

# PRIDE OF LIONS

District 105A News  
March 2022  
Issue 9



**MEET YOUR FUTURE DG TEAM!**

THIS PICTURE WAS TAKEN AT THE DISTRICT 105A CONVENTION.



## IN THIS ISSUE

BLEED CONTROL KITS

RAISING MONEY FOR  
PARKINSON'S UK

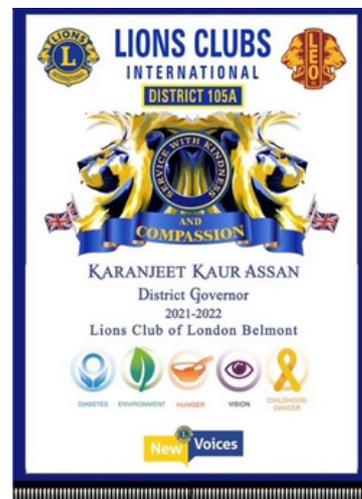
YOUTH TO THE FORE

AND MORE



DG KARANJEET KAUR ASSAN

# TABLE OF CONTENTS



**3**

**NOTICE BOARD**

**4**

**RAISING MONEY FOR PARKINSON'S UK**

*Lion Surjit K. Chodda*

**5**

**BLEED CONTROL KITS**

*by Lion Victor Wright*

**6**

**YOUTH TO THE FORE**

*by Lion Doreen Allen*

**7**

**IT'S ALL FUN AND GAMES**

**8**

**DG'S CORNER**

*by DG Karanjeet Kaur Assan*

# NOTICE BOARD



## Welcome to the team

Below are the names of the newest additions to our family of Lions. Congratulations to:

Karen Suzanne Bird  
Biggleswade Sandy Lions Club

Harbhajan Singh Puar  
Ealing Lions Club

Merul Popat  
Watford Lions Club

Laura Devonald  
Witney Lions Club

Daniel Ford  
Witney Lions Club

Meera Sharma  
London Park Royal Lions Club

## District Governor's diary for April 2022

- 03/04 – Tea party with 1st VDG Kavaljit Dev
- 09/04 – Zone Chair meeting
- 09/04 – Workshop on Guiding Lions
- 09/04 – Redbridge Lions Club Charter
- 25/04 – GAT and GMA meeting
- 28/04 – MD Council meeting in Birmingham.
- 28/04 – Zone E meeting
- 29/04 to 01/05 – MD Convention in Birmingham



*To Create and foster a spirit of understanding among the peoples of the world.*

– One of the Lions Purposes

# Raising money for Parkinson's UK

by Lion Surjit K. Chodda, Fairlop Lions Club

Fairlop Lions Club were pleased to present a donation in the amount of £2000 to Parkinson's UK. The meeting was attended by the Chair of the Redbridge & Epping Forest Branch of Parkinson's UK, where she discussed how the donation will be spent locally. The three main treatments to help manage Parkinson's are medication, exercise and therapies. Fairlop Lions Club members raised funds for this very worthy cause by way of their annual charity walk in September, plus donations from families and friends.

We are all aware of the effects of this progressive disorder and the limitations it places on one's life. Parkinson's disease impacts people in different ways; not everyone will experience all of the symptoms of Parkinson's. Fairlop Lions Club hope this donation will go a long way in helping Parkinson's UK provide a high quality service to people with Parkinson's, their families and carers, and to the professionals working with them.



## Bleed control kits

*by Lion Victor Wright, Bletchley Milton Keynes Lions Club*

Bletchley Milton Keynes Lions Club and West Bletchley Council, with the help of Leon Resident Association, has purchased six “bleed control kits” which are being distributed in the Bletchley area to public houses and late-night venues.

The Lions and Bletchley Council have been at the forefront of an initiative to see bleed control kits - which could help prevent victims of knife violence from bleeding to death - become available in city centre pubs and late-night venues. These kits are not just about treating people who are stabbed, these kits could be effectively used on anyone who has an accident. The average time it takes for an ambulance to get to the scene of an accident is seven minutes. Bleeding from a trauma injury such as a stabbing, shooting or road traffic collision can prove fatal in three to five minutes. With these kits in various locations in Bletchley, the death rate can reduce. These kits are not going to solve knife crime, but they're going to help save lives.

The bleed kits - which include pressure dressings, gauze bandages and tourniquets - are designed to prevent stab-related deaths in the same way public defibrillators have been credited with a drop in heart attack deaths. The reason we need more bleed kits are to save this happening again and again.

Lynne Baird (MBE) lost her son, Daniel, when he bled to death in minutes after being knifed while out celebrating a new job with friends in July 2017. He was 26. Since his death, the mother-of-eight has dedicated herself to preventing other stabbing deaths, raising thousands of pounds for the Daniel Baird Foundation.

We are looking for more locations to install the bleed kits, for more information, please contact Bletchley Lions on 0345 8339592 or [secretary@bmkl.club](mailto:secretary@bmkl.club).



## Youth to the Fore

*by Lion Doreen Allen, Hemel Hempstead Lions Club*

What a Convention for the Youth Team. Peace Poster winner, Malichi Castello, not only came to Convention as a new Leo to receive his prize: he was also surprised by a special presentation given by MD Council Chairman, Richard Williams. Malichi received a Silver Young Leaders in Service Certificate for 95 volunteer hours completed in a 12 month period. On display outside the Convention Hall were two further gold certificates of 480 hours (Aaron Aktar) Barking Lions Club and 407 hours (Tyler Barnett) Fairlop Lions Club. Heston Lions Club received the inaugural ROAR Trophy, donated by PDG Alastair and Gemma, for sponsoring the winning team from Dormers Wells School Primary into the newest Youth activity.

With the Peace Essay winner George Dukas unable to be at Convention, Lion Lara (the District Peace Poster Officer) read his essay, which represented our MD105 in the International final.

The Leos again were mentioned with the two Clubs of the Year – Fairlop Leos (Alpha Leos) and London Heston Leos (Omega Leos) – who will receive their trophies at a Club meeting.

The District Young Ambassador candidate Nina sponsored by Hemel Hempstead Lions Club giving everyone a surprise by becoming a Lion just 45 minutes before being received by Convention.



## It's all fun and games

Welcome to the Pride of Lions puzzle page. Here is a new puzzle for you to solve, along with the answers from the previous month's sudoku puzzle at the bottom of this page.

Enjoy!

	6			7	1			8
	1				2			
						9	1	5
8		7		6	9		4	3
9	3		5	2	4	8		
2	4	1		8	7	5		
		4			8	1	5	9
5	9			1				4
		8		9				2

### Answers

Here are the answers from the wordsearch in the January issue of Pride of Lions. Well done if you managed to solve it.

N	B	V	F	D	F	G	L	P	U	F	L	P	O	X	Y	C	B
D	Y	T	V	O	O	Q	U	P	X	Y	A	U	T	H	I	H	P
S	N	O	A	I	R	N	C	I	T	Z	I	Z	E	U	B	R	L
E	C	I	F	D	K	F	A	X	D	T	K	R	B	X	J	I	G
R	V	E	V	O	L	U	N	T	E	E	R	I	N	G	U	S	O
V	H	L	G	I	D	I	W	H	I	I	D	U	O	T	H	T	R
I	U	R	Z	B	E	R	B	L	U	O	B	O	M	F	W	M	L
C	J	K	H	K	I	E	G	Y	Q	N	N	L	G	V	T	A	F
E	H	G	J	Q	H	D	O	M	N	Y	G	S	D	S	I	S	Q
V	L	Q	X	N	U	J	B	P	C	Q	L	E	C	Y	S	V	C
F	U	N	D	R	A	I	S	I	N	G	K	C	R	E	I	W	A
W	J	T	G	S	U	Y	K	O	W	I	G	T	M	F	Y	V	V



# DG'S CORNER

I had the pleasure of meeting the 2nd Vice International President VIP Lion Patti Hill on her visit to UK.



One of the highlights of the District 105A Convention was the two young ladies, Celina Rajput and Narmrita Raajput (LP Varinder Chott niece's) playing the drums on my entrance, It was a lovely surprise. Thank you LP Varinder Chott from Hayes and Harlington Lions Club.



Pictured on the right are DGs Lion Jaap De Jonge District CW, Lion David Pope District CE. They also attended the District 105A Convention. Thank you for coming.



The Saturday evening function of the District 105A Convention was beautiful, with food and music and dancing. The lion painting, painted and donated by Lion Kushweet from Greenford Willow Tree Branch Lions Club, was auctioned and sold for £1000 to LP Lion Vajay Jain of St John's Wood Lions Club. The money went to my charity, Lifelites. Myself and Past International President (PIP) Lion Gudrun also had the pleasure of presenting the Charter to St John's Wood Lions Club.



On the last day of the Convention, PIP Gudrun had the pleasure of inducting two new members.



Lion Meera Sharma – Lions Club of London Park Royal and Lion Manjeet Kaur Parmar – Lions Club of Hayes and Harlington



I thank all the members in the district who donated food and money for the District Hunger project at the Convention. Food was delivered on 8 March 2022. At London's Community Kitchen (Harrow) by me and several Districts officers, which was highly appreciated by the Community Kitchen organisers.



I attended District 105 SC's convention on 12 March. It was good to see DG Brian Donovan in action. At the convention, I had the pleasure of meeting ID, PCC Lion Daniel Isenrich and his lovely wife from Germany. We exchanged our banners and pins.

It was a pleasure to do my official visit to Hatch End Centennial Lions Club, good food and good fellowship.



District 105A Lions



[www.lions105a.org.uk](http://www.lions105a.org.uk)



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Do you have a story that you would like to share in the next issue of Pride of Lions? Please submit your article to: [pol@lions105a.org.uk](mailto:pol@lions105a.org.uk)