 - Current

DBS signatory for District - Current

Global Leadership Team Co-Ordinator 2021 - 22

Lions ROAR School Competition 2020 - 22

Youth Portfolio Holder and YLIS Officer, Young Ambassador Officer, 2020-21

Youth Portfolio Holder and YLIS Officer, Young Ambassador Officer 2019 - 2020

Young Ambassador Officer 18-19

Zone G Chair - 11-12, 14-15, 15-16, 16-17, 17-18

Lesley has been a member of several District Convention committees and is a long-term member of the Senior Citizen Celebration committee.

Lesley was recognised for her service with the International President's Award in 2019 and the International President's Certificate of Appreciation in 2020. Her club also recognised her with the presentation of the Melvin



Jones Award in 2020.

MD Officer Posts

Member of MD Strategic Development Committee - current

Member of Lions Roar Programme Committee - 2021-current

Candidate Statement

I am a dedicated Lion who is passionate about the role we play in our communities and the wider World. Those of you who know me well won't be surprised to hear I also believe that we, the Lions of the second century of service, have a duty to ensure that the legacy of service is passed forward. As part of the Lions family, we are responsible for producing the next generation of Lions and Lions Clubs. We must continue looking for solutions to the issues we face today and mentor leadership at all levels. We should strive to grow our membership by being open to diversity, embracing and encouraging different perspectives, and ensuring everyone at whatever level within the Lions family feels valued and supported.

We need to be both passionate and brave; we need to be the change we want to see to ensure District 105A goes forward with success. I understand the challenges and believe I have the skills and the commitment to lead the District.



Lion Kadambari Shah Nominee for 1st VDG 2023-2024

Milton Keynes Central Lions Club members are proud to nominate Lion Kadambari Shah for 1st Vice District Governor, District 105A.

Proudly nominated by the members of Lions Club of Milton Keynes Central.

Personal

Kadu is a graduate with a degree in Applied Chemistry and Software Engineering. Her career started in defence and moved to IT industry and comprised of working for multinational companies for 35 years. She led teams in several countries over three continents. She is currently retired dedicating her time to Lionistic endeavours. Kadu has been married to Kaushik for 37 years and has 2 daughters. Her family are fully supportive of her Lionistic efforts.

As a Club Lion

Kadu has served as a Club President Director, Secretary, Membership Chair and have led several committees' multiple times. She is fully committed to every role she has taken on. Kadu has attended International Conventions, Europa Forum, MD conventions, and almost all of District 105A conventions since joining Lions. She has been made a Melvin Jones Fellow by her club.

She is a graduate of Lions Faculty Development Institute and of Advanced Lions Institute.

Awards

- Certificates for starting a Lions Club, a Centennial Lions club as well as a Leo Club
- International President's Leadership Medal and

Membership Achievement Award

- Appreciation certificate from Europa Forum and Special Olympics
- Numerous awards, medals and certificates at International, District and Club Level
- Guiding Lion since 2014 rejuvenating an ailing club and nurturing a new club

As a District Lion

Zone Chair and Global Membership Co-ordinator for 8 years, Global Membership Approach - New members officer and Leader of New Voices. Kadu has been training and presenting since 2012 at Officers training sessions and Winter forums. She has organised a District Membership symposium and various Lions Awareness drives throughout the District.

Outside Lions

Kadu is an active member of several local and national charities and helps at the Milton Keynes Food cupboard regularly. She was a director at a women's refuge and currently works with a local community group. She has been awarded a 25 year service award by St Luke's Hospice in Harrow.

Candidate Statement

With skills gained from my professional career, various Charities and life in general, I have the required experience to



lead our great Association into the future.

I have had the privilege to serve as the 2nd Vice District Governor in 2022/23. As part of the District Governor's Team and the Global Action Team, I have taken a keen interest in learning about the clubs in our District, which will enable me to encourage, support and motivate all Lions.

Armed with the experience and working together with the District, I will once again put membership at the centre of my goal, making retention my primary focus. Together we can start to rejuvenate our District.

I offer my full commitment, dedication and experience to uphold our Lions code of Ethics and Purposes. To attain my objectives, I will put friendship, fellowship and service at the core of my work.

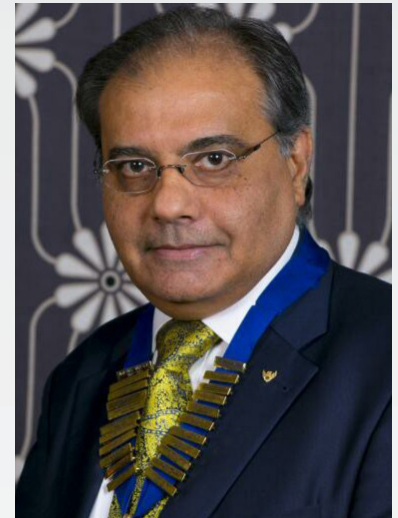
My sincere appreciation to my club for honouring me with this nomination and heartfelt thanks to my family for their continuing support.



Lion Kumar Acharya

Nominee for 2nd Vice District Governor 2023-2024

Proudly nominated by Friern Barnet Centennial Lions Club (Model Club)



Personal:

Kumar is married to Anju with a son and daughter (both married) who are fully supportive of his candidature. They are blessed with three adorable grandchildren. He is an alumnus of Baroda High School (managed by Baroda Lions Club Education Trust). Kumar is a Travel Agent by profession.

As Club Lion:

Inducted as Charter Member of Lions Club of Chipping Barnet in May 1982. He served as chairman for Fund Raising, Membership, Charter/Ladies Nights etc. He was President four times and Secretary three times. Kumar transferred to Friern Barnet Centennial Lions Club as Charter President (2018-2021). He has 100% perfect attendance awards for 40 years.

As a District/MD Lion:

84-85 Assistant LCIF officer, 91-92 Assistant Leo officer, 92-93 Zone F Chairman/105A Convention Host Committee Chairman, 93-94 Region 3 Chairman, 95-98 Medic Alert officer, 99-02 Membership/Extension officer, 04-05 Membership Advisor to Cabinet, 05-08 MERL Chairman, 10-12 GMT Chairman, 15-16 LCIF coordinator, 21-22 GMA (New Clubs). Kumar has formed 15 Lions Clubs, 3 Leo Clubs and facilitated in Winter Forums/Incoming Officers seminars. He has raised several thousand Pounds for DG's partners charity as a tail twister in District 105A Conventions. Kumar has attended 40 District, 29 MD and 12 International Conventions. He was MD105 official Travel Agent for International Conventions in Sydney, Seattle, Busan, Hamburg, Toronto and member of MD International Convention Committee.

Awards and Accolades:

Life Member of Lions Clubs International, Melvin Jones Fellow, 1 IP's Medal, 2 IP's Leadership Medals, 10 IP's Certificates of Appreciation, 1 MD105 Membership award, 7 Extension awards, 2 Founder Member Growth awards, 2 CGL medals, Medic Alert award, 6 DG's awards, 100% Zone/Region Chairman, 7 Club President awards, 3 Club Secretary awards, several committee chairman awards, GAT Chairperson's award (21-22).

Candidate Statement:

Lionism for me is a way of life. I have every confidence that with our combined positive Understanding, Experience and Passion - WE can take our 'A' District to greater heights to help those less fortunate than ourselves. Therefore, let the journey begin...



LION HARVINDER SINGH VIRDEE

The members of the Redbridge Centennial Lions Club (CIO) are proud to nominate Lion Harvinder Virdee for the position of the 2nd Vice District Governor 2023-2024.

Professional & Personal

Prior to retiring in 2009, I spent 40 years working as an engineer, specialising in mechanical engineering and gas both in the private and public sector. I held several senior management roles which required managing large teams, and these roles have provided me with skills and expertise in being able to organise and plan projects which I believe will support me in being able to serve my district.

I am married to Lion Karpal Virdee and together, we have two grown up children and four grandchildren. I have the full support of my family in my Lionistic endeavours and in my application for 2nd Vice District Governor.

As a Club Lion

My service journey started 14 years ago when I joined an Education Charity and became a Charter member of the Rotary Club. The experience from these roles held me in good stead and I was able to transfer my experience in service and service activities when I joined Wanstead and Woodford Lions Club eight years go. Within two years of joining the Club, I took on the role of Lion President and have gone to hold several Club roles since.

As a Club Lion I have been instrumental in the formation of a new Lions Club and building relationships internationally – I was the Charter President for Redbridge Centennial Lions Club and have formed a twinning alliance with the Lions Club of Nairobi Dagarotti. Furthermore, I am an active Club

member participating in Club fundraising and service activities including walking 100km during Covid to raise funds for my club and shown my commitment to championing our cause as “knights of the blind in the crusade against darkness” not only in raising funds but also organising eye camps for Cataract operations and being present when these operations were carried out.

At a District Level

As a member of the District Cabinet, I have performed a variety of roles to support Clubs included being a Zone Chairman (Zone B), a member of the Global Membership Team, and holding a joint role as the District CIO/ICO officer for the last four years. I am currently also holding the portfolio of Brain Tumour Research Officer. These roles have given me an insight into the functioning of the District and I am thankful to the District Governors who have placed their trust in me over the years.

I have actively continued to learn about Lionism and have attended training courses, seminars and webinars. I have attended the Multiple District Regional Lions Learning Institute training, CIO mentoring training and the first New Lions Symposium. I am a Certified Guiding Lion and I am currently supporting two Lions Clubs to strengthen their foundation and ensure that new Lions and their leaders have the right guidance to become excellent Clubs. I am keen to further enhance my skills and knowledge of our incredible service



organisation.

Personal Statement

I believe our organisation has been in transition for several years and it is important to me that District 105A continues to retain its distinct culture and ethos of how it serves its communities in the future. I believe this is only possible if we act collectively to champion Lionism positively and to ensure we use all avenues open to us to increase our service capacity. The Covid pandemic has shown us we can operate differently and harness change, and so I want us to build on this, learning from each other and across the Lions family. Only in this way can we have a District 105A for today and tomorrow.

I am most inspired by the excellent achievements of club members in their endeavours to make a difference to those in need, not overlooking the wealth of expertise available from past District Governors, Cabinet members, MD officers and International Officers. If elected, I will give my full commitment to this post, acting with integrity, honesty, and transparency. I believe that we all have the same aim of serving the less fortunate and together we can achieve so much more.



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