

PRIDE OF LIONS

District 105A News
November 2021
Issue 5



Diabetes Awareness Month

November is Diabetes Awareness Month, a time when communities across the country come together to bring attention to diabetes. More on this on page 3.



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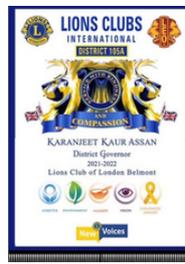
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LIFELITES

AND MORE



DG KARANJEET KAUR ASSAN

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NOTICE BOARD



Welcome to the team

Below are the names of the newest additions to our family of Lions. Congratulations to:

- Lion Randhawa Singh – Bedford Lions Club
- Lion Paul Dominic Gabriel – Friern Barnet Centennial Lions Club
- Lion Vanessa Biringo – Heston Lions Club
- Lion Pervaiz Rana – London-Belmont Lions Club
- Lion Nitin Shah – London-Hendon Lions Club
- Lion Sujata Jolly – Stanmore Lions Club
- Lion Hasmita Solanki – Stanmore Lions Club

Diabetes Awareness Month

November is Diabetes Awareness Month. If your club has done something for this month, please send in your article to be featured in the next issue. Our contact details can be found at the bottom of page 10.

District Governor's diary for December 2021

01/12 – Official Visit to London Acton Lions Club

03/12 – Formation of London St. Johns Wood Club Branch

11/12 – Dementia Friendly workshop

19/12 – MD Council meeting

"To Take an active interest in the civic, cultural, social and moral welfare of the community."

– One of the Lions Purposes



New Voices success story of the month

by *Lion Kam Kalra, Moor Park Lions Club*

This is a success story in the Service category

Moor Park Lions Club organised a “Run with Lions – A hunger and fitness campaign”. The club's aim was to encourage society through this campaign to keep themselves fit during these difficult times.

The pandemic has not only impacted the world financially, but physically and mentally. Through our campaign, we have been inviting more and more people to join in and commit to some sort of physical activity, in whatever way they can. We also requested that anyone who wanted to get involved should also get themselves sponsored, and spread the word amongst friends and family. I personally committed to a run of 1000 miles in five months, which I successfully completed on 30 June. In total we, as a club, have achieved more than 20,000 miles of contribution and counting. We have raised an excess of £10,000 during this event.

Litter pick and Message in a Bottle deliveries

by *Lion Christina Langley, St Albans Lions Club*

In November, we carried out a litter pick in St Albans. A total of 10 people participated, and we collected 10 bags of rubbish. We also supported the Maryland Place Residential Development by delivering 40 Message in a Bottle's to them. Their Estate Manager, Gary Oliver, stated: "I think Message in a Bottle is a brilliant idea – well done St Albans Lions Club!"



Remembrance Sunday

Lion President (LP) Paul Graf laid a wreath on behalf of the Bedford Lions Club at the Bedford Remembrance Sunday Parade. District Governor (DG) Karanjeet also attended a Remembrance Day parade that took place in Harrow Civic Centre on 14 October with Past District Governor (PDG) Lion Ramesh and associate member Zone Chair (ZC) Lion Manji.



Peace Poster: We are all connected

Well done to District Officer Lion Lara for organising the District 105A Peace Poster Competition and to all 13 entries. The District 105A winner for the 2021 to 2022 competition is Malachi Castello, who was sponsored by Fairlop Lions Club – congratulations! In second place was Juwayrigah Moraine Gonzales (sponsored by Wembley Lions Club), and in third place was Harini Uthayakumar (sponsored by Hatchend Centennial Lions Club).



Diabetes Awareness Evening

by Lion Minesh Mehta, London-Hendon Lions Club

London-Hendon Lions Club and Kenton Lions Club held a Diabetes Awareness Evening at the Aspire Leisure Centre. The evening was wonderful, and took place from 5pm to 7pm on Thursday 18 November 2021. Leaflets and booklets on diabetes and Lions were handed out to the public at the leisure centre to help raise awareness.

A Century of Windsor Lions of Canada – the Mother Club of GB Lions

by Lion Vijay Jain, London Central Host Lions Club

Last year in December 2020, when the Lions in British Isles completed 70 years of existence, our parent club in Windsor Canada completed 100 Years. Windsor Lions Club is not just the Mother Club of London Central Host Lions Club, but the whole of MD105 and District 133 of Ireland.

Lions Club was founded by Melvin Jones in Chicago, 1917, and just after three years it became International when the Detroit Downtown Lions Club invited a group of Windsor businessmen to become a Lions Club. This Club was to be known as the Border Cities Lions Club, today known as Windsor Downtown Lions Club. Our founder, Melvin Jones, referred to this Club as his “baby” and would often visit the club over the Years.

In 1925, Helen Keller addressed the 9th Annual Lions International Convention in Cedar Point, Ohio, USA and challenged the Lions to become “Knights of the Blinds” in a crusade against darkness. Since then, Windsor Lions worked tirelessly to aid the Blinds and Visually impaired.

In 1950 Her Late Majesty Queen Elizabeth, the Queen Mother after seeing the invaluable support for Children orphaned in Second World War, to thank them she sent her equerry Colonel Wyndham who was so impressed that Windsor (Ontario) agreed to sponsor the first London Club with Lord Leconfield as its founding Chartered President – and that was the birth of the Lions Club in the British Isles.

Last year we wanted to celebrate 70 Years of completion, but Covid-19 did not allow us to do so. Now we plan to celebrate at next year’s International Convention in Montreal.

What has Ruislip Lions Club been up to since last month?

by Lion Lynne Kauffman, Ruislip Lions Club

Our first major event was a Tin Shake at Waitrose Car Park. Ten Ruislip Lions set up to try and use our new card reader. The more IT savvy did well but others felt it safer to stick to cold hard cash. We did so well over the weekend of 8 October, raising over £750 for our local charities, specifically Childhood Cancer. It was a chilly weekend, but this did not dampen the spirits of Lions collectors or Waitrose shoppers – a massive thank you to everyone.



Hot on the heels of fundraising comes the return of our service activities, like the Carers Café at Ruislip Manor Methodist Church. Lion Fred runs the sessions, and makes a mean cup of tea and coffee, but is not so good on the washing up! Volunteer carers come for a coffee and a chat to share concerns and some happy moments; just those few minutes of respite meeting with others doing a similar job can really lift the spirits of the carers.

We were thrilled to be part of the Hillingdon in Bloom bid this year. Lesley, the head gardener at Eastcote House Gardens, suggested we added our tree planting as part of the Hillingdon in Bloom profile. A small group of Ruislip Lions were part of the Trees for Cities project and as part of the Trees for Cities community group, we planted 5000 trees on the Field End Rec. The weather was challenging, and many of the whips planted suffered and did not survive, but many are becoming well established. Our reward? To be part of the Volunteer Gold Award!

What's next? Well, Christmas is coming, and Lion Rosemary is hard at work gathering names from our fellow Lions of people they know who would be helped by a Christmas hamper. The hampers, funded by the Fassnidge Trust, are full of traditional Christmas fare and the odd special treat. Ruislip Lions will then go off to all corners of Ruislip, Northwood and South Ruislip to distribute the Christmas goodies.

Friern Barnet Centennial Lions Club's charity race night

by Lion Nilesh Vaghadia, Friern Barnet Centennial Lions Club

Club members and guests enjoyed a fun filled Race Night on Saturday 11 September at The Bombay Central Restaurant in Harrow Weald. Chairman Lion Pravin Soni and committee members Lion Dilip Patel and Nisha Patel entertained the guests with thrilling horse races on the big screen, followed by a sumptuous three course meal and drinks. The Club



thanked DG Karanjeet, guests and fellow Lions for their support. The evening raised £1500 for charity, from which we supported one of our global causes 'Hunger' by supporting orphanages in Mumbai with food and other essential items.

A donation for Lifelites

by Lion Salil Patankar, Greendford Willow Tree Lions Club

DG Karanjeet was presented with a cheque of £500 in favour of Lifelites, the DG's designated charity for the year. DG Karanjeet was humbled by the gesture and expressed deep gratitude for this act of kindness. She thanked the club for their generous donation for the charity.



It's all fun and games

Welcome to the Pride of Lions puzzle page. Here is a new puzzle for you to solve, along with the answers from the previous month's sudoku puzzle. Enjoy!

				2	6	9	7	4
7					3			8
				8	5	3		
					7	6		
4		8	6		2	7		
	7	5			8	4	3	
	4			7				
		1	2			8		
		7	5		4		1	

Answers

Here are the answers from the soduko puzzle in the October issue of Pride of Lions. Well done if you managed to solve it.

1	6	4	5	7	3	2	8	9
2	7	9	4	1	8	5	6	3
5	3	8	6	9	2	1	4	7
9	8	7	3	6	1	4	2	5
6	4	2	8	5	7	9	3	1
3	1	5	2	4	9	8	7	6
8	5	1	7	3	4	6	9	2
7	2	6	9	8	5	3	1	4
4	9	3	1	2	6	7	5	8

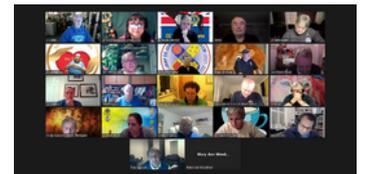


DG'S CORNER



The pictures above are from the charter of Watford Lions Club, and I am standing with Lion Suresh Gajjar in the first picture and Lion Christine Driscoll and Lion Frank Rouse in the second. It was my pleasure to present Christine and Frank with the Melvin Jones Fellowships.

Greenford Willow Tree Lions Club's Lion President surprised everyone by announcing the launch of the club's website. I had the pleasure to inaugurate and launch the website. They also presented me a cheque for £500 for my chosen charity, Lifelites.



I visited the Hemel Hempstead book shop, and I want to say well done to all the clubs who run it. I was very impressed with the team work.

A few Zoom meetings took place this month. Pictured on the left is the meeting on retention and motivation, and on the right is the council meeting between the DGs and 1st Vice District Governors (VDGs).



I also attended a wonderful charity function on 20 November at Venue 5 with Moorpark Lions Club. Also present were 1st VDG, Lion Paramjit Dev, PDG Ramesh, LP Kam, Lion Nilesh, Lion Vijay Jain and many more Lions.



District 105A Lions



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Do you have a story that you would like to share in the next issue of Pride of Lions? Please submit your article to: pol@lions105a.org.uk